Welcome!

The annual Rocky Mountain Geriatrics Conference is an outstanding and enduring educational tradition. Our steering committee has developed an excellent program in geriatrics this year. We have a full complement of presentations, and will make every effort to accommodate attendees’ needs.

In the United States, the first baby boom generation turned 60 in 2005. For the first time in recorded history, the number of people older than 60 will soon out-number children. One consequence of the “graying” of the world’s population is that health care professionals will increasingly be providing services to older adults and their caregivers, including those with cognitive and behavioral disorders. As cognitive and emotional health are critical aspects of successful aging, medical and mental health professionals will play a key role for older adults living in the community and in structured care settings.

This year’s conference focuses on educating attendees from various disciplines about the challenges of managing and coordinating care for coexisting cognitive and behavior disturbance conditions, with or without serious pre-existing mental illness. Discussions will address diagnostic criteria for psychiatric and cognitive disorders in older adults, dementia treatment goals for older adults with a history of psychiatric disorders, and best practices in pharmacological and non-pharmacological management of disturbing and socially disruptive behavior. This information will bridge medical and mental health care systems with behavioral management strategies in community settings. Moreover, discussions will demonstrate how to use structured care settings to meet a patient’s needs.

We hope you find this conference and venue a perfect place to network with like-minded colleagues. In addition, we hope that you will take the time to enjoy the beauty of the Wasatch Mountains; walking, hiking or simply gazing at the scenery are strongly encouraged.

Special thanks to our 2015 Conference Steering Committee:
Troy Andersen, Perrine Anderson, Susan Bray-Hall, Jorie Butler, Jack Christensen, Kara B. Dassel, Timothy Farrell, Norman L. Foster, Sara Gilloth, Randall Rupper, Mark Supiano, Lea C. Watson
**Snowbird Conference Center**

Meeting Locations
All sessions are in the Cottonwood B, C, & D ballrooms, second level
Food service will be in Rendezvous rooms

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**Onsite Dining Options**

**The Cliff Lodge**
The Atrium Espresso Bar Daily, 7 - 11 a.m.
El Chanate Restaurant Monday - Saturday, 11 a.m. - 9 p.m.
El Chanate Cantina* Monday - Saturday, Noon - 9 p.m.

**Lodge at Snowbird**
The Lodge Bistro Thursday - Saturday, 5:30 - 9 p.m.
The Lodge Bistro Lounge Thursday - Saturday, 5 - 10 p.m.

**Snowbird Center**
Baked and Brewed Daily, 8 a.m. - 6 p.m.
The Forklift Breakfast, Daily, 7:30 a.m. - 11 a.m.
Lunch, Daily, 11:30 a.m. - 2:30 p.m.
Steak Pit Daily, 6 - 9 p.m.
Tram Car Pizza Daily, 11 a.m. - 8 p.m.
### Monday, 31st

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<th>Time</th>
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<tr>
<td>6:00-8:00 a.m.</td>
<td>Registration</td>
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<tr>
<td>7:00-8:00 a.m.</td>
<td>Breakfast Buffet</td>
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**Registration**
- Location: Cottonwood Lobby

**Breakfast Buffet**
- Location: Rendezvous

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**7:50-8:00 a.m.**

**Welcome: Introductory Opening Remarks**

**8:00-8:30 a.m.**

**Case presentations: Kara Dassel, PhD**

This session will present 2 typical patient cases highlighting varying dimensions of cognitive and behavioral disorders.

- **Patient 1** - Chronic Mental Illness developing cognitive impairment.
- **Patient 2** - Fronto-Temporal Dementia onset in the community.

Participants will be able to:
- Discuss approaches to the case studies within the context of competency, community resources, and best practices impacting patients with cognitive and behavioral disorders.

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**8:30-9:45 a.m.**

**Keynote Plenary: What’s a Caregiver to do?: Preventing, Reducing, and Managing Behavioral Symptoms in Persons with Dementia Using Non-pharmacologic Strategies. Laura Gitlin, PhD**

Data from studies will be presented documenting the universality of behaviors, where they occur along the trajectory of dementia, and the impact including more rapid disease progression and caregiver distress. A conceptual model will be presented along with various theories highlighting the role of the physical and social environment. Data from randomized trials will be provided in addition to videos that illustrate different non-pharmacologic approaches.

Participants will be able to:
- Understand the prevalence and impact of behavioral symptoms for persons with dementia and their family members.
- Identify conceptual frameworks for understanding behavioral symptoms.
- Identify two different non-pharmacological approaches (targeted and generalized) for preventing and managing behavioral symptoms.

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**9:45-10:00 a.m.**

**Break**

**10:00-10:50 a.m.**

**Plenary: At the diagnostic crossroads of behavior and cognition Lea C. Watson, MD, MPH**

This session will explain why new onset behavior change, in the absence of medical illness, is most often a sign of dementia in older adults. In addition it will be discussed that, while a DSM-V diagnosis can and should be used to guide treatment, functional status should drive treatment planning.

