Welcome!
The annual Rocky Mountain Geriatrics Conference is an outstanding and enduring educational tradition. Our steering committee has developed an excellent program in geriatrics this year. We have a full complement of presentations, and will make every effort to accommodate attendees’ needs.

This conference is intended for professionals across health care disciplines (e.g., Nursing, Social Work, Psychology, Medicine, Nutrition, and others) to learn about practical management and coordination of treatment and services along a continuum of care, illustrating models that encompass the changes in the cardiovascular system associated with aging. The conference presents the epidemiology of heart disease in older adults and summarizes the data on the pathophysiology of the aging heart. The conference will explore the clinical characteristics, treatment patterns, prevention strategies, and outcomes of older adult cardiac patients. The conference will focus on interprofessional team work to provide quality of life and prevention to older adults at risk for and with heart problems.

We hope you find this conference and venue a perfect place to network with like-minded colleagues. In addition, we hope that you will take the time to enjoy the beauty of the Wasatch Mountains; walking, hiking or simply gazing at the scenery are all strongly encouraged.

Special Thanks to our 2017 Conference Steering Committee:
TROY C. ANDERSEN, ERIN L. ANDERSON, JORIE M. BUTLER, SKOTTI D. CHURCH, TIMOTHY W. FARRELL, LILLIAN L. KHOR, KATHRYN (KADY) NEARING, ROBERT LEE PAGE II, MARK A. SUPIANO, JOLEEN SUSSMAN, WALTER WRAY
James Blumenthal is JP Gibbons Professor of Psychiatry and Behavioral Sciences at Duke University Medical Center. He received his Ph.D. from the University of Washington in Clinical Psychology and is board certified from the American Board of Professional Psychology. Dr. Blumenthal is the recipient of several awards including an honorary doctorate from Uppsala University, the Outstanding Contributions to Health Psychology Award from the American Psychological Association, the Bakken Pioneer Award from the Cleveland Clinic Heart-Brain Institute, the Michael L. Pollock Established Investigator Award from the American Association of Cardiac and Pulmonary Rehabilitation and the Dodson Award for Excellence in Research in Adult Development and Aging. He is a founding fellow of the American Association of Cardiopulmonary Rehabilitation and holds fellowship status in the American Psychological Association, the Society of Behavioral Medicine, and the Academy of Behavioral Medicine Research. He is former President of the American Psychosomatic Society and the Society of Health Psychology of the American Psychological Association.

Dr. Albert is Associate Chief Nursing Officer, Nursing Research and Innovation, Cleveland Clinic and Clinical Nurse Specialist, Kaufman Center for Heart Failure; Cleveland Clinic. Additionally, she is adjunct Associate Professor at Case Western Reserve University, Bolton School of Nursing in Cleveland and full Professor at Aalborg University; Aalborg, Denmark. Dr. Albert works as a nurse leader, research scientist and advanced practice nurse in a heart failure clinic. She is also a consultant and educator. She has 270 peer-reviewed publications in medical and nursing journals, over 15 book chapters and she is editor of a 2016 book titled: Building and Sustaining a Hospital-Based Nursing Research Program. Dr. Albert volunteers for many healthcare organizations, including the American Heart Association, the American College of Cardiology and Heart Failure Society of America. She just completed a 6 year term as the Chair of the certification board for the American Association of Heart Failure Nurses. Dr Albert presents most often on heart failure and other cardiovascular topics, nursing research, and nursing innovations, locally, nationally and internationally.
8:00 AM - 8:30 AM
Cardiovascular Care in the Aging Population
Skotti Church, MD

This session will:
• Describe the prevalence of cardiovascular disease in the older adult population
• Summarize the economic impact of cardiovascular disease on healthcare systems

8:30 AM - 9:00 AM
Implications of vascular aging on cardiovascular disease risk
Anthony Donato, PhD

This session will:
• Describe phenotype changes in the cardiovascular system using original research and published literature on the subject
• Integrate the phenotypic changing in the cardiovascular system with healthy aging and apply those to Cardiovascular disease states

