Illuminations

The Magazine for the University of Utah School of Medicine Alumni and Friends

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Kristin Wann Gorang

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What’s Inside

1 Message from the Dean
2 Battlefield Surgery in Iraq
4 Medical Students Provide Care in Ecuador
5 Employee Highlights
6 A Medical Metamorphosis
8 2006 Alumni Weekend
• Awards Ceremony
• Alumni Events
11 Student Highlights
12 Match Day
14 News Notebook
18 Alumni Notebook
• Highlights
• News
21 In Memorium
22 Graduation Day
24 Match Day Celebration

Message from the Dean

When they received their doctor of medicine degree on May 24, the School of Medicine’s Class of 2008 felt a justified sense of accomplishment: they had completed the demanding first phase of their medical education. But graduating from medical school marks only the end of one phase of a physician’s education. It is also the beginning of next phase: residency training. Like most of us, 87 of this year’s SOM graduates learned where they would receive their residency training on national Match Day, which fell on March 20. Others had participated in specialty matches earlier in the year.

University of Utah School of Medicine students once again had outstanding success in matching in programs from Seattle to Boston. Our students matched in 17 specialties, many with their top-choice programs. Family medicine and internal medicine were the most popular specialties, with 14 students matching in each program. Students who matched in anesthesiology, OB/GYN, pediatrics, emergency medicine, and other specialties (for a complete listing, please see pages 12-13.)

We know from experience that after completing their residencies, many of our graduates return to live and practice in Utah, serving the residents of this state and the entire Intermountain West. Wherever their training and goals take them, I am confident the School of Medicine has given them the foundation they need for successful and fulfilling careers.

Before heading off to the next phase of their training, SOM graduates had the good fortune of hearing Chae N. Peterson, M.D., give this year’s commencement address. As you know, Dr. Peterson served as vice president for health sciences from 1978-1983 and president of the University of Utah from 1983-1991. He remains an active member of our faculty as a professor of family medicine.

In This Issue of Illuminations
Several of our staff at the School of Medicine also work second jobs, serving in the military Reserve or National Guard. John B. Sorensen, M.D., professor and Chief of the Transplant Surgery Section is a Lieutenant Colonel in the Army Reserve. In that capacity he has been deployed over the past six years three times to combat zones, 2002 to Afghanistan, 2004 to Bosnia and in 2007/2008 to Iraq. It is this latest deployment he shares with us in this edition of Illuminations. His opportunity to work and train local Iraqi physicians provides us greater insight into the quality of Iraqi treatments, facilities and the challenges facing Iraqi and American medical personnel.

Two of our medical students also contributed to this edition. Steve Grove, Class of 2011, shared his experience with eleven of his classmates, providing medical care to rural communities in Ecuador. “In A Medical Metamorphosis” Steve Winder, Class of 2010, describes the paradigm shift that occurred for him during his week-long stay as part of the Summer Institute for Medical Students offered at the Berry Ford Addiction Treatment Center in Palm Springs, CA.

Finally, the center of the magazine highlights the September 4-6 Alumni and Community Medical Weekend. I encourage you to review the programs and join us for some of the fun and educational activities we offer, even if it isn’t your reunion year. The “Thursday evening School of Medicine Awards Banquet at Little America hotel promises to be rewarding as we recognize our Distinguished Alumnus and Distinguished Service recipients and the Class of 1958 as they celebrate 50 years of service to medicine. This year eight classmates are participating in educational programs on Friday morning on a variety of topics. The School of Medicine Alumni Association created an exceptional group of speakers to participate in the Saturday a.m. Continuing Medical Education symposium, Health Care in Crisis: History, Challenges and Opportunities. This provides a forum for an exchange of ideas concerning the history of health care in the United States, a discussion of the problems that have arisen over the past 15-20 years, and the pros and cons of potential reform solutions.

We close the weekend events with a tailgating party at the Alumni House and a medical cheering section at the Utah/UNLV football game. Those of you who attended last year’s Utah/ UCLA football game know our cheering section helped us secure the upset victory! I hope to meet with many of you when I address recent changes, challenges and achievements of the School of Medicine on Friday, September 5 in Alumni Hall in the Spencer F. and Cloane P. Eccles Health Sciences Education Building. Until then have a wonderful summer, and see you in September!

Sincerely,

David J. Bjorkman, M.D., M.S.P.H.
Dean, School of Medicine

-
By: John B Sorensen M.D.

My recent service with the U.S. Army took me to a sharp bend in the Tigris River about 100 miles southeast of Baghdad, adjacent to the city of Al Kut on an airfield known as Forward Operating Base (FOB) Delta. I was assigned to the 948th Forward Surgical Team (FST) along with two other surgeons, three nurses, three nurse anesthetists, two operating room technicians, and several Army Medics.

The building we used for a hospital was shared with an army medical detachment. The emergency room was particularly startling. In the emergency room where there was usually a crisis, the most desperate conditions were found and it was extremely informative. The trauma room was overcrowded and lacking in equipment. The OR and radiology were reasonably overcrowded and lacking in equipment. The OR and radiology were reasonably overcrowded and lacking in equipment.

As the OR charge nurse; he didn’t know that you weren’t supposed to cross over the red line in street clothes; and his attire gave new meaning to the term “street clothes”. No matter where you go in the world, you don’t mess with the OR charge nurse! We said our goodbyes and thanked the doctors and staff for their courtesy and for putting up with the disruption. The trip back to the FOB was uneventful.

The visit had provided useful information which had not otherwise been available and allowed us to identify some critical needs which could be quickly addressed by our team. The interaction with various members of the Iraqi medical community has so far resulted in direct assistance with equipment, training, and educational materials with the strong potential for greater mutual cooperation in the future.

It was shared with an army medical detachment. The discussions and training involved largely around trauma and critical care with an emphasis on basic equipment and techniques that could be implemented quickly within the civilian hospitals in Al Kut. During the course of this training we developed a strong rapport and high level of mutual trust.