Participants will be able to:
- Describe the prevalence of most likely causes of behavior change at different ages.
- Discern the clinical importance of function over diagnosis.
**Presentation Abstracts**

**Monday, 31st continued**

10:50-11:50 p.m.  **Panel: Scope and need as defined by clinically challenging cases**  
*Moderator: Susan Bray-Hall, MD; Panelists: Lea C. Watson, MD, MPH; Troy Andersen, PhD, MSW, MS, LCSW; Perrine Anderson, APRN, AGPCNP-BC*

Panel discussion review:  
Panel members will describe pathways relevant in their domains. They will provide content regarding definitions and interpretation of symptoms and behaviors. Panel will provide scenarios that would require immediate action on the part of family and professional caregivers.

Participants will be able to:
- Identify at least 2 differential diagnoses for each clinical case.
- Discuss one behavior in each clinical case consistent with a dementing disease.
- Describe one follow-up diagnostic evaluation needed for each clinical case.
- Discuss risks, benefits, and timing of involving care partners (community agencies, police, APS) when behavioral symptoms are present.

11:50 a.m-1:00 p.m.  **Lunch Buffet**  
*Rendezvous*

1:00-2:00 p.m.  **Case presentation: “The Cases Continue” - Kara Dassel, PhD**  
*Plenary: The Neuropsychologist: An Integral Member of the Geriatric Team*  
*Kathryn Harrell, PhD*

This session will address the education, training, licensure, privileging, and boarding process for neuropsychologists. It will include measures commonly used in neuropsychological assessments and their clinical purposes. There will be a discussion of the role of clinical interviewing, chart reviews and behavioral observations, including common referral questions. Case examples will be given, showing when and how neuropsychology might be involved in the assessment process. Also, this session will cover the roles of behavioral and cognitive assessment in determining treatment efficacy, interventions, and goals for care coordination.

Participants will be able to:
- Define the discipline of neuropsychology and the basic components of neuropsychological assessment.
- Identify ways in which the involvement of neuropsychology can enhance assessment and assist in addressing challenging clinical scenarios.
- Describe how neuropsychology can be involved in intervention, care planning, and coordination.

2:00-3:00 p.m.  **Lecture: Cognitive Dysfunction & Behavioral Symptoms**  
*Byron Bair, MD, FACP, MBA*

This session will present the elements of cognitive dysfunction and behavioral symptoms, and discuss pharmacological and non-pharmacological alternatives.

Participants will be able to:
- Define behaviors in an operational fashion that lead to potential clinical interventions.
- Discuss pharmacological alternatives for behavior in cognitive impairment.
- Discuss non-pharmacological alternatives for behavior in cognitive impairment.
### Presentation Abstracts

**Monday, 31st continued**

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<td>3:00-3:15 a.m.</td>
<td><strong>Break</strong></td>
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<td>3:15-4:30 p.m.</td>
<td><strong>Panel: Framing and Addressing Inappropriate or Undesirable Behaviors</strong>&lt;br&gt;<strong>Moderator:</strong> Maureen Henry, JD; <strong>Panelists:</strong> Lois M. Brandriet, PhD, APRN, GCNS-BC; Ron Bruno, CIT Master Instructor; Judge Kate A. Toomey; Nan Mendenhall, SSW/BS; Byron Bair, MD, FACP, MBA</td>
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In this session, panel members will describe pathways relevant in their domains. They will discuss how, and when, law enforcement becomes involved in situations with persons that have behavioral health issues. Dispositions of these types of calls for service will also be reviewed. The panel will give clinical examples and/or case studies identifying cognitive and/or behavioral issues that emerge in everyday life in a person with mental illness and/or dementia; (agitation, aggression, or even hurting a family member or caregiver). Audience questions and input will be encouraged.

Participants will be able to:
- Identify current pathways by which older individuals with cognitive and/or behavioral problems are identified in their settings.
- Distinguish criminal behavioral from manifestations of progressive illness.
- Identify best practices for addressing symptoms in different settings and understand limits on the ability of individuals in different roles to intervene.

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<td>4:30-5:00 p.m.</td>
<td><strong>Session Summary: Review and Evaluations</strong> - Kara Dassel, PhD</td>
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This session will entertain discussion, questions, and answers about literature and presentations, along with identification of further audience issues.

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<td>5:00 p.m.</td>
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<td>5:00-6:00 p.m.</td>
<td><strong>Optional Event: Utah Geriatrics Society (UGS) Special Forum: &quot;Who is the ‘House MD to Follow’ at Nursing Homes?&quot;</strong>&lt;br&gt;<strong>Presented by Utah Geriatrics Society</strong></td>
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An invitation from the UGS to all Utah MDs, DOs, NPs, and PAs working in nursing homes:

As medical providers in nursing homes, we give special care to our communities and we face unique challenges. As nursing home care becomes more acute and more interconnected, our skills and caring touch will become increasingly important. We will also face a dynamic healthcare landscape that needs our involvement. Join us for a forum to meet your fellow providers, share your experiences, and help shape the agenda for improving care in our communities.