9:00 AM - 9:30 AM
Cardiovascular Aging Physiology
Walter Wray, PhD

This session will:
• Provide attendees with a deeper understanding of the mechanisms that regulate the peripheral circulation in both HFrEF and HFpEF patients
• Discuss the pathways that contribute to vascular control in Heart Failure patients

9:30 AM - 9:45 AM - Break

9:45 AM - 10:45 AM
Discussion of the pathways that contribute to vascular control in Heart Failure patients
James Blumenthal, PhD

This session will:
• Discuss psychological risk factors, depression and the increased risk of health outcomes in patients with CVD
• Discuss the treatment and prevention strategies for reducing adverse cardiovascular events in older individuals with CVD risk factors
10:45 AM - 11:30 AM
Motivational Interviewing: Supporting Lifestyle and Behavioral Change
Brad Lundahl, PhD, LCSW

This session will:
• Understand the function of motivation, confidence, and resistance in change processes
• Develop initial skills for assisting and lifting client’s motivation for engaging in health related behaviors
• Develop initial skills for assisting and lifting client’s confidence for engaging in health related behavior

11:30 AM - 12:00 PM
Family Support and Multiple Chronic Conditions
Troy Andersen, PhD, MSW

This session will:
• Define when and how to write a referral that will result in an informative neuropsychological evaluation
• Discuss how to talk with your patient about having a neuropsychological evaluation
• Discuss what is entailed as part of a neuropsychological evaluation and how results and conclusions can inform your treatment plan

12:00 PM - 1:10 PM - Lunch - Rendezvous Room

1:10 PM - 2:10 PM
The Role of Nursing in the Care of the Patient with Cardiovascular disease
Nancy Albert PhD, CCNS, CHFN, CCRN, NE-BC, FAHA, FCCM, FHFS, FAAN

• This session will:
  • Describe the types of nurse & team-led programs that improved CV mortality and heart failure rehospitalization
  • State the value of nurse participation in team based care
  • Discuss examples of programs led by nurses and subsequent outcomes

2:10 PM - 3:10PM
Vascular Neurocognitive Disorder (Dementia): How to spot it and what to do next
Joleen Sussman, PhD

• This session will:
  • Identify signs of vascular neurocognitive disorder
  • Know ways to talk to patients about concerns for vascular neurocognitive disorder
  • Be aware of possible follow up options to better address vascular neurocognitive disorder and safety concerns to consider
The DASH diet and dietary recommendations for patients post discharge
Alessa Wade MS, RD, CD

This session will:
• Discuss DASH diet recommendations and research supporting use of DASH diet
• Discuss ways to implement DASH diet into daily living

Evidence Based Health Promotion Programs for Older Adults
Marianne Christensen, BS, CHES

This session will:
• Inform about the evidence-based health promotion community resources available for older adults in Salt Lake County
• Demonstrate to providers how they can do on-line referrals to these programs or provide hand written “prescriptions” to their patients

Review and Evaluations
D. Walter Wray, PhD
Mark Supiano, MD
8:00 AM - 8:45 AM
Treatment Of Geriatric Hypertension: The Sprint Trial And Recent Guidelines
Mark Supiano, MD

This session will:
• Discuss the randomized controlled trials (SHEP, HYVET and SPRINT) that have informed our understanding of appropriate systolic blood pressure (SBP) targets for older adults
• Discuss the recent guidelines that have recommended treatment goals for older adults with hypertension
• Recognize that rates of uncontrolled hypertension remain unacceptably high, particularly in older adults, and that getting more patients to their target BP goal is a pressing public health concern

8:45 AM - 9:45 AM
Management of heart failure in older adults - new data, new guidelines, new challenges
José Nativi-Nicolau, MD

This session will:
• Describe new insights into the evaluation and management of older adults with heart failure with reduced ejection fraction
• Describe new insight into the evaluation and management of older adults with heart failure with preserved ejection fraction

