Dear Colleagues,

As I quickly approach my one-year anniversary since joining the Department of Family and Preventive Medicine, I cannot think of a better way to celebrate with you than by rolling out our inaugural department newsletter highlighting many of the accomplishments and talented individuals that make the department an outstanding part of the University of Utah. I am absolutely delighted to have the opportunity of joining our department family and be a part of so many distinguished accomplishments. Our successes as a department do not come from one, but from many. Each contribution, whether individual or group effort, strengthen our department in the accomplishment of our mission to optimize the quality of life through scholarship that advances health and wellbeing in homes, workplaces, and communities, especially among less privileged populations.

Below are some the exceptional initiatives our department has engaged in over the last quarter to enhance quality of life:

- Screening, Brief Intervention, and Referral to Treatment Training Grant led by Katie Fortenberry and Melissa Cheng
- Doris Dalton and Amanda Moloney-Johns honored at the Physician Assistant Education Association
- The first annual David N. Sundwall Lectureship in Public Policy which established to honor and celebrate Dr. Sundwall’s contribution and legacy in the public health field
- The Utah Area Health Education Center’s (AHEC) Primary Care Summit, which brought academics, legislators, and primary care stakeholders from all over Utah to share perspectives, celebrate accomplishments, and identify priorities in primary care
- Celebrating 50 years of Physician Assistant profession
- Donations for the Hurricane Irma Relief Fund from the University of Utah student chapter of American Industrial Hygiene Association
- Health and Human Services Grant to track malnutrition after hospital stays led by Susan Saffel-Shirer

This is just a small glimpse at the strides and achievements of our department. We have so much to be proud of and we are so fortunate to have staff and faculty of incredibly high caliber as part of our organization. I could not ask for a better way to celebrate my one-year anniversary than by honoring each of you for your continued dedication to our department and the many initiatives we support. I look forward to celebrating together, as we achieve even more in the coming year.

Sincerely,

Kola
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Department Mission

The Department of Family and Preventive Medicine optimizes quality of life through scholarship that advances health and wellbeing in homes, workplaces, and communities.

We Value...

Integrity
Respectful Working Environment
Excellence
Intellectual Curiosity
Collaboration
Accountability
Welcome!

We would like to welcome all of those who have joined the department during October - December 2017! We are excited to continue to get to know and work with each of you. Welcome!

New Faculty Members

Sarah McCORMICK
Division of Family Medicine
Sarah McCormick, PhD is a licensed clinical psychologist who offers consultation, diagnostic assessment, and brief psychotherapy at the Madsen and Centerville Family Medicine Clinics. Her clinical interests include treatment of depression, stress management, and much more. She enjoys running, fitness classes, and exploring healthy cooking endeavors in the kitchen.

Grant SUNADA
Physician Assistant Studies
Grant Sunada, MPH, PhD, is a Visiting Instructor in the department who oversees and assesses community engaged learning and research within the Division of Physician Assistant Studies, and with research focus on community-driven approaches to reducing health inequities. Grant’s research focuses on identifying determinants of health inequities and health behaviors through community-driven research and more.

Annie COLLINS
Division of Family Medicine
Annie Collins is an academic coordinator providing support for the Family Medicine Residency and OB Fellowship. She oversees the coordination of Grand Rounds, CQM, retreats, orientation, and recruitment. She also provides backup support in HR, accreditation submission, and dashboard maintenance. Annie is currently a student at the U and is passionate about creative writing.

Abby DOWD
Physician Assistant Studies
Abby Dowd is the coordinator for the UPAP Didactic team. She manages a multidisciplinary schedule and works to address student needs during their didactic year. She is responsible for management of the IVC classroom, as well as technology in the Salt Lake City classroom and grade entry, failure remediation, data processing, and more. Abby has a degree from the University of Washington in Environmental Science.

New Staff Members

Annie Collins is an academic coordinator providing support for the Family Medicine Residency and OB Fellowship. She oversees the coordination of Grand Rounds, CQM, retreats, orientation, and recruitment. She also provides backup support in HR, accreditation submission, and dashboard maintenance. Annie is currently a student at the U and is passionate about creative writing.

Abby Dowd is the coordinator for the UPAP Didactic team. She manages a multidisciplinary schedule and works to address student needs during their didactic year. She is responsible for management of the IVC classroom, as well as technology in the Salt Lake City classroom and grade entry, failure remediation, data processing, and more. Abby has a degree from the University of Washington in Environmental Science.