During our training sessions with the Iraqi doctors we were notified of an Iraqi gunshot victim who had been treated in the city hospital and was in need of care that could not be provided at their facility. Since much of the training we had been providing was related to the management of injuries, we felt this was a good opportunity for a practical, real time demonstration. The patient arrived in extremis having lost over two thirds of his blood volume. The bullet had entered the left upper quadrant of his abdomen and traversed subcutaneously to the right lower quadrant where it crossed into his right upper leg. Here it destroyed a 3 cm segment of Common Femoral Artery and removed two thirds of the circumference of the Common Femoral vein. From there it continued on to fracture his proximal femur.

The patient was a member of my family.” The words were left hanging in the air like the awkward arrival of an unwelcome guest. Dr. Naser had just seen the face of our newly arrived casualty. He arrived quickly along with a neurologist whom the administrator had called. Once we were able to establish a dialogue, I introduced myself as a surgeon and explained the purpose of the visit. The level of tension decreased dramatically and we were given a quick but thorough tour of the facility. I believe the administrator had probably assumed we were there to arrest him. We spent 60 minutes in the building and it was extremely informative.

The most desperate conditions were found in the emergency room where there was very little acute care capability and the Trauma Room was particularly startling.

“Man is a member of my family.” The words were left hanging in the air like the awkward arrival of an unwelcome guest.

As we discussed the progress of the physician exchange with our commanders it became evident that an onsite assessment of the city hospital and its capabilities would be important in order to provide the right kind of assistance and raise the level of care available to the people of the province. Myself and a nurse anesthetist received clearance to conduct a short survey of one of the two main hospitals in the city under the escort of a Special Forces detachment.

The trip into the city took us over a bridge across the Tigris River and then through some busy market and residential areas. No other drivers were allowed to get in between any of the convoy vehicles. Upon our arrival the hospital was surrounded and all exits were guarded by our troops. We entered the lobby with an interpreter and a few fierce looking soldiers. We were quickly granted an audience with the hospital administrator and we simultaneously called one of the Iraqi physicians from our exchange group with whom we had undoubtedly a little uneasiness that we were now in the building. He arrived quickly along with a neurologist whom the administrator had called. Once we were able to establish a dialogue, I introduced myself as a surgeon and explained the purpose of the visit. The level of tension decreased dramatically and we were given a quick but thorough tour of the facility.

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Iraq is a country of amazing diversity with a rich culture and a history which dates back to the earliest of recorded human events. The Iraqi people with whom I associated are proud of their country and determined to put forth great effort to make life better for their families. They face challenges which most people can only imagine in an extremely dangerous environment which has driven many of the most capable and experienced professionals out of the country. While the outcome of the current conflict in Iraq may be far from certain, the commitment of most Iraqis to their families, their culture and their country is beyond question.

The ICU and patient wards were overcrowded and lacking in equipment. The OR and radiology were reasonably modern although the lab was extremely deficient in its capabilities. At one point in the tour we stepped into an elevator and realized too late that there was no room for any members of our security team. I will never forget the disturbed look on the soldier’s face as the elevator door was closing with us inside and his team outside. As we proceeded to the sixth floor, he simultaneously ran up six flights of stairs, arrived about the same time we did and calmly said, “Sir, we won’t be taking the elevator any more”.

Battlefield Surgery In Iraq

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This past spring break I found myself, along with thirteen other University of Utah medical students and personnel, leaving the comforts of Salt Lake to bring medical care to remote Ecuadorian villages. Our group of thirteen included Terri Safarelli, P.A., Harry Rosado Santos, M.D., and medical students Jessica Maddox, Anthony Petersen, Trent Shino, Asha Sarma, Tammy Nguyen, Lindsay Burt, Jen Mitchell, Ben Wilson, Steve Groke, Peter Crane, and Jeffrey Norris.

Preparation for this volunteer experience began nearly five months before the trip. Our team held weekly meetings to discuss common diseases that would be encountered and various treatments and received our necessary vaccines. Funding for travel, lodging and supplies was solicited from community businesses—Salt Lake Regional Medical Center, Cardinal Health and the LDS Humanitarian Office. A U.S.-based non-profit organization, the Tandana Foundation (www.tandanafoundation.org), helped organize the details of the trip, serving as guides, arranging for transportation and lodging, and coordinating with Ecuadorian village leaders and medical personnel.

We flew into the capital city Quito, and then traveled two hours by van to the trip while others climbed to the peak of a nearby inactive volcano.

Needing to return to classes and our families, each of us reluctantly boarded our respective flights for the long ride home. All of us were grateful for the many new experiences we had. The patients we were able to help, and the strong relationships we had built amongst ourselves. Fourth-year student Peter Crane summed it up best, “I will never forget the beautiful children and the quiet, humble people we were able to serve. I saw really interesting disease processes, practiced medical Spanish, served people with great needs, and walked away with a lasting impression of the importance and excitement of international medicine. I expect this experience to launch me into a lifetime of service to needy individuals both within the USA and abroad.”

Medical Students Provide Care in Ecuador

By: Steve Groke U of U School of Medicine Class of 2011

Utah Physician Job Fair - September 25, 2008

The Utah Medical Education Council announces the Second Annual Utah Physician Job Fair to be held at the Rice-Eccles Stadium Tower on September 25, 2008 from 4-7 p.m. Recruiters from HCA, IASIS, Intermountain Healthcare, clinics and rural hospitals throughout the state will be available to advise you of practice opportunities and compensation. Please check out the Utah Medical Education Council website for practice opportunities currently open in Utah. (www.utahmec.org) For further information call or email Paul B. Stevens at (801) 526-4566 or pbstevens@utah.gov.

This humanitarian trip as well as others are sponsored by the University of Utah Global Health Alliance, a non-profit organization based in the University of Utah School of Medicine. For more information about this program, or to provide financial assistance for student scholarships for future international trips please contact Sara Demko (sdemko@sa.utah.edu), Assistant Director for Study Abroad.
A Medical Metamorphosis

Scott Winder, MSII
School of Medicine
University of Utah

The doctor-patient interaction is one of the most dynamic relationships that humans can experience. As medical students, we become privy to the complexities of this interaction very early in our training through realistic clinical simulations and observational learning activities in the community. We occupy a sort of medical “limbo” in which we are not completely assimilated into the medical culture but not be grouped with the lay population in matters of health.