Light refreshments sponsored by Community Nursing Services (CNS).
Tuesday, 1\textsuperscript{st}

**Presentation Abstracts**

**All Sessions held in Cottonwood B, C & D**

7:00-8:00 a.m.  
**Breakfast Buffet**

8:00-9:15 a.m.  
**Case Presentation:** “The Cases Continue” - Kara Dassel, PhD

**Plenary: Integrated Approach to “Cognitive” and “Behavioral” Disturbances: the Biology of Neuropsychiatric Symptoms in Dementia and Implications for their Treatment**  
Constantine Lyketsos, MD, MHS, FAPM, DFAPA

This session will discuss how mild cognitive impairment (MCI) may be a precursor to dementia. It will address how Dementia and MCI are associated with neuropsychiatric symptoms in clinical samples. It will discuss how agitated behaviors are frequently observed in patients with dementia and can cause severe distress to caregivers. It will include how behavioral management technique may be beneficial to distressed caregivers of patients with dementia.

Participants will be able to:
- Discuss a unifying pathophysiology that links cognitive and other neuropsychiatric symptoms as arising out of the same brain.
- Describe an approach to managing agitation pharmacologically based on the above.

9:15-9:30 a.m.  
**Break**

9:30-10:15 a.m.  
**Plenary: Identifying, Engaging, and Supporting Caregivers**  
Sara Gilloth, Psy.D

This session will describe caregiver demographics and common caregiving duties. Information will be provided about the epidemiology of caregiver burden, how to assess it, and ways to identify and engage caregivers as part of the overall care team. Best practices for caregiver support will be reviewed. This will include educational needs related to cognitive and behavioral issues, non-pharmacological interventions for challenging behaviors, emotional support, and helpful community caregiver resources.

Participants will be able to:
- Identify and appreciate the nature and prevalence of informal/formal caregiving for older adults with cognitive and behavioral issues.
- Define caregiver burden, appreciate the physical and emotional consequences of caregiver burden, and formally assess caregiver burden.
- Identify helpful community resources for caregiver support, discuss the role of non-pharmacological interventions for challenging behaviors, and appreciate the need for ongoing caregiver emotional support.

10:15-11:30 a.m.  
**Panel: Dad Did What? Framing and Addressing Inappropriate or Undesirable Behaviors**  
*Moderator: Timothy W. Farrell, MD, AGSF; Panelists: Sara Gilloth, Psy.D; Miriam Beattie, DNP, GNP-BC, ANP-BC, APRN; Kelly Davis Garrett, PhD; Marilyn Luptak, PhD, MSW, LICSW; Charise Jensen, BS*

This interactive panel session will blend multiple learning modalities, including didactic teaching, a role play demonstration, an instructional video, and audience response. The presenters will introduce principles of validation communication as an overarching framework, with particular emphasis on the role of non-pharmacological approaches to inappropriate or undesirable behaviors among older adults with dementia.

Participants will be able to:
- Educate families and caregivers to appropriately interpret concerning behaviors (e.g. is this “selective” memory loss, is my loved one becoming lazy and disinterested?)
- Identify supports for families which must explain concerning behaviors to others – extended family, community and church, etc.
- Apply strategies to address concerning behaviors, including identifying triggers and modifying the environment accordingly.
Presentation Abstracts

Tuesday, 1st continued

11:30 a.m-12:40 p.m.  Lunch Buffet

Rendezvous

12:40-1:55 p.m.  Plenary: Improving Care, Improving Outcomes  
                 Katie Maslow, MSW, ACSW

The lecture will provide information about the existing evidence-based interventions for older people with cognitive and behavioral conditions and their family caregivers, including the results of rigorous research on effectiveness and subsequent translation studies intended to determine whether interventions can be provided effectively in real-world, non-research care settings. It will emphasize the heterogeneity of older people with cognitive impairment, dementia, and mental illness and relevant differences among their caregivers and living situations that affect which interventions are most appropriate for each individual. Information will be provided about various organizations that are currently providing and paying for evidence-based interventions for older people with cognitive and behavioral symptoms. There will be a discussion of the ways in which clinicians, advocates, and others can promote greater collaboration among public and private sector organizations to make these effective interventions readily available to people who need and will benefit from them.

Participants will be able to:
- Understand the existing, evidence-based interventions to reduce behavioral symptoms and improve health outcomes and quality of life for older people with cognitive impairment, dementia, and mental illness and will be able to determine the potential relevance of the interventions for their own practice.
- Identify common elements of effective interventions for older people and important differences among the interventions that make them more or less likely to work for individuals with particular combinations of symptoms and care needs.
- Discuss how state and local governments, community agencies, health plans, and others can work together to provide an array of evidence-based interventions that are sufficient to meet needs and improve health outcomes and quality of life for older people with cognitive and behavioral symptoms and their families.

1:55-2:40 p.m.  Plenary: Understanding What is Lost, Building on What is Left  
                 Katherine Supiano, PhD, LCSW, FGSA, FT

This session will address conducting a relationship assessment with family caregivers and creating a team that can assist caregivers in navigating the changing relationship with the care recipient. There will be a discussion about how the economic cost to the U.S. health care and long-term services and supports (LTSS) systems could increase astronomically. It will address how to assess “readiness to learn” in caregivers and strength-based family education models. It will explore self-compassion and fluid boundaries in professional satisfaction.