Robert KAGABO
Division of Public Health
Robert Kagabo, MPH, PhD, MWS, is a Post-Doctoral Associate. His research interests include global health challenges, mental health concerns, and more. Robert holds master's degrees in Public Health and social work. He also earned a doctorate in Public Health from the University of Utah’s School of Medicine within the Department of Family and Preventive Medicine.
Welcome to the Department of Family and Preventive Medicine! If you were hired Oct - Dec 2017, but we missed you in this issue, please email: kristen.steiner@hsc.utah.edu to ensure that you are featured in the next department newsletter!

Julie Koldewyn, MS, is the Program Coordinator for the Utah Area Health Education Centers (AHEC) Program. She coordinates the design, development, and delivery of statewide programs for the Utah AHEC and is passionate about community outreach. Julie earned her master's degree in Human Dimensions of Ecosystem Science and Management from Utah State University.

2018 Graduations

Asia Campus Graduation
March 16, 2018
Songdo, South Korean

Public Health Graduation Celebration
May 17, 2018
Rice Eccles Tower

School of Medicine Graduation
May 18, 2018
Kingsbury Hall

Family Medicine Residency Graduation
June 29, 2018
Cottonwood Country Club

Ghana Graduation
July 14, 2018
Ensign Campus

Physician Assistant Studies Division Graduation
August 3, 2018
Location TBA
Honors & Accolades

Grants

SBIRT Training Grant
Melissa Cheng
Nov. 2017

Melissa Cheng, MD, was awarded a Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training Grant from the Utah Division of Substance Abuse and Mental Health. This grant will allow for the creation of hybrid (online and in-person) training sessions regarding education on substance abuse for healthcare providers in the state of Utah.

The $205,000 grant has been awarded for two years and began in Nov. 2017. The grant will fund trainings that will educate healthcare providers on how to screen for substance abuse and give them the skills to respond appropriately when patients answer yes to a substance abuse problem.

SBIRT Training Grant Continued...
The grant team will consist of Cheng, Rebecca Wilson from the University of Utah College of Nursing, and Sarah McCormick and Kathy Fortenberry from the Department of Family and Preventive Medicine.

SBIRT Clinical Implementation Grant
Katherine Fortenberry

Katherine Fortenberry PhD, along with Troy Madsen MD, Associate Professor in the School of Medicine, have been awarded a Screening, Brief Intervention, and Referral to Treatment, or SBIRT, Clinical Implementation Grant from the Utah Division of Substance Abuse and Mental Health.

The two year, $500,000 grant will allow Fortenberry and the team to create a standardized screening process for substance abuse, as well as trainings for medical assistants regarding patient substance abuse in the Sugar House, Madsen, and Centerville Family Medicine Clinics in Salt Lake City, Utah.

The grant team will also include DFPM faculty and staff Melissa Cheng MD, Johanna Greenberg PA-C, Sarah McCormick PhD, Abigail Zeveloff LCSW MPH, as well as Ruben Tinajero MS, a psychology doctoral student.

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There is nothing better than celebrating the successes and hard work of friends and coworkers. In academics, we see many who work countless hours on writings, work late to meet deadlines, and attend endless meetings to be able to share their voice and make a difference in our community. Our “Honors & Accolades” section celebrates and highlights those who have done much to achieve much.
Federal OSHA Training Grant Continued...
The modules will cover:
1. Chemical hazards and global harmonization system
2. Ergonomics/musculoskeletal disorder
3. Thermal stress
4. Slips trips and falls
5. Safety plan

The grant team will also consist of Family and Preventive Medicine staff members Crystal Beall, Alicen Bringard, Tracy Rees, Tom Boeger, and Luz Dominguez, as well as doctoral students Andria Thatcher, Naomi Riches, and Jomey Ramsay.

GLAD Grant
Scott Benson, Jim VanDerslice, TP Singh and Sharon Talboys

UDOH’s Fertility treatment access, use, cost in Utah Grant
Joseph Stanford
Nov. 1, 2017 - Nov. 30, 2019

Health and Human Services Grant
Susan Saffel-Shrier
Sept. 2017 - Sept. 2019

Susan Saffel-Shrier, MS, RD, was awarded a grant from the United States Department of Health and Human Services Administration on Community Living to study transitions in care for older adults with malnutrition.

The $250,000 grant was awarded in September 2017 and will continue for two years. It will allow for Saffel-Shrier and her team of registered dietitian nutritionists (RDNs) to follow recently hospitalized older adults with malnutrition back into their home settings. The RDN team will be studying the impact of nutrition therapy on hospital readmissions. It will also allow for a more holistic look into all the issues of malnutrition, such as physical, psychological, social, and environmental.