It is this amphibian-like state that makes our views of the physician’s role somewhat of a novelty. During this singular time, when we are most teachable and malleable, we must mold a character that will allow us to be perpetually enlightened in the clinic and use the newfound knowledge in subsequent patient encounters. How does one become the type of physician that can accomplish this? Indeed, the notorious rigor of medical school can threaten the genesis of this metamorphosis. The immensity of the medical curriculum can swallow any attempt to maintain a balanced, well-rounded existence. Thankfully, the climate of learning at the University of Utah School of Medicine is such that most of us can already point to a handful of inspiring experiences that have splattered some color on the monolithic landscape of the classroom.

My experience happened last summer. I had never heard of the Summer Institute for Medical Students offered at the Betty Ford Addiction Treatment Center in Palm Springs, CA until I received a bulletin from the Dean’s Office. My weeklong stay at the center helped me grow to understand how I can improve my interactions with future patients. Many of the healthcare providers at the Betty Ford Center are especially efficacious in their endeavors because they have personally experienced what their patients were enduring. Yet my own exposure to addiction was minimal. I wondered how physicians could truly empathize with a patient’s suffering from an illness that they had never experienced. However, as the week progressed the profoundly personal sharing of patients, having their deepest and rawest emotions, brought home to me the impact of this disease. Like a specimen on the tabletop in plain view for examination and understanding, I began to see real connections between my own life and the lives of the patients despite being unfamiliar with the ravages of addiction. I found that the therapy sessions I attended were just as applicable to me as they were to the patients. It became obvious that, while the intricacies of medical illnesses vary greatly in the general population, there are elements of human fallibility and suffering that are more universal. Whether the problem is addiction, high blood pressure, cancer, diabetes, or any of the other countless maladies that ail us, I learned there is a shared, human element to a patient’s suffering and worry. Doctors’ medical skills become most effective when they are as receptive to this emotional component as they are to the physical manifestations of the illness.

The wonders of modern technology allow researchers to extract a chemical from the cone snail, purify it, and mass-produce it for treatment of chronic pain. Similarly, the shared humanity and similarities between doctor and patient should be drawn out, recognized and used to help the physician connect with the patient and improve their healthcare experience. This connection and recognition of the struggles and suffering common to all humanity can be developed within the doctor-patient relationship.

Many of the healthcare providers at the Betty Ford Center were especially efficacious in their endeavors because they had personally experienced what their patients were enduring. The benefit to you is three-fold, the gift qualifies for an estate tax deduction and could provide you with tax relief; it does not impact your investments while you are alive, but if an endowment is established, the gift provides you and your family a legacy of remembrance at the University of Utah that lasts over time. To create such a gift in your will or trust document, you can designate the University of Utah School of Medicine, or Alumni Association as beneficiary of a specific amount of money, a percentage of your estate or the residual amount after all other gifts have been distributed. The official legal bequest language to be used in your will or trust is: “I, (name), of (city, state, zip), give, devise and bequeath to the University of Utah for its Medical School Alumni Association, (written amount or percentage of the estate or the residuary of the estate and a description of the property) for its unrestricted use or specific use and purpose.” To write a will or living trust, please consult your legal advisor. If you would like information on the details of making a specific gift designation, please contact Jeff Paoletti, Executive Director of Planned Giving at the University of Utah, 801-581-3726.

We can also more effectively communicate the knowledge we have obtained in our medical training when we understand the emotional needs of our patients and our own needs as well. All medical students wonder, at one time or another, why it was we decided to pursue the lofty goal of a medical degree. As we gradually become the type of physicians that can relate to, learn from, and help all types of people, we remember why.
Saturday

September 4

Continuing Medical Education
7:30 a.m. – 12:15 p.m.

Health Care Reform: History, Challenges and Opportunities
The mission and objective of the School of Medicine Alumni Conference is to help the health care professional gain a greater understanding of the causes of health care problems in the United States, and to have a grasp of various solutions being proposed. Attend this prestigious gathering as the best of Utah’s health care administrators, physicians, ethicists, and educators come together to discuss the history of health care in America, the significant issues that influence health care costs, and potential reform proposals.

Richard Sperry
Introduction and Moderation of Panel Discussion
Associate Vice President of Health Sciences, Director, Governor Health Care Reform: History, Challenges and Opportunities

Dick Poulsen
Greg Poulsen
State of the School Address 11:00 a.m.

Brent James, M.D.
Building Quality Care Systems: A New Outlook for Humanity
Executive Director Institute for Healthcare Delivery Research and Vice President, Medical Research and Continuing Medical Education, Intermountain Health Care, Adjunct Professor, Family and Preventive Medicine, University of Utah

Kim Wirchla, MPA
Medical Workforce Issues in Utah
Vice President, Government Relations, Associate Vice President for Marketing and Communications, Health Sciences Center, University of Utah

Joe Jarvis, M.D.
Too Much Market, Not Enough Care
President, Joseph Q. Jarvis Consulting, Inc.

Accreditation: The University of Utah School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Designation: The University of Utah School of Medicine designates this educational activity for a maximum of 4.0 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

ADA: The University of Utah complies with the Americans with Disabilities Act by providing qualified individuals with disabilities access to this University program, services and activities. A request for accommodation can be made by calling (801) 581-8591. Reasonable prior notice is required.

Reunion

evening

Little America Hotel, downtown Salt Lake City

* The class of 1983 reunion will be hosted in a private home.

Family and Preventive Medicine and Programs: This multidisciplinary department is gathering for an evening of friendship and connection at their office location at 575 Chipeta Way in University of Utah Research Park. Come join your current or former colleagues for a grand meal and lively conversation.