Participants will be able to:
- Articulate a framework for evaluating ambiguous loss, and risk for complicated grief in family caregivers.
- Formulate a strategy for supporting family caregivers navigating the disease trajectory across settings of care.
- Practice self-care in context of patient/family suffering.

2:40-2:55 p.m.  Break
Tuesday, 1st continued

2:55-3:40 p.m.  **Plenary: Pervasive, Disturbing, and Undertreated: Strategies for Managing Behavioral symptoms in Clinical Setting**  
*Laura Gitlin, PhD*

This session will show that behavior changes are among the most visible, disruptive, and distressing symptoms of Alzheimer’s disease and other dementias. It will address how behavior changes affect a patient’s quality of life and that of the family caregiver. Screening for early manifestations of behavioral symptoms, will be discussed, showing it is not routinely conducted, therefore, risk factors for behavioral occurrences may be missed and ultimately precipitate placement in a nursing home or other costly long-term care facility.

Participants will be able to:
- Screen for behavioral symptoms early.
- Delineate the triggers and risk factors for the symptoms.
- Choose the proper interventions.
- Evaluate the intervention to make sure that it’s working.

3:40-4:10 p.m.  **Panel: Getting Better – Together**  
*Moderator: Troy Andersen, PhD, MSW, MS, LCSW; Panelists: Laura Gitlin, PhD; Katie Maslow, MSW, ACSW; Constantine Lyketsos, MD, MHS, FAPM, DFAPA; Kathryn Harrell, PhD; Katherine Supiano, PhD, LCSW, FGSA, FT*

This panel discussion will review various disciplines and the priorities to be addressed within each. They will review how gero-psychiatric treatment in today’s economic climate and fragmented systems of health care can have a significant impact. The panel will broach the subject of “Where Do We Go from Here?”

Participants will be able to:
- Understand the most important gero-psychiatric priorities to be addressed within their discipline.
- Understand the strategies they believe will be most successful for instituting gero-psychiatric treatment improvement.

4:10-4:40 p.m.  **Wrap-up, Session Summary: Review and Evaluations**  
*Randall Rupper, MD; Kara Dassel, PhD*

This session will entertain discussion, questions, and answers about literature and presentations, along with identification of further audience issues. Conference attendees will also be asked to evaluate the conference experience.

4:40 p.m.  **Adjourn**
**Presenter Information**

**Troy C. Andersen, PhD, MSW, MS, LCSW** - Troy Christian Andersen is a dementia specialist clinical social worker at the Center for Alzheimer's Care, Imaging and Research at the University Of Utah School Of Medicine and an Assistant Professor Lecturer in the College of Social Work at the University of Utah. Dr. Andersen received his PhD in Social Work with an emphasis in developing proactive dementia care services for individuals in the early stages of the disease and other aging related topics. In 2010, Dr. Andersen was selected as a John A. Hartford Doctoral Fellow in Geriatric Social Work, a two-year fellowship with emphasis on developing enhanced research and teaching skills on issues related to older adults. He was awarded the Anna Dresel Award for outstanding graduate student in Gerontology. Dr. Andersen received a Bachelor's degree in Psychology from the University of Utah, a Master's degree in Social Work from Brigham Young University, and a PhD in Social Work at the University of Utah. For the last eight years, Dr. Andersen has worked for the University Of Utah School of Medicine's Center for Alzheimer's Care, Imaging and Research. This center operates a multi-disciplinary subspecialty neurology clinic where he works daily with cognitive and movement disorder neurologists, neuropsychologists, nurses and research coordinators providing medical social work services to patients with progressive forms of dementia and their caregivers and families. In his 23 years of clinical experience he has also worked extensively with individuals with chronic mental illness, as well as in crisis intervention, trauma and grief issues.

**Perrine Anderson, APRN, AGPCNP-BC** - Perrine Anderson is an experienced nurse practitioner, board certified in both geriatric and adult care, with a special interest in geriatric mental health. She practices with House Call Doctors in Salt Lake City, providing primary care in the home, with an emphasis on the Assisted Living community population. She enjoys a close collaboration with residence staffs and families to enhance achievement of care goals. Perrine received a Master’s degree in Nursing from the University of Utah and has served the nursing profession for 34 years. She has frequent collaboration with mental health professionals, both within and outside the various organizations, as well as community primary care providers and specialists, with the goal of meeting both medical and psychiatric needs.

**Byron D. Bair, MD, FACP, MBA** - Dr. Bair has been working in the field of geriatrics and psychiatry since 1991 when he began working at the Salt Lake City VA Medical Center. He has a strong interest in rural health, and, in 2008, was selected to direct one of three new VA Rural Health Resource Centers to better understand rural health issues for veterans and develop special practices and products to provide better care to veterans living in rural areas. Dr. Bair is the Director of the Veterans Rural Health Resource Center – Western Region housed at the VAMC in Salt Lake City. Dr. Bair also has many research interests, with a focus on developing novel care delivery models for older adults that improve patient focused care, quality of care outcomes, and have a positive impact on resource utilization and costs.