AVESIS’s Oral Health Assessment Grant
Steve Goodin
Dec. 1, 2017 - Aug. 31, 2018

CDC National Institute of Occupational Safety & Health’s NIOSH CMV Driver Health Grant
Matt Thiese
Dec. 4, 2017 - Dec. 5, 2018

Awards

PAEA 2017 Administrative Support Staff Award
Doris Dalton

Doris Dalton received the 2017 Administrative Support Staff Award from PAEA. This award recognizes a program administrative support staff member who has made extraordinary contributions to PA education.

Doris is an exemplary staff member who manages the ever-increasing applicant pool to our nationally ranked Physician Assistant Studies program.

PAEA Clinical Education Award
Amanda Maloney-Johns

Amanda Maloney-Johns is the recipient of the 2017 PAEA Clinical Education Award. Amanda currently serves as Director of Clinical Education. She is passionate about inter-professional education (IPE), and has served on the IPE leadership team since 2012 and the IPE Advisory Committee since its inception. Additionally, she serves on several committees at the university level including the Advanced Practice Clinician Council and the School of Medicine Admissions Committee.

On a national level, Amanda served on the Physician Assistant Education Association (PAEA) Committee for Clinical Education for five years. She also recently completed two terms on the Utah Academy of Physician Assistants (UAPA) Board of Directors. She is working clinically with the Utah Children’s Project at the University of Utah.

AAPHP Award
Pam Lyon

On Nov. 5, Pam Lyon received an award for eight years of exemplary service from the Association of Accredited Public Health Programs (AAPHP) at the American Public Health Association (APHA) annual meeting in Atlanta, Georgia.

Lyon is one of the Administrative Program Coordinators in the Division of Public Health within department and takes pride in her work coordinating all of the global health activities within the division. She also manages the division’s learning abroad.

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Publications & Presentations

Publications


Quynh C, Nguyen, Kimberly D, Brunisholz, Weijun Yu, Matt McCullough, Heidi A., Hanson, Michelle L. Litchman, Feifei Li, Yuan Wan, James A. VanDerslice, Ming Wen & Ken R. Smith. (2017). Twitter-derived neighborhood characteristics associated with obesity and diabetes. Scientific Reports. 7: 16425. DOI:10.1038/s41598-017-16573-1


Presentations & Posters

Amy Locke, MD recently hosted the Resiliency Center Poster Session. There were 20 posters looking at wellness among faculty in the School of Medicine. Below is a listing of posters our department faculty were involved in.

‘GO TO GREEN’ CAMPAIGN: Improving Chart Closure Rates at Two Family Medicine Clinics. University of Utah Health, Department of Family & Preventive Medicine. Erika Sullivan, MD; David Newton, MBA/MHA; Brenda Higgs; Brady Kerr, RN; Rebecca Larsen, RN; Marci Thayne, R; Bernadette Kiraly, MD; Susan Pohl, MD; Charles White, MD.


Utah Health Wellness Survey Assessing Burnout and Satisfaction Among Faculty. University of Utah Health Resiliency Center. Steven Hayworth, MPH; Megan Call, PhD; Amy Locke, MD; Robin Marcus, PT, PhD.

Wellness and Preventing Burnout of Physician Assistant Faculty. University of Utah Health, Department of Family and Preventive Medicine, Division of Physician Assistant Studies. Joanne Rolls, MPAS, PA-C; Amanda Moloney-Johns, MPAS, PA-C.

Wellness Champions: Addressing Faculty Burnout Through a Disseminated Ground Up Approach. University of Utah Health Resiliency Center. Amy Locke, MD; Robin Marcus, PT, PhD.

Well PIG: Use of Wellness Practice Improvement Group (WellIG) & Faculty, Feedback Survey to Improve Family Medicine Satisfaction & Burnout. University of Utah Health, Department of Family and Preventive Medicine. Amy Locke, MD; Erika Sullivan, MD; Katie Fortenberry, PhD; Sonja Van Hala, MD, MPH.

What do FM Residents Want for Burnout Prevention? University of Utah Health, Family Medicine Residency. Jordan Knox, MD; Katherine Fortenberry, PhD; Sonja Van Hala MD, MPH, FAAFP.

A Big Thanks

We wanted to extend a big thank you to everyone that contributed and helped with our first department newsletter in any way.