University of Utah School of Medicine
2008 Alumni Weekend

Connecting With U - September 4-6, 2008

Our weekend celebration promises to be a great gathering of the U of U SOM friends, colleagues, and classmates. Watch for registration material coming in the mail in late June or go online to register at http://medicine.edu/utoh/alumni.

Thursday

September 4

Medical Alumni Awards Banquet at the Little America Hotel
PRESENTATION OF DISTINGUISHED AWARDS
Harmon J. Eyre, M.D. ’66
Distinguished Alumni Award
Past Chief Medical Officer and Executive Vice President for Research and Cancer Control Science at The American Cancer Society, the largest voluntary health organization in the United States and the world’s leading cancer control organization.

The Spencer Stoddard and Hope Fox Eccles Family
Distinguished Service Award
In recognition of the significant and continued support given by the Spencer S. and Hope E. Eccles family to the University of Utah School of Medicine to improve the medical education of its students.

Celebration of 50 Years!
Presentation of Medallions to the Class of 1958

Friday

September 5

School of Medicine Department Events
7:30 a.m. - 10:30 a.m.

We welcome current or former faculty, house staff, and reunion class members to attend one of these departments for a morning of information, instructional lectures and a gathering of colleagues. Continental Breakfast served. Site and speakers detailed in your registration packet coming in late June.

Department of Neurology/Department of Neurosurgery/Department of Radiology
Department of Internal Medicine
Department of Obstetrics and Gynecology
Department of Family and Preventive Medicine
Department of Surgery
Department of Orthopedics

Dean David J. Bjorkman, M.D. - State of the School Address 11:00 a.m.

Free time to visit Red Butte Garden-Utah’s Botanical Garden and Arboretum or The Utah Natural History Museum both located on the University of Utah Campus. Discounted rates available.

Friday afternoon
WEEKEND SPONSORS

Carissa Sorensen ’08 Receives Alumni Association Award

University of Utah School of Medicine
2008 ALUMNI WEEKEND
Connecting With U - September 4-6, 2008

Saturday

Tailgating Party Alumni House 4:00 p.m.
Make your plans now for an afternoon of food, fun and football! Join us for our pre-game festivities at the Alumni House where parking is free and the BBQ is hot! Take the short walk over to the Rice Eccles Stadium where your west side seat (with a back) is waiting. Time, cost and everything else you need to know will be in your registration packet or check on-line at http://medicine.utah.edu/alumni

Utah vs. UNLV
Rice Eccles Stadium 6:00 p.m.
Join your colleagues and be part of the hullabaloo and rumpus as we cheer Utah on in the opening game of the 2008 season. The SOM Alumni Association has a block of seats reserved. Seating is limited and on a first-come, first-serve basis.

Your registration packet will be mailed to you in late June. A registration form is also available on-line at http://medicine.utah.edu/alumni where locations, fees and more details are available. Questions? (801) 581-8591

Carissa Sorensen

http://medicine.utah.edu/alumni

RAISING UP THE NEXT GENERATION OF PHYSICIANS

The Mentoring Program

As medical specialties have continued to increase in number and complexity, medical students find themselves confronted with a myriad of choices for specialization. The Mentor Program brings first and second year students and alumni together in a one-on-one relationship where physicians are able to share their perspective of the practice of medicine and their specialty.

The program is very flexible, with mentors connecting with students 5 to 15 hours throughout the year in various ways, including phone calls, shadowing, sharing meals, and meeting at grand rounds. The following are comments the Alumni Relations office received from some of our mentored students:

“Dr. Rockwell has been a phenomenal teacher and mentor and I have learned a tremendous amount from him already. He is patient, and he provides a learning-friendly environment. I am not afraid to ask him questions, and I am always surprised at the detail at which he answers them.” Jeremy Susan

Carissa Sorensen

2008-September 4-6, 2008

“Dr. Dave Hansen Sr. was my mentor. He was very outgoing and kind and invited me to come and shadow him, which was rewarding. It was interesting to see what he did on a day-to-day basis and during lunch I talked to him about the possibilities of dermatology and what things do in the during my first years at medical school to be a competitive applicant.” Bryan Brimhall

“My faculty mentor was Dr. Joyce Soprano in Primary Children's Pediatric Emergency Department. I feel like I've learned a lot and the prospect of going on the wards this July is definitely less daunting. Dr. Soprano has become my role model as she's my example of how to go through seemingly endless education and maintain a genuine interest in continuing to learn how to treat everyone with respect, regardless of perceived rank, and of how to be fundamentally interesting in addition to being a physician and a female. Every time I start to feel overwhelmed by the choice I've made to become a physician I have the chance to go back in the ED and shadow. And at the end of a shift filled with stories, laughter, and an endless supply of amazingly cute kids I remember why I want this more than anything in the world.” Therese Tuan

Would you like to become a Mentor? If you are interested in volunteering as a mentor please phone 801-581-8591, or apply on our Web site:
http://medicine.utah.edu/alumni

Jeremy Susan

Carissa Sorensen

http://medicine.utah.edu/alumni

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http://medicine.utah.edu/alumni

Jeremy Susan

Carissa Sorensen
**ORTHOPEDIC SURGERY**

Allen, Les Shapp
University of New Mexico, Orthopedic Surgery Program, New Mexico

Cicatello, Cory Venom
University of Southern California, Orthopedic Surgery Program, California

Faustino, Nathan David
University of Wisconsin Hospital and Clinics, Orthopedic Surgery Program, Wisconsin

Squalese, Morti Samuel
Tepper Eye Institute, Orthopedic Surgery Program, Hawaii

**INTERNAL MEDICINE**

Allred, Nathan Alma
University of Utah Affiliated Hospitals, Internal Medicine Program, Utah

Bograf, Troy J.
University of Utah Affiliated Hospitals, Internal Medicine Program, Utah

Brathwell, Debra J.
Allergy and Asthma, Internal Medicine Program, Pennsylvania

Ceboll, William J.
Fletcher Allen, University of Vermont Medicine, Internal Medicine Program, Vermont