**Miriam Beattie, DNP, GNP-BC, ANP-BC, APRN** - Miriam Beattie is a Doctor of Nursing Practice at the University of Utah in the Division of Geriatrics. As a board-certified Gerontological Nurse Practitioner, her clinical interests include: outpatient geriatric care, prevention of delirium in older adults who are hospitalized, rehabilitation care after hospitalization, and long-term care. Beattie is part of a dedicated team of professionals that run the Hospital Elder Life Program (HELP) at the University Hospital. Together with highly-trained volunteers, the HELP team has dramatically reduced the incidence of delirium (an acute change in mental status) for hospitalized patients over the age of 70. Dr. Beattie received her Doctor of Nursing Practice degree and Master of Science in Nursing degree from the University of Utah, College of Nursing. Her Master’s and Doctoral studies were focused on management of behaviors in persons with dementia. She serves as immediate past president of the Utah Geriatrics Society (UGS), a state affiliate of the American Geriatrics Society (AGS). She served as president of UGS for two years (2013 and 2014) and as president-elect (vice president) during the two years prior to that (2011 and 2012).

**Lois M. Brandriet, PhD, APRN, GCNS-BC, NCG** - Lois M. Brandriet, is a nurse gerontologist and advance practice registered nurse, holds masters and doctoral degrees in nursing with a focus in gerontology; she is certified as a Clinical Nurse Specialist in Gerontological Nursing by the American Nurse Credentialing Center. Decades of nursing and gerontological experience include clinical, academic, administrative, consultative, and entrepreneurial experiences. Dr. Brandriet has served as a professional guardian for cognitively impaired adults for 15 years, and is certified by the Center for Guardianship Certification.

**Susan Bray-Hall, MD** - Dr. Bray-Hall is an Assistant Professor and Medical Director of the Home Based Primary Care program at the Denver VA Medical Center. She completed medical school at University of Colorado in 1999, followed by a residency in Internal Medicine and Geriatric Fellowship at the University of Colorado Health Sciences Center. Dr. Bray-Hall joined the faculty in 2003. She is interested in building effective systems of care for the frail, elderly population and promoting safe transitions of care when patients return home. Home care, palliative care, and end of life care are her areas of focus.

**Ron Bruno** - Ron Bruno is a Utah law enforcement officer with over twenty years of experience. Ron has dedicated much of his career to integrating criminal justice and mental health services. Ron was one of the original officers to develop
Crisis Intervention Team (CIT) Utah, a program designed to build stronger crisis response systems as well as to train law enforcement officers in behavioral health issues. Soon after its inception, Ron became the Program Director and has personally trained over three thousand law enforcement officers in de-escalation techniques. Ron was a founding board member of CIT International and continues to promote the philosophies of this organization through his work on committees.

Ron was instrumental in the development of an integrated crisis response system that brings crisis services directly to the community in Salt Lake County, Utah. Ron has worked with national organizations such as the National Empowerment Center (NEC), the providers of the "Hearing Voices" curriculum, by expanding its program to make it more relevant for law enforcement training; the National Alliance on Mental Illness (NAMI) in the development of a manual, "Responding to Youth with Mental Health Needs"; and continues to work with the International Association of Chief's of Police (IACP) as a consultant and staff member with the development and conducting of Law Enforcement Leadership Institutes on juvenile justice.

Ron is the director of CTS Services, LLC, an organization that provides consulting services on crisis response systems, criminal justice / mental health systems integration, and de-escalation training.

Kara B. Dassel, PhD Conference Co-Chair - Kara Dassel, PhD, is an Associate Professor and Director of the Gerontology Interdisciplinary Program in the College of Nursing at the University of Utah. Dr. Dassel earned her doctoral degree in Gerontology from the University of Kentucky in 2007. Following graduation, Dr. Dassel completed a two-year post-doctoral fellowship in the Neuropsychology and Neuroimaging Laboratory at Barrow Neurological Institute located in Phoenix, Arizona. Prior to her position at the UoU, Dr. Dassel served as an affiliate faculty member in the Department of Social and Behavioral Sciences at Arizona State University and for the Center for Gerontology at Western Kentucky University. Her research interests focus on aging and cognition; specifically, the diagnosis and functional outcomes associated with memory disorders, specifically Alzheimer’s disease. Nationally, she is an active member of the Gerontological Society of America (GSA) and is the former chair of the young professional section of the organization. Dr. Dassel currently a member of the editorial board of the GSA-sponsored journal, The Gerontologist. She has published in several well-known journals including The Gerontologist, American Journal of Geriatric Psychiatry, and Dementia and Geriatric Cognitive Disorders.