9:45 AM - 10:00 AM - Break

10:00 AM - 10:45 AM
The role of supervised exercise training in cardiovascular aging and recovery
Lillian Khor, M.B.B.Ch., M.Sc

This session will:
• Discuss what disciplines are involved in cardiac rehabilitation
• Discuss the exercise paradox and the benefits of regular exercise on exercise capacity, quality of life, blood pressure, endothelial function, glycemic control, heart rate response to stress, and long term outcomes like reduced hospital readmission and reduced mortality
• Outline what are the eligible diagnoses for cardiac rehabilitation that are covered by CMS and most insurance
10:45 AM - 11:30 PM
Polypharmacy: Commonly used drugs can cause or worsen heart failure
Robert Lee Page, II, PharmD, MSPH

This session will:
• Given an older adult with heart failure, delineate specific tools to evaluate drug complexity in order to minimize polypharmacy
• Given an older adult with heart failure, evaluate the patient's medication regimen and identify which medications could cause or exacerbate heart failure symptoms
• Discuss best practices to avoid polypharmacy in the older adult with heart failure
• Provide patient education regarding OTC and herbal supplements to avoid in the patients with heart failure

11:30 AM - 12:00 PM
Frailty Assessment
Natalie Sanders, DO

This session will:
• Define frailty
• Identify at least one tool for measuring frailty in clinical practice
• Discuss why determining the presence of frailty is important in the care of patients with cardiovascular disease
• Explain interventions studied which may reduce frailty

12:00 PM - 1:10 PM - Lunch - Rendezvous Room

1:10 PM - 1:55 PM
Creating a culture of shared decisions: Shared decision making and decision quality
Dan Matlock, MD, MPH

This session will:
• Define Shared Decision Making and understand its Nuances
• Describe Current Practice and Policy Initiatives Aiming to Enhance Shared Decision Making
• Explore Shared Decision Making Implementation for Left Ventricular Assist Devices

1:55 PM - 2:40 PM
Role of Long Term Care in Cardiovascular Treatment
Rebecca Boxer, MD

This session will:
• Describe system and patient based challenges in managing HF in nursing facilities
• Describe the present state of HF disease management in nursing facilities
• Describe best practices for HF in nursing facilities
DAY TWO: 2:40 PM to 3:55 PM  
(all presentations will occur in the Cottonwood Rooms)

2:40 PM - 3:10 PM  
Communication Regarding Advance Care Planning and Palliative Care  
Shaida Talebreza-Brandon, MD

This session will:
• Describe the steps involved in goals of care conversations about life-sustaining treatments such as CPR  
• Describe phrases that can be used to ask about patient goals  
• Describe phrases to respond to patient emotions

3:10 PM - 3:25 PM - Break

3:25 PM - 3:55 PM  
Review and Evaluations  
D. Walter Wray, PhD  
Mark Supiano, MD
Dr. Church is an Assistant Professor in the Division of Geriatric Medicine at the University of Colorado Denver. After graduating from the University of Colorado School of Medicine in 2009, she did her Internal Medicine training at the University of Cincinnati, where she was selected to do an additional year as a Chief Resident. She returned to the University of Colorado for fellowship training in Geriatric Medicine. Skotti has a lead role in the clinician-educator program within geriatrics as Program Director of the Geriatric Medicine fellowship and part of the educational core of the Denver VA Geriatric Research, Education and Clinical Center. Her clinical activities include attending in the outpatient, inpatient and sub-acute settings—teaching students, residents and fellows across the continuum. She also serves as a primary mentor to residents and students interested in the care of older adults as faculty sponsor of the resident and student geriatric interest groups and multiple mentored scholarly activities. Skotti also plays an active role in ongoing quality improvement projects in the Seniors Clinic at University Hospital.