Dickson, Landon Ellsworth
Indiana University School of Medicine, Internal Medicine Program, Indiana

Regnault, Michelle
University of Utah Affiliated Hospitals, Internal Medicine Program, Utah

Wilson, Amy L.
Washington University, Psychiatric Medicine Program, Washington

Wilson, Phillip E.
University of Utah Affiliated Hospitals, Psychiatric Medicine Program, Tennessee

**PATHOLOGY**

Askari, Shadi
University of Utah Affiliated Hospitals, Pathology Research Fellowship, Utah

Kulbacki, Evan Loren
Duke University Medical Center, Internal Medicine Program, Massachusetts

Quan, Hinhun Fei
Wake Forest Baptist Medical Center, Internal Medicine Program, North Carolina

Lamb, Randy D.
University of Utah Affiliated Hospitals, Pathology Program, Utah

Simmons, Matthew Reaves
University of Florida-Shands Hospitals, Pathology Program, Florida

**PEDIATRICS**

An, Charnnsee, Kewkhwan
Loma Linda University, Pediatrics Program, California

Chen, Stephanie Wu Ying
Loma Linda University, Pediatrics Program, California

Witkon, Sara Warske
George Washington University, Internal Medicine Program, Washington DC

Weiss, Katherine J.
University of Pennsylvania Medical Center Education Program, Internal Medicine Program, Pennsylvania

**OBSTETRICS-GYNECOLOGY**

Calhoun, Mary C.
Barnes-Jewish Hospital, Obstetrics-Gynecology Program, Missouri

Emery, Brian Bruce
University of Iowa Hospitals and Clinics, Obstetrics-Gynecology Program, Iowa

Evans, Jennifer Louise
Indiana University School of Medicine, Obstetrics-Gynecology Program, Indiana

**RESEARCH ONCOLOGY**

Davidson, Christian Austin
University of Arkansas for Medical Sciences, Radiation Oncology Program, Arkansas

**EMERGENCY MEDICINE**

Barrett, James A.
University of South Florida, College of Medicine, Florida

Bresnahan, Jodi Baird
Grand Rapids Medical Education, Emergency Medicine Program, Michigan

Hohb, Luke Arnold
UC San Francisco, Emergency Medicine Program, California

Marace, Scott
University of New Haven Hospital, Emergency Medicine Program, Connecticut

McKellar, Angela
Children’s Hospital Boston, Pediatrics Program, Massachusetts

Crandall, Hillary Ann
Pediatrics Medicine Program Candidate

Glomser, Erica Wallace
Children’s Hospital Boston, Pediatrics Program, Massachusetts

Hanson, Lima Maatia
Pediatrics Program Candidate

Jayo, Katherine Marie
Pediatrics Family Medicine Program, California

**SURGERY**

Bailey, John Daniel
University of Minnesota SOM, Plastic Surgery Program, Minnesota

Kimmel, Daniel E.
University of Utah Affiliated Hospitals, Plastic Surgery Program, Utah

Steadman, Christopher John
University of Minnesota SOM, Plastic Surgery Program, Minnesota

Willey, Erin Keddington
Pediatrics Program Candidate

**GENERAL SURGERY**

Brock, William
University of Utah, Surgery Program, Utah

Taylor, Todd
UC San Diego, Surgery Program, California

**CARDIOLOGY-DIAGNOSTIC**

Brown, Andy Lynn
University of Utah Affiliated Hospitals, Diagnostic Cardiology Program, Utah

**NEUROLOGY**

Hanson, Jerom Elder
Medical University of South Carolina, Neurology Program, South Carolina

Wenderoth, Natalie Rae
University of Utah Affiliated Hospitals, Neurology Program, Utah

**MEDICINE**

Henderson, Aya Yater
Medical Program Candidate

Joy, Sarah Breerster
Medical Program Candidate

Miller, Jeffrey Van
Medical Program Candidate

Powers, Anne Emminger
Medical Program Candidate

Plakun, Sophia
Medical Program Candidate

**PLASTIC SURGERY**

Kelly, David Alexander
Wake Forest Baptist Med Ctr, Plastic Surgery Program, North Carolina

Jeremy Huntington and spouse with MSgt Henderson, Air Force recruiter
Moran Eye Center Participates In Nationwide Study

Patients and surgeons from the John A. Moran Eye Center participated in a five-year study concluding that corneas transplant plant success rates for donors age 66-75 years was the same as donors ages 12-65. Both groups showed an 86 percent success rate. Because of this new finding, the donor age pool—often limited to donors 65 and younger—should be expanded to include donors up to 75 years of age. The study was funded by the National Eye Institute (NEI) and published in the April issue of Ophthalmology.

Mark Mifflin M.D., Associate Professor of Cornea and External Disease, was the Principle Investigator for Utah and also serves as the Medical Director of the Utah Lions Eye Bank. He stated, “This well-designed, prospective, multi-center study confirmed that high quality tissue from older donors can be used successfully for middle-aged and older recipients. Many factors are important in determining suitability of tissue for transplantation, and donor age may be less important than previously thought. The study has provided a wealth of other information about cornea transplant survival, and additional important data will be collected as the study is extended to 10 years.”

Donor corneas were provided by 45 participating eye banks including the Utah Lions Eye Bank at the Moran Eye Center. The Utah Lions Eye Bank was instrumental in providing sight restoring corneas to more than 440 individuals last year. Director Chris Hanna said this about the study: “The results from this landmark study could not have come at a better time. Due to increased federal regulations on donor eligibility, our donor pool has gradually been on the decline since the Food and Drug Administration (FDA) began the regulation of human tissues for transplant in 1993. I am excited that we now have scientific evidence to support the inclusion of additional donors to our donor pool.”

The Department of Obstetrics and Gynecology Receives $2.1 Million Award

C. Matthew Peterson, M.D. ’81, the John A. Dixon Professor and Chair of the Department of Obstetrics and Gynecology and Co-Investigators Michael W. Varner, M.D., Professor and Vice Chair for Research, Department of Obstetrics and Gynecology, and Joseph B. Stanford, M.D., M.S.P.H., Associate Professor, Department of Family and Preventive Medicine received an award from the Eunice Kennedy Shriver National Institute of Child Health and Human Development, National Institutes of Health for $2.1 million to study Endometriosis: Natural History, Diagnosis and Outcomes (ENDO).