For further submissions or inquiries, please email: kristen.steiner@hsc.utah.edu
Events

October – December 2017 held many exciting events for the Department of Family and Preventive Medicine. We celebrated 50 years of the Physician Assistant program, hosted the first annual David N. Sundwall Lectureship in Public Health Policy, enjoyed the holidays with one another, and much more.

Sundwall Lectureship

On Oct. 25, the University of Utah’s Department of Family and Preventive Medicine and Division of Public Health hosted the first annual David N. Sundwall Lectureship in Public Health Policy at the Monson Center to celebrate David N. Sundwall’s contribution and legacy in the public health field.

“We set up the lecture series to continue Dr. Sundwall’s legacy in public health policy and to bring distinguished policy experts to honor that legacy.” said Kimberley Shoaf, a professor and Associate Division Chief in the Department of Family and Preventive Medicine.

Dr. Sundwall gave the lecture and spoke about how he started out in public health, experiences throughout his career, and 15 principles that he developed throughout the course of his career.

More than 100 faculty, staff, friends, and associates of Dr. Sundwall attended the lecture to celebrate his many achievements and to express their support for the newly established endowment and lecture series.

Dr. Sundwall has been a contributing member in the public health field for more than 30 years. After serving 24 years in Washington D.C. in multiple government and private health sectors, he returned to Utah. Since returning to the West, he has served as Director of the Utah Department of Health and continued work with the School of Medicine at the University of Utah. Dr. Sundwall still maintains his clinical connections by volunteering weekly at the Utah State Health Clinic.

Utah AHEC - Primary Care Summit

The Utah Area Health Education Centers (AHEC) Program held its second Annual Utah Primary Care Summit on Oct. 27 at the University of Utah’s Rice Eccles Stadium Scholarship Room. The conference was held to share perspectives on the state of Utah’s primary care workforce, celebrate accomplishments from the past year, and identify priorities for the upcoming year with key stakeholders.

“We are here to improve health,” said Dr. Michael Magill, Director of Utah AHEC, as he welcomed those in attendance.

Indeed, Utah AHEC is a statewide program that helps current and future health professionals gain the knowledge and skills needed to practice in an evolving health system. Utah AHEC focuses on the medically underserved rural and urban communities in Utah, as well as the transformation of primary care health systems to deliver high quality care at lowered costs.

The Summit consisted of a year review for 2017, discussion panels regarding the development of a comprehensive, long-term plan for enhancing primary care in Utah, and the creation of goals and objectives for 2018.

Attendees ranged from members of the department, Utah State legislators, representatives from various Utah affiliations, such as Intermountain Healthcare and Shriners Hospitals for Children, and many more.

“It is wonderful to see stakeholders come together and really have the desire to make improvements for the state,” said Isabella Alder, Associate Director for Utah AHEC.
Physician Assistant Program Celebrates 50th Anniversary of PA Profession

On Oct. 3, the University of Utah’s Physician Assistant Program faculty and staff gathered with a few leading pioneers in the Physician Assistant (PA) world at the Swaner Forum in Utah’s National History Museum to celebrate the 50th anniversary of the PA profession.

“I’m excited to be looking back on the 50 years of the profession and almost 50 years of the program here at the university,” said Don Pedersen, Professor Emeritus of the Department of Family and Preventative Medicine.

In addition to celebrating with a variety of influencers and members of the PA field, the celebration hosted a banner display that has traveled to the Huntsman Cancer Institute, Primary Children’s Hospital, Eccles Health Sciences Library, and the University of Utah Hospital. The display had six banners representing different parts of the PA professions, its history, and both its global importance and contributions.

Karen Mulitalo, Program Director and Interim Division Chief Jan. 2017 - Mar. 2018 of the Division of Physician Assistant Studies, opened the program with words of thanks and love for the PA profession. She was then followed by Santosh Reddy, Associate Professor of Internal Medicine.

Ruth Ballweg, Professor Emeritus from the University of Washington School of Medicine, and PA historian; Roderick S. Hooker, Adjunct Professor of Health Policy from Northern Arizona University and a leading pioneer in the PA sphere; and Don Pedersen, Professor Emeritus of the Department of Family and Preventative Medicine, all spoke on various aspects of the physician assistant profession.

The PA program at the University of Utah will celebrate its 50th year in 2020. While the profession has improved greatly over the past 50 years, everyone is excited for the work to come.