Kelly Davis Garrett, Ph.D. - Dr. Garrett is a clinician and researcher, with interests in: vascular dementia, non-pharmaceutical treatments for dementia, and interventions to support primary care physicians in cognitive care. She is a co-developer of the Philadelphia Repeatable Verbal Learning Test (including adaptation for Czech and Mandrin Chinese), as well as process approach methods to interpretation of errors in memory and executive function measures. Her neuropsychology practice with Intermountain Healthcare started in 2004, where she has worked in specialty neurorehab, geriatrics, and primary care settings. She is program developer of The Brain Builders: non-pharmaceutical interventions for those with Mild Cognitive Impairment and probable Alzheimer’s disease. She earned her Ph.D. from Drexel University, served an internship at Brown Med, and post-doc at Utah State University’s Cache County study on memory health and aging. Advocacy work includes service on the board of Directors for both the Utah Chapter of the Alzheimer’s Association and the Brain Injury Association of Utah, and participation in Salt Lake County Aging Services Interdisciplinary Panel to screen criminal cases for Elderly and Vulnerable Adults. She also enjoys international travel.

Timothy W. Farrell, MD, AGSF - Dr. Farrell is Associate Professor of Medicine and Adjunct Assistant Professor of Family Medicine at the University of Utah School of Medicine, and a Physician Investigator at the VA SLC Geriatric Research, Education, and Clinical Center. Dr. Farrell’s major focus as an academic family physician and geriatrician is improving transitions of care among vulnerable older adults and training health care professionals to execute these care transitions successfully. He is a recipient of a HRSA Geriatric Academic Career Award (GACA) that supported the development of an inter-professional care transitions curriculum including the Geriatric Transitions Objective Structured Video Examination (GT-OSVE). He also serves as a consultant to the D.W. Reynolds Next Steps grant awarded to the University of Utah Division of Geriatrics that provides care transitions training for every graduate medical education trainee at the University of Utah School of Medicine. In 2013, he chaired the Rocky Mountain Geriatrics Conference on Transitions of Care. Nationally, he co-chairs the American Geriatrics Society Care Transitions Special Interest Group and served on the Yale Center for Outcomes Research (CORE) Technical Expert Panel regarding CMS post-discharge care transitions measures.

Sara Gilloth, Psy.D - Sara Gilloth, has been a geropsychologist at the Denver VA Medical Center for the last 11 years. She has worked with the Home Based Primary Care program and Community Living Center and is currently working within the Geriatric Psychiatry Dementia Care Program and Outpatient Geriatric Clinic. Her areas of expertise are cognitive assessment, decisional capacity evaluation, caregiver support, and individual and group psychotherapy centered on issues of depression and grief/loss. She is an Assistant Professor at the University of Colorado, Department of Medicine-Division of Geriatrics and is actively involved in the training of medical residents and geriatric medicine fellows. She is also a member of the VISN 19 Dementia Committee.

Laura N. Gitlin, PhD - Dr. Gitlin, an applied research sociologist, is professor in the Department of Community Public Health, School of Nursing with joint appointments in Department of Psychiatry and
Dr. Kathryn Harrell, PhD - Dr. Kathryn Harrell is a Clinical Psychologist and Neuropsychologist at the West Los Angeles VA Medical Center. Her primary duty assignment is in the Veteran’s Cognitive Assessment and Management Program- a telemedicine-based interdisciplinary service that provides comprehensive evaluation, follow up, and care management services to Veterans with thinking and memory changes and to their families. A portion of her clinical time is devoted to trauma-focused psychotherapy within the Women’s Clinic. Her research interests include the use of telehealth in the assessment of cognition, and the development of clinical programs to effectively address the need for comprehensive care in the context of cognitive and behavioral changes.

When not at work or commuting to work, she enjoys cooking, hiking, and college football. Dr. Harrell is the proud daughter of a Retired US Air Force Captain, and deeply appreciates the opportunity to provide care and support for Veterans and their families.

Kathryn Harrell, PhD

Maureen Henry, JD, PhD - Maureen Henry is currently a Research Scientist at NCQA, developing measures of health care quality for older adults. She served as a Health and Aging Policy Fellow in the office of Senator Mark Warner (D-VA) in 2013, where she led the effort to revise the Care Planning Act of 2013, S. 1439, in addition to other responsibilities as a member of the health policy team. She was the Executive Director of the Utah Commission on Aging from 2005 to 2012. In addition, Maureen served as Director of Utah’s Aging and Disability Resource Connection (ADRC) from 2009 to 2012. She has lectured to professionals, students, trainees, and members of the public about aging, decision-making, and end-of-life care topics. She is a Division Associate with the University of Utah Division of Medical Ethics and Humanities and represented Utah on the national POLST Paradigm Task Force. Maureen received her PhD from the University of Utah College of Nursing Hartford Center for Geriatric Nursing Excellence, and she is a graduate of Berkeley Law School, Boalt Hall, UC Berkeley.