The ENDO Study is a collaborative epidemiologic study designed to assess the relation between environmental exposure to polyhalogenated aromatic hydrocarbons (PAH) chemicals plus other persistent environmental chemicals and the incidence and severity of endometriosis among women aged 18-44 years. PAHs are a class of persistent ubiquitous environmental chemicals capable of bio-accumulating and bio-magnifying within the food chain, given their structural conformation which resists degradation. The study is designed to answer lingering etiologic questions about the role of these hormonally active environmental chemicals (endocrine disruptors) and endometriosis, as well as other gynecologic pathology. Participating women will complete an interview before surgery focusing on lifestyle and health history and agree to provide various biologic samples for toxicological analysis. Individuals who wish to participate may enroll through a number of private physician offices throughout the state. Interested individuals may obtain more information at endostudy.utah.edu or by contacting the Study Coordinator, Denise Lumb, RN at 801-585-2585 or 801-585-2945.

MENTORING MODEL DEVELOPED AT DEPARTMENT OF PEDIATRICS

Junior faculty initiating a career in modern academic medicine – women and men – face several challenges distinct to our era: The increasing complexity of mainstream medicine, higher thresholds for grant funding, a dearth of senior clinical investigators, and increased regulatory requirements. Given these demands, the Department of Pediatrics has implemented mentor-centered faculty development for junior faculty. The aim is to create and maintain a culture of support and flexibility within a milieu that fosters academic excellence. “Flexibility” comprises advocacy and the recognized changing lifestyles and attitudes of the present generation of physicians entering a career in medicine.

Basic framework: Department-selected senior faculty members lead the three paths of academics: the traditional physician-scientist, the clinician-scientist (or clinical investigator), and the clinician-educator. The model operates within two departmental infrastructures, the Children’s Health Research Center and the recently-established Office of Clinical Research in Pediatrics. The senior faculty leaders provide oversight for identifying individual mentors and committees for each of the junior faculty members regardless of career path. The myriad of resources within the Department and University for research, (e.g., the Department grant writing workshop, regular mentoring workshops) and education, (e.g., University teaching grants and masters in adult education) are introduced to the faculty member at orientation and over the first two years. Meetings with the individual mentor are on a regular basis, and meetings with the mentoring committee occur every six months. The goal is to provide the faculty with committed mentors to help secure external funding or other appropriate resources necessary to carry out their project objectives during their early years.

While there exist many variables on the trajectory of success in academics (e.g., individual training in research, support of the Division Chief, and of course, the faculty member herself), the aim here is to provide the infrastructure and framework for success within modern academic medicine.
U FACULTY HAVE HIGH PROFILE AT AMERICAN ACADEMY OF NEUROLOGY CONFERENCE

The University of Utah Department of Neurology had a high profile at the meeting of the American Academy of Neurology (AAN) in Chicago, with U Utah faculty both reaching courses and having five published studies highlighted at the annual conference.

“We had a remarkable presence in the educational and scientific portions of the meeting,” said Stefan M. Pulst, M.D., Dr. Med., professor and chair of neurology. “The neurology department is steadily increasing its national and international visibility.”

The conference, held in April, is the largest international gathering of neurologists and attracted about 13,000 physicians worldwide. Pulst, an internationally regarded expert in identifying genes that cause Parkinson’s disease, chaired a course on diagnosing dementia.

Of 100 outstanding abstracts highlighted at the conference five were authored by University of Utah faculty. The papers covered studies on imaging in dementia; the diagnosis of dementia using advanced imaging techniques; the consequences of muscular dystrophy on the heart; ion channel dysfunction and general ataxias (neurological movement disorders); and results of the Utah diabetic neuropathy study.

Collaboration Key for Utah Sports Research Network

The Utah Sports Research Network (USRN) grew out of a desire to increase research collaboration between investigators in Sports Science and Sports Medicine across the campus of the University of Utah. Elizabeth Joy, MD, MPH, Associate Professor with the Department of Family and Preventive Medicine and also Director of the University’s practice-based research network, the Utah Health Research Network (UHRN), the Primary Care Sports Medicine Fellowship Program, and team physician for the University of Utah Athletic Department, felt poised to create a sports research network. The Network allows improved research efforts at the University of Utah, as well as expands sports-related research outside the institution to include other universities within the state and in Utah high schools.

The Utah Sports Research Network has a 13 member Board of Directors representing Family and Preventive Medicine, Orthopedic Surgery, Physical Medicine and Rehabilitation, Physical Therapy, Athletic Training, Exercise and Sports Science, Athletics, and the Vice President’s office. The Board meets monthly to review ongoing projects, discuss development of new projects, and facilitate research for other investigators. Currently two studies have been completed within USRN and there are seven other studies underway.

The Utah Sports Research Network supports inter-departmental and inter-institutional relationships to overcome existing barriers to sports medicine research by:

- Advocating for high institutional standards for student athlete health and wellness
- Identifying a lead individual at each institution to facilitate faculty and athletic department participation in research
- Building inter-investigator relationships and awareness to promote research collaboration
- Facilitating access to the large volumes of data needed by investigators
- Providing a mechanism for athletic department leaders to raise questions to be investigated in network
- Developing network-wide data collection and health surveillance protocols
- Working with Institutional Review Boards to facilitate the review process for research

Federal Government Awards $9 Million to Expand Utah Telehealth Network

The University of Utah has been awarded $5 million by the Federal Communications Commission (FCC) to expand the Utah Telehealth Network (UTN), a system that allows patients in rural areas to see medical specialists in Salt Lake City via video communication.

With the goal of serving more areas with greater reliability and stronger security, the FCC funding will be used to upgrade and expand the system’s infrastructure and its IT backbone down the I-15 corridor. The UTN system has the potential to be at least 10 times faster than a normal internet connection. This is crucial for emergency assessment situations such as potential stroke, burn, or severe trauma.