Dr. Donato is an Associate Professor of Medicine and Co-Director of the Translational Vascular Physiology Laboratory at the University of Utah. Trained in both Human clinical trials (Fellowship & M.S., University of Colorado) and preclinical animal models (Ph.D., Texas A&M) he and his laboratory utilize a translational approach to answer these questions utilizing cell culture, preclinical animal models and human patients. He and his team seek to understand the basic mechanisms behind this cardiovascular disease and dysfunction and explores lifestyle and pharmacological interventions that can restore its normal function in older populations and in patients with rare vascular diseases. Related to his keen interest in the process of biological aging Tony has published on the role of cellular senescence in cardiovascular dysfunction in both humans and animal models. One of the primary directives in his lab is to better understand how best to reduce cardiovascular disease risk and progression in older adults by reducing or removing the senescence cellular burden in older adults.

Dr. Wray joined the Division of Geriatrics at the University of Utah as a Research Assistant Professor in 2008. He is a founding member of the Utah Vascular Research Laboratory (http://www.uvrl.org), a consortium that is affiliated with the University of Utah (Departments of Internal Medicine and Nutrition and Integrative Physiology) and the Salt Lake City Veterans Administration Medical Center Geriatrics, Research, Education and Clinical Center (SLC VAMC GRECC).

Dr. Wray maintains an active, extramurally-funded research program within the UVRL that is broadly focused on vascular and autonomic physiology, with an emphasis on aging and age-related diseases such as heart failure (HF). Current projects include studies examining neurohumoral control of muscle blood flow at rest and during acute exercise, and studies focused on determining the causes and consequences of chronic sympathoexcitation in HF.
Dr. Lundahl earned a PhD in Clinical Psychology from Northern Illinois University. He is an associate professor in the College of Social Work at the University of Utah. Dr. Lundahl is most interested in researching factors that motivate people to change individual behaviors. He has been trained in Motivational Interviewing by one this approach’s cofounders, Dr. Bill Miller and recently published a manuscript with the other cofounder, Dr. Stephen Rollnick. At the University, Dr. Lundahl publishes on evidence based practices and teaches in areas of clinical practice and research. In addition to University work, Brad owns a small private practice, Compass Counseling and Consulting, where he works with individuals and families. Brad strives to integrate research and practice to benefit both efforts.

Dr. Andersen is a dementia specialist clinical social worker at the Center for Alzheimer’s Care, Imaging and Research at the University Of Utah School Of Medicine. Dr. Andersen received his PhD in Social Work with an emphasis in developing proactive dementia care services for individuals in the early stages of the disease and other aging related topics. In 2010, Dr. Andersen was selected as a John A. Hartford Doctoral Fellow in Geriatric Social Work, a two year fellowship with emphasis on developing enhanced research and teaching skills on issues related to older adults. He was awarded the Anna Dresel Award for outstanding graduate student in Gerontology. Mr. Andersen received a Bachelor’s degree in Psychology from the University of Utah, a Master’s degree in Social Work from Brigham Young University, a Master’s degree in Gerontology from the University of Utah, and a PhD in Social Work at the University of Utah.

Dr. Sussman is a staff psychologist as part of the interdisciplinary Geriatric Primary Care Clinic team and the lead of the Outpatient Dementia Care Team. She provided psychotherapy to older adults, neurocognitive disorder-related caregiver support, neurocognitive disorder-related neuropsychological evaluations, decision-making capacity evaluations and staff education/support at the VA Eastern Colorado Health Care System and a Senior Instructor in the Division of Geriatric Medicine, University of Colorado School of Medicine. She completed her post-doctoral fellowship in Inpatient Geropsychology in 2013 and is board certified in geropsychology.