Maureen Henry, JD, PhD

Charise Jensen, BS - Charise Jensen, is an Assistant Program Manager with the Community Care Transitions Program with Salt Lake County Aging and Adult Services. Charise has managed the Caregiver Support program since 2011 and also manages the Medicare/SHIP program as of January, 2015. In addition, she co-manages the Alternatives, Aging Waiver, New Choices Waiver programs, and Veteran’s Directed Home and Community Based Services. Charise brings experience as a long term care Ombudsman, advocating for the elderly. She has been involved with coordinating volunteers and other community service projects. Charise has been with Aging and Adult Services for 6 years and is a strong proponent for our vulnerable elders to age in place.

The Caregiver Support Program received the Achievement Award from the National Association of Area Agencies on Aging in 2014 for their Caregiver Academy. The Caregiver Support Program has also helped to bridge the technological gap between the seniors and younger generations by developing a Pinterest site that brings respite resources to users’ fingertips.

Charise currently serves on the Emergency Preparedness committee for the county as of 2009 and served on and was recognized for her leadership role with the SAGE (Services and Advocacy for LGBT Elders) steering committee from 2009-2011.

Charise Jensen, BS

Marilyn Luptak, PhD, MSW, LICSW - Marilyn Luptak is an Associate Professor, Chair of the MSW Aging in Social Work concentration, Associate Director for Research – W. D. Goodwill Initiatives on Aging, John A Hartford Faculty Scholar in Geriatric Social Work (2008-2010), and Belle S Spafford Endowed Chair (2011-2012) in the College of Social Work at the University of Utah. A native of western North Dakota and graduate of the University of Minnesota, Dr Luptak brings more than 25 years of experience to her work to improve the health and well-being of vulnerable older adults and their families. Her scholarly activities address health and...
Katie Maslow, MSW, ACSW - Katie Maslow is a scholar-in-residence at the National Academy of Sciences, Institute of Medicine (IOM) in Washington DC. Her work focuses on care-related issues for older people with cognitive impairment, dementia, mental illness, and co-existing acute and chronic medical conditions. She was a co-author of the 2012 IOM report, *The Mental Health and Substance Use Workforce for Older Adults: In Whose Hands?* She was also the author of a 2012 white paper about evidence-based interventions for people with Alzheimer's disease and their caregivers and co-editor of a 2013 issue of *Generations* on person-centered care for people with dementia.

Prior to joining the IOM in late 2010, Ms. Maslow worked for 15 years for the Alzheimer's Association, where she directed practice and policy initiatives to improve the quality, coordination, and outcomes of health care and long-term services and supports for people with Alzheimer's disease and other dementias and their family caregivers. From 1983 – 1995, Ms. Maslow was a policy analyst and senior associate at the U.S. Office of Technology Assessment (OTA), a congressional research agency. At OTA, she worked on congressionally requested studies about aging, Alzheimer's disease, long-term care, end-of-life care, and care management. She has served on numerous government and non-government advisory panels on aging, Alzheimer's disease, dementia, and family caregiving.

Ms. Maslow has an undergraduate degree in sociology and psychology from Stanford University and a master's degree in social work from Howard University. She is a member of the American Geriatrics Society, the American Society on Aging, the Gerontological Association of America, and the National Association of Social Workers.

Randall Rupper, MD, MPH Conference Co-Chair - Dr. Rupper is an Associate Professor in the Division of Geriatrics at the University of Utah, and a health services researcher at the Salt Lake VA. He is the Associate Director of Clinical Demonstration at the Geriatrics Research, Education and Clinical Center. His research focuses on improving access to health care for rural older adults and their caregivers. Current projects explore the impact of health care policies, and expanding options for in-home access through the use of novel care-management programs and technologies. Rupper earned his medical degree from Stanford University and completed his residency at the University of Washington. He earned a master's in public health from the University of North Carolina and completed fellowships at UNC-Chapel Hill and the University of Utah.

Katherine Supiano, PhD, LCSW, FGSA, FT - Kathie Supiano is an Associate Professor in the College of Nursing, and the director of Caring Connections: A Hope and Comfort in Grief Program at the University of Utah, College of Nursing. She teaches *Interdisciplinary Approaches to Palliative Care* for graduate students in Pharmacy, Social Work and Nursing, *Geriatric Care Management* and in the Interprofessional Education Program. Dr. Supiano’s research is in clinical interventions in complicated grief, suicide survivorship and prison hospice. She has been a practicing clinical social worker and psychotherapist for over 30 years. Her clinical practice has included care of older adults with depression, multiple chronic health concerns, family therapy, end-of-life care, and bereavement care. She is a Fellow in the Gerontological Society of America, a Fellow of Thanatology, and a founding member of the Social Work Hospice and Palliative Care Network. She received her PhD in Social Work at the University of Utah as a John A. Hartford Foundation Doctoral Fellow.
Kate A. Toomey, Honorable - Judge Kate A. Toomey took the oath of office in September 2014 after her appointment to the Court of Appeals by Gov. Gary Herbert. Prior to her appointment, she was a Third District Court Judge for nearly eight years. Judge Toomey graduated from the University of Maryland in 1991, served as a judicial law clerk with the Maryland Court of Special Appeals, then joined the Maryland Public Defender’s Office. She was an associate with the Salt Lake City law firm Anderson & Karrenberg from 1993 until 1996, when she joined the Utah State Bar’s Office of Professional Conduct. Judge Toomey was the managing editor of the University of Maryland Law Review, the managing editor, then editor-in-chief of Voir Dire, and a member of the Executive Committee of the Utah Bar Journal. She was a member of the Board of District Court Judges and of the Grand Jury panel of judges. She was an advisory board member of the Family Justice Center and the Utah Foster Care Foundation. Judge Toomey currently serves as a member of the Utah Supreme Court’s Advisory Committee on the Rules of Civil Procedure and the Advisory Committee on Professionalism, as well as the Judicial Council. She has also served on the Utah State Bar Litigation Section’s executive committee. She is also a member and past-president of the David K. Watkiss-Sutherland II Inns of Court.