“As our members have expanded their use of health information technology, they are exceeding current network capacity,” said Marta Petersen, M.D., medical director for the UTN and professor of dermatology for the University of Utah. “The FCC award will allow us to redesign the network to meet these growing needs, and with increased speed and capacity comes greater reliability.”

The UTN has an 11-year history of connecting hospitals, clinics, health departments and health systems. Currently, the network connects to over 50 sites; the expansion will allow service at up to 80 sites around the state. Other UTN partners include Intermountain Healthcare, Utah Hospitals and Health Systems Association, the State of Utah, the Association of Utah Community Health and the Utah Navajo Health System (UNHS).

The network is also used for transferring radiology images, continuing education for health care professionals, and training sessions hosted by the Department of Health. The majority of the expansion project is through Utah ARCHES (Advancing Rural Connections for Healthcare and E-health Services), is set to be complete in 2011.

In October of 2007 Dr. Stefan M Pulst was hired as Chairman of the Department of Neurology at the University of Utah School of Medicine. Prior to this appointment he was Director of the Division of Neurology at Cedars-Sinai Medical Center in Los Angeles and holder of the Carmen and Louis Warschaw Chair in Neurology. He was also a Professor of Medicine, Neurology, and Neurosurgery at the UCLA School of Medicine. He received his neurological training at the Medizinische Hochschule Hannover in Germany and at Harvard Medical School in Boston. He then went on to do a postdoctoral fellowship in neurobiology at UCSF where he worked with Dr. Earl Mayers on peptidergic neurotransmission in aplysia.

His research focuses on inherited diseases of the nervous system with an emphasis on spinocerebellar ataxias and Parkinson disease. Another interest relates to genes controlling proliferation of Schwann cells and their role in neural crest development. His group uses vertebrate and invertebrate models to understand normal and pathologic functions of human disease genes. Recently, his work has also branched out into understanding the genomic structure of human visual attention. He has co-authored more than 130 peer-reviewed manuscripts including papers in Nature, Nature Genetics, Human Molecular Genetics, American Journal of Human Genetics and the Journal of Neuroscience. He has been awarded 7 US patents relating to disease gene discovery and animal models. Work in his laboratory is funded by grants from the National Institutes of Health and the US Army Neurotrophic Factor Research Program.

Dr. Pulst served on the Education Committee of the American Academy of Neurology, was the founding chair of the Section on Neurogenetics and of the Basic Science Subcommittee. He has been a member of the American Academy of Neurology Science Committee since 2004 and Chair since 2006. Until recently, he chaired the NIH Genetics of Health and Disease study section. He was on the editorial board of Continuum, was past editor-in-chief of the international journal Current Genomics, and currently serves on the editorial boards of Nature Clinical Practice Neurology, Journal of Molecular Neuroscience, Cerebellum, Experimental Neurology, and Neurogenetics. He has edited books on neurogenetics, genetics of movement disorders, and on the axons and synaptic paraplegias.

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U DOH Director David Sundwall ’69
Elected to Lead National Health Group

Marilyn Roubidoux, M.D. ’84 honored with University of Michigan Community Service Award

Walter T. Mullinik M.D. Endowed Scholarship Established
Alumni News

1962

Lawrence Goi
Dr. Goi is a retired pediatrician living in North Salt Lake City, Utah.

1966

Roge V. Hall, M.D.
Dr. Hall practices at Rogue Valley Medical Center in Medford, Oregon. He has been a retired carpenter since 1987. The heart program has received the “Top 10 Hospitals Cardiac Care Award for Success” in 2008, 2001, 2002, 2004 and 2005. Dr. Hall was a member of Rogue Valley Medical Center Board 1995-1996 and president of RVMC staff from 1995-1994.

M. Elizabeth Hale Hammon, M.D.
Dr. Hammon is a professor at the U. She is former chairman of the pathology department at LDS Hospital and currently a member of the IHIC Board. Of Note: Dr. Hammon is currently editor of Oncology, Inc. and was recognized in 2005 by the College of American Pathologists as Pathologist of the Year.

Karl Douglas Nielsen, M.D.
Dr. Nielsen lives in Hobart, UT and practices Neurosurgery at the Utah State Hospital in Provo.

Klune H. Snoddy, M.D.
Dr. Snoddy started the first open heart surgery program in Pocatello, Idaho in 1982 and later opened an urgent care unit at the Walter K. Ross Hospital in Emmett, Idaho. He retired from practicing cardiac catheterization, and vascular surgery and is working part-time in general practice and urgent care.

1970

David Coppin, M.D.
Dr. Coppin retired after a career as an OBGYN. He served in the U.S. Army for 27 years and then a career in Obstetrics. He has been the mission physician for the Utah OBGYN Mission since the 1960s. Dr. Coppin recently retired in Arizona, Georgia.

1972

Don Granger, M.D.
Dr. Granger practices internal medicine and specializes in infectious disease at the University of Utah Medical Center and the University of Utah Hospital.

1982

Stephen George Bahl, M.D.
Dr. Bahl is an interventional radiologist affiliated with Heart Hospital of New Mexico and the Gerald Champion Regional Medical Center in Albuquerque, New Mexico. He was recently inducted as a Fellow in the American College of Radiology.

1990

Joseph Q. Jarvis, M.D., FACS
Dr. Jarvis has served at the Salt Health Department in Nevada and at faculty at the National Jewish Center for Respiratory Medicine in Denver, Colorado. He was a Utah State Senate Candidate in 2006. In the past Dr. Jarvis served as board chair and president of the Utah Health Policy Project.

Max S. Landerburg, M.D.
Dr. Landerburg is a co-founder of the Utah Travel Medicine Clinic at Alta View Hospital in Sandy, UT.

Paul McBrady, M.D.
Dr. McBrady lives in Springville, UT and is an allergist/immunologist for the Evergreen Clinic. One of his most significant achievements was developing a clinical research center.