Alessa Wade is a registered dietitian. She received her bachelors degree in Nutrition, Dietetics and Food Science from Utah State University completing the dietetics program. She received her masters degree in Nutrition and Integrative Physiology from the University of Utah. She has worked in cardiac rehab at the University of Utah hospital for two years. What she loves most about nutrition is helping people make small but significant changes to help improve their lives. In her spare time she enjoys traveling, reading, and trying new foods.
Marianne Christensen is the Health Promotion Manager for Salt Lake County Aging & Adult Services, Active Aging Program. She graduated from Brigham Young University in Community Health Education with a minor in gerontology. She has worked in many different capacities promoting health and exercise among older adults in the community; most recently she was the Healthy Life-styles Manager for Highland Cove Retirement Center and the Senior Center Manager at the Magna-Kennecott Senior Center. Currently she oversees the implementation of evidence-based programming and other health promotion at the 16 Salt Lake County Senior Centers.

Dr. Supiano joined the University of Utah Center on Aging in October 2005 when he also became Chief of the Division of Geriatrics in the School of Medicine and Director of the VA Salt Lake City Geriatric Research, Education and Clinical Center.

The eventual outcome of his close bond with his grandfather became Dr. Supiano's career path in the new discipline of Geriatric Medicine. When Andrew Szupiany was born outside of Kiev, Ukraine in 1889, life expectancy for men was 45 years. During the course of his 90 rich years of life he would emigrate to the United States to seek freedom from the czars, raise a family of four through the Great Depression, see two of his children graduate from college, witness two world wars (sending his two sons to battle in the latter), and endure living alone for the last third of his life as a widower. Andrew's grandson Mark A. Supiano gained first-hand appreciation of the remarkable life his grandfather lived, and learned a healthy and successful approach to aging.

Mark A. Supiano, MD now leads the University of Utah Geriatrics program at a point in history when life expectancy is approaching 80 years, and the population above the age of 85 is the fastest growing segment of the U.S. population. The demographic imperative of the aging population provided the additional motivation for Dr. Supiano to establish his career in Geriatric Medicine and be included in the first cohort of physicians who received certification in this new field in 1988.

Dr. Nativi-Nicolau is an Assistant Professor of Medicine at the University of Utah and is the Cardiovascular Director of the Amyloidosis Program at the University of Utah and Huntsman Cancer Institute.

He received his medical degree from University of Panama. Dr. Nativi-Nicolau completed his Internal Medicine Residency at Drexel University College of Medicine in Philadelphia, Pennsylvania. He accomplished his Cardiology Fellowship at the University of Utah in Salt Lake City. He continued his training with an Advanced Heart Failure and Transplantation Fellowship at the Mayo Clinic in Rochester Minnesota. Dr. Nativi-Nicolau is board certified in Internal Medicine, Cardiovascular Disease, and Advanced Heart Failure and Transplantation and is a member of the Alpha-Omega-Alph American Honor Medical Society.
Dr. Matlock is an Associate Professor at the University Of Colorado School Of Medicine and Director of the Shared Decision Making Core at ACCORDS (The Adult and Child Consortium for Outcomes Research and Delivery Science). He is board certified in Internal Medicine, Geriatrics, and Palliative care. His research is aimed at fundamentally changing and improving how patients make decisions around invasive cardiovascular technologies. He is currently funded under an NIH career development award, two NHLBI RO1s, and two PCORI projects studying decision making among older adults making decisions around invasive technologies (implantable cardioverter–defibrillators (ICD) and left ventricular assist devices). He is a member of the Colorado Cardiovascular Outcomes Research Group, one of the top outcomes research groups in the country. He has participated in the American College of Cardiology’s shared decision making task force and the writing group for an American Heart Association’s scientific statement entitled “Shared Decision Making in Heart Failure.” He is also an active participant of the International Patient Decision Aid Standards writing committee. Recently, he has also been named Director of Implementation Research for the recently funded Denver Veterans Affairs Geriatric Research, Education, and Clinical Center.