Lea C. Watson, MD, MPH - Dr. Lea Watson, Acting Chief, Mental Health Service; Program Director, Geriatric Psychiatry, VA Eastern Colorado Health Care System and Visiting Associate Professor University of Colorado School of Medicine, is a board certified geriatric psychiatrist with 10+ years academic experience, including research, teaching, administrative and clinical roles, whose primary focus is care of vulnerable older adults with complex medical needs. She provides direct care to patients in multiple settings, and consultation to a wide range of providers and caregivers. Her goal is integration of psychiatric care in the primary care setting.

Steering Committee

Kara B. Dassel, PhD - Director, Gerontology Interdisciplinary Program, Nursing; Associate Professor (Clinical), College Of Nursing, University of Utah Conference Co-Chair

Randall Rupper, MD, MPH - Salt Lake VAMC, Associate Director, Clinical, VA Salt Lake City Geriatric Research, Education, and Clinical Center (GRECC) Conference Co-Chair

Troy Andersen, PhD, MSW, MS, LCSW - Assistant Professor, College of Social Work; Dementia Specialist Clinical Social Worker, Center for Alzheimer’s Care, Imaging, and Research, University of Utah School of Medicine

Perrine Anderson, APRN, AGPCNP-BC - House Call Doctors, Nurse Practitioner, Salt Lake City

Susan Bray-Hall, MD - Eastern Colorado Health Care System, Associate Director for Clinical Eastern Colorado GRECC

Jorie M Butler, PhD - Associate Director for Education and Evaluation, VA Salt Lake City GRECC; Adjunct Assistant Professor, Department of Psychology; Research Assistant Professor, Division of Geriatrics, University of Utah School of Medicine

Jack Christensen, BS - Education Specialist, VA SLC Geriatric Research, Education, and Clinical Center (GRECC)

Timothy W. Farrell, MD, AGSF - University of Utah School of Medicine/Associate Professor of Medicine and Adjunct Assistant Professor of Family Medicine

Norman L. Foster, MD - Professor, Department of Neurology; Chief, Division of Cognitive Neurology; Director, Center for Alzheimer’s Care, Imaging and Research (CACIR); Senior Investigator, The Brain Institute, University of Utah

Sara Gilloth, Psy.D - Staff Psychologist, Denver VAMC

Mark A. Supiano, MD - D. Keith Barnes, MD and Dottie Barnes Presidential Endowed Chair in Medicine, Professor and Chief, Division of Geriatrics, University of Utah School of Medicine; Director, VA Salt Lake City Geriatric Research, Education, and Clinical Center (GRECC); Executive Director, University of Utah Center on Aging

Lea C. Watson, MD, MPH - Acting Chief, MHS; Program Director Geriatric Psychiatry, VA Eastern Colorado Healthcare System
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ANCC - The VA Salt Lake City Health Care System is an approved Provider of Continuing Nursing Education by the Utah Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This activity has been approved to award 14.25 contact hours.

NASW - This program has been approved by the Utah Chapter, NASW, for 14.25 credit hours in Continuing Education Units (CEU).

CMD - This live activity has been pre-approved by the American Board of Post-Acute and Long-Term Care Medicine (ABPLM) for a total of 5.5 management hours and 8.75 clinical hours toward certification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. Each physician should claim only those hours of credit actually spent on the activity.

UPA - APA Endorsement of Continuing Education for psychologists has been approved for 14.25 credit hours.

APTA - UPTA Accreditation Committee has approved 14.25 Continuing Education Units (CEUs) to Physical Therapists (PT) and Physical Therapist Assistants (PTA) attending the entire Course.

AAFP - Has been reviewed and is acceptable for up to 13.75 Prescribed credits by the American Academy of Family Physicians.

AGS GRA - This CME activity is endorsed by the American Geriatrics Society. Credits earned from this activity may be counted toward the AGS Geriatrics Recognition Award.

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The Center on Aging provides the focal point uniting aging-related research, education, and clinical programs at the University of Utah. By linking its faculty and programs, the Center synergizes the growth and progress of interdisciplinary research to help people lead longer and more fulfilling lives and supports the development of multidisciplinary clinical and training programs. Visit us at: www.aging.utah.edu

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UTAH GERIATRICS SOCIETY

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- to recruit local leaders who can promote clinical geriatrics
- to establish a local presence for AGS across the country
- to identify future national leaders

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