1991

John Adams, M.D.
Dr. Adams is practicing neurosurgery at the University of Colorado in Denver. He is a former chairman of neurosurgery at the University of Utah, and has authored numerous articles and book chapters on various aspects of surgery.

1993

Rex Houd, M.D.
Dr. Houd specializes in general and thoracic surgery and practices in Ogden, Utah. He is recognized as one of Utah’s best surgeons and for his dedication to the community.

1995

Kate Kohler, M.D.
Dr. Kohler practices plastic surgery in Salt Lake City at the Pacific Plastic Center and the California Plastic Surgery Center in San Francisco. He recently decided to settle in southern California.

2000

Dennis D. Rose, M.D.
Dr. Rose has completed over forty years of practice in the practice of medicine in Salt Lake City. He and his wife, Rebecca, have five healthy children and two marvelous grandchildren.

2004

Keith Soderberg, M.D.
Dr. Soderberg practices in eight-man ENT group in Tucson. They cover three of the main hospitals in town in addition to their own group. He is currently keeping busy with his cosmetic surgery practice.

2005

Kyle Barnett, MD
Dr. Barnett has been practicing gastroenterology in Spartanburg, South Carolina for the past 14 years. This past April he moved back to Utah to start his practice with Granite Peaks gastroenterology in Sandy, Utah. He and his family are excited to return to Utah and he looks forward to seeing previous patients.

2007

Holly Casey Wall, M.D.
Dr. Wall is currently a partner with his husband and father-in-law. They are building their own office, med-spa, surgery center, and overnight ambulatory care facility. They have recently rented a commercial building in Utah and are planning to open a clinic and a pain practice in 2010.

2009

Kevin Gardner, M.D.
Dr. Gardner is the medical director for Utah ENT training. He is board certified in Otolaryngology and has served for 20 years and is the father of two children. He currently resides in Layton, Utah.

Ted Harris, M.D.
Dr. Harris lives in Idaho Falls, ID and practices ophthalmology in the Eastern Idaho Regional Medical Center.

2010

Ann M. Huchinson, M.D.
Dr. Huchinson works as a pediatrician in Boston. She received recognition for her work in pediatrics. She recently accepted a faculty position at the McKey Family Pediatric Residency Program. Her son, Gabriel, was born in May of 2006.

2011

David C. Lamm, M.D.
Dr. Lamm reports from Hawaii, UT that he finally got married and has three proud parents of three children. He practices family medicine at the Holiday Family Practice Clinic.

2012

Kirk Leinberger, M.D.
Dr. Leinberger practices medicine at the Utah Valley Regional Medical Center in Provo. He has served as a medical volunteer for Healing Hands for Haiti and for the Snap Olympics, hosted in Salt Lake City in 2002.

2013

Jennifer Peers, M.D.
Dr. Peers currently practices in Pulmonary, Rehabilitation, and Critical Care Medicine in Phoenix, Arizona. She has recently established a successful health care practice at a community hospital.

2014

Scott Larson, M.D.
Dr. Larson is currently an anesthesia and critical care specialist at the University of Florida in Gainesville, FL.

2015

Ryan Williams, M.D.
Dr. Williams finished a triple board fellowship in Denver and moved to Utah for a fellowship in child abuse and neglect. He is currently building a child psychiatry practice for a local shelter that accommodates children in the foster care system. He and his wife, Vanah, have two little girls and are enjoying their life in Utah.

2016

Scott H. Multand, M.D.
Dr. Multand practices sports medicine and sports surgery at the Utah Valley Pediatrics office in American Fork, UT. In October 2005 a third Manning boy, Max, was added to the family.

2017

Carson Czarny, M.D.
Dr. Czarny is serving in the Air Force and also practicing orthopedics at the Wilford Hall Medical Center near San Antonio, TX.

2018

Joseph Q. Jarvis, M.D., FACS
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1997

Lloyd James, M.D.
Dr. James practices pediatrics in Idaho at the Pediatric Clinic at the Portland Medical Center. He is enjoying life in Idaho with his family.

Robert C. Messineo, M.D.
Dr. Messineo is a gynecological surgeon at McKee-Dvoor OBGYN Hospital. He has been an assistant professor in urological surgery and associate director of the surgery residency program at the University of Maryland, as well as the general surgery attending physician of service at Johns Hopkins Hospital. He is married to Shaila Meghna Messineo and has five children.

Craig Baine, M.D.
Dr. Baine is a pediatrician in Utah at the Pediatric Center. He is a board certified in general surgery and combined in general surgery and critical care.

1999

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2012

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Commencement

GRADUATION DAY 2008

Graduates heading into Kingsbury Hall

Shadi Ashrafi, M.D. receives her certificate from Dean David Bjorkman

Reciting the Hippocratic Oath

Jaron Hanson, M.D., Will Cobell, M.D., Mike Rich, M.D., Joe Mortensen, M.D., Nate Kofford, M.D.

2008 Graduates

2008 Graduates

David J. Bjorkman, M.D., M.S.P.H., Dean, School of Medicine & Lorre Bats, M.D. Senior V.P. for Health Sciences.

Chase Petersen, M.D. presenting graduation address

Bucky Kroll, M.D. and son Nicholas Kroll, Class of 2011

Nate Kofford, M.D., Carrisa Swenson, M.D., Fiona Motegi, M.D.
MATCH DAY

In recognition of their graduation from medical school and progression into residency training, the Class of 2008 celebrated with a dinner party on the top floor of the Wells Fargo building in downtown Salt Lake City. It was a time to share, what for many of them, will be the last time together as a class before they begin the advanced training portion of their career. The School of Medicine Alumni Association was a primary sponsor of the event.

We Want to Hear from You

Contact Information

There are a number of ways to submit information:
• E-mail: kristin.gorang@hsc.utah.edu
• Telephone: 801-585-3818
• Website: http://medicine.utah.edu/alumni
Moving Forward 2008 - Commencement

Please visit our updated Web site
http://medicine.utah.edu/alumni