“There is still a lot of work to do and we are looking forward to the future,” Ballweg said.
University of Utah AIHA students send relief packages to University of Puerto Rico

On Oct. 16 students belonging to the University of Utah Student Chapter of the American Industrial Hygiene Association, (AIHA) sent a box of supplies to the Industrial Hygiene Department at the University of Puerto Rico to help in the relief efforts following the effects of Hurricane Irma.

“We are excited to help in the relief because that is what we are here for,” said Christopher Moore, Vice President of the university’s AIHA student chapter.

Hurricane Irma developed on Aug. 30 near the Cape Verde Islands. It quickly spread and effected many areas across the northeastern Caribbean and the Florida Keys, such as Puerto Rico, Barbuda, the Virgin Islands, and parts of Florida.

After the effects of the hurricanes in Puerto Rico, AIHA reached out to its chapters asking for donations and supplies to help in the relief efforts across Puerto Rico.

Dr. Rod Handy, professor and Director of the Industrial Hygiene and Occupational and Environmental Health programs at the Rocky Mountain Center for Occupational and Environmental Health (RMCOEH), along with other faculty and students, gathered boxes of gloves, personal protective clothings, and other items.

“We need to reach out and help,” Handy said. “It is the right thing to do.”

SACNAS

The Society for Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS) annual conference was hosted in Salt Lake City on Oct. 19-21. SACNAS is a professional organization whose vision is true diversity in STEM in order for those fields to more accurately reflect the diverse demographics of the United States. There were more than 3,800 attendees from across the US ranging from undergraduate students to full-time working professionals.

The University of Utah was a platinum sponsor and had a strong presence throughout the conference. Former University of Utah President, David Pershing, gave an plenary talk encouraging students to never give up. Salt Lake City mayor, Jackie Biskupski, also gave an inspiring talk about her journey fighting for LGBTQ rights. The Department of Family and Preventive Medicine hosted a booth in the exhibit hall, which Jill Stephenson of the Division of Public Health managed throughout the conference, making contact with several potential trainees.

The National Research Mentoring Network (NRMN), Dr. Kola Okuyemi Co-PI, also hosted several events at the conference including a well-attended meet and greet event and a mentor speed dating session.
The Crossroads Utah Academic Health Education Centers (AHEC) Office recently teamed up with four partners to provide training on the HPV Vaccine to primary care clinics, community health centers, and local health departments throughout Utah (including Price, Blanding, Vernal, Ephraim, Bear River, Weber, Cedar City, Provo, Logan, and Richfield). The training, known as the “HPV Vaccination Workshop Series,” covers a range of topics, including:

- HPV vaccination rates in Utah
- Current 2-dose recommendations
- The Utah Department of Health Immunization Campaign
- Quality Improvement tools & best practices
- USIIS Immunization Registry tools

This training is part of the larger efforts facilitated by Utah AHEC to improve HPV.

**IT Trick of the Trade**

Many of our laptop users connect to university resources via the Cisco VPN Client. The client requires three pieces of information to connect: your uNID, your password, and a code which can be generated using the Duo app from your mobile phone.

If you wish to skip the step of receiving a code that has to be entered, have the login send you a PUSH instead. All you need to do is enter the word “push” in the third box instead of entering a code. You will receive the PUSH the same way you do for other university systems.
“WONDERFUL!! Best clinic I’ve been to. I arrived early and was called back 10 minutes before my scheduled appointment. Everyone was so kind, helpful, and personable. I felt very comfortable, welcome, and treated with respect. Leading up to the appointment I received many helpful reminders about my appointment and felt like I was provided all the resources to make my appointment go smoothly. Johanna (Johanna Greenberg, PA-C) was incredibly kind and made me feel completely comfortable and equal. I never felt inferior or unintelligent. She listened and validated all my feelings and symptoms.” – Sugarhouse Health Center patient

“Dr. Pohl [Dr. Susan Pohl, MD, FAAFP] is my biggest cheerleader and she is always supportive, empathetic, and works with me to find a good solution to my problems. I feel really fortunate that I found her six years ago when I moved to SLC. She is a fabulous doctor and I would recommend her to anyone seeking a new provider.” – Madsen Family Health Center

“My favorite thing about the University of Utah Health is that when I spoke on the phone with the nurse/assistant in the office, they would say something like, “I’m sorry that you’re going through this.” That validation I received when I was feeling sick and vulnerable was priceless. It made all the difference to me. I can’t stress that enough. I have PTSD and the kindness of everyone [Kirsten Stoesser, MD] helped keep me calm when I didn’t feel in control.” – Sugarhouse Health Center patient