Dr. Boxer is an Associate Professor of Medicine, Divisions of Geriatric Medicine and Cardiology at the University of Colorado. Dr. Boxer completed her medical degree at the University of Pennsylvania School of Medicine followed by a Primary Care Internal Medicine Residency at the University of California, San Francisco. Fellowship training in Geriatric Medicine was completed at the University of Connecticut followed by a one year Heart Failure Fellowship at Case Western Reserve University. Presently Dr. Boxer cares for seniors needing primary care and heart failure care. Dr. Boxer conducts clinical trials in skilled nursing facilities and with home health care agencies. She has published in multiple heart failure and geriatric medicine journals and speaks around the United States on strategies to improve heart failure management for older adults.

Dr. Talebreza-Brandon serves as Assistant Professor of Geriatric Medicine at the University of Utah. She is the Medical Director for Inspiration Hospice (a Hospice and Home Health teaching site for the University of Utah), and also serves as a geriatrician and palliative care specialist for the George E. Wahlen, Salt Lake City Veterans Affairs Medical Center. Dr. Talebreza works closely with the VA National Center for Ethics in Health Care on the Life-Sustaining Treatment Decisions Initiative. The goal of the initiative is to develop new practices for ensuring that the values, goals, and life-sustaining treatment decisions of seriously ill Veterans are elicited, documented, and honored. She is board certified in family medicine, geriatric medicine, and hospice and palliative medicine. Dr. Talebreza strives to promote geriatric palliative care education nationally. She serves on the American Geriatrics Society (AGS) Education Committee and serves as the project leader of the Geriatrics Evaluation and Management Tools, an AGS educational publication. She serves on the American Academy of Hospice and Palliative Medicine Hospice Medical Director Leadership Council. She received a U.S. Department of Health and Human Resources Geriatric Academic Career Award for 2010-2015 for developing geriatric palliative care curriculum. Dr. Talebreza was the recipient of the 2015 Hastings Center Cunniff-Dixon Physician Award and the 2015 Outstanding Junior Clinician Educator of the Year Award. Dr. Talebreza is recognized as a Fellow of the American Geriatrics Society (AGSF) and the American Academy of Hospice and Palliative Medicine’s (FAAHPM). Fellow status is one of the highest honors awarded to members who have demonstrated an exceptional professional commitment and contribution to the progress of their field of medicine.
Dr. Khor received a foreign medical degree, M.B.BCh., BAO degree (equivalent to M.D.) from the National University of Ireland in 1997. She concluded her foreign medical training with an internal medicine residency and moved here in 2000, and repeated her internal medicine Internship and Residency at the University of Utah from 2000-2003. She continued her training as Chief Medical Resident of the Coronary Care Unit at LDS Hospital and concluded with a Fellowship in General Cardiology at the University of Utah from 2004-2006. She was Chief Cardiology Fellow and recipient of the Women in Cardiology Trainee Award for Excellence, awarded by the American Heart Association in 2006.

Her professional career started at the Veterans Affairs Medical Center (VAMC) where she was Coronary Care and Telemetry Unit Director, Cardiology Clinic Medical Director, Cardiology Fellowship site Director, and Medical Residency and Student Clerkships Director. Since 9/2010, Dr. Khor shares her time between the VAMC and the University of Utah Hospital and Healthcare, where she is now the Medical Director of Preventive Cardiology and Cardiac Rehabilitation. Her new administrative project is collaborating with the Utah Diabetes and Endocrinology Center to build a comprehensive multi-disciplinary Cardio-metabolic Risk Reduction Program (Care-Met) to support Therapeutic Lifestyle Modification of cardiovascular risk factors. Dr. Khor’s research interests include preventive and screening strategies pre and post cardiac events in patients with multiple cardiovascular risk factors. She has published on the gender and age-related differences in the prognostic value of a biomarker (C-reactive protein) in patients with established coronary artery disease.

Dr. Page is a professor in the Departments of Clinical Pharmacy and Physical/Rehabilitative Medicine at the University of Colorado Denver, Schools of Pharmacy and Medicine (Aurora), and the clinical pharmacy specialist for the Division of Cardiology and Heart Transplantation. Dr Page has 17 years as a clinical pharmacy specialist in cardiology with a focus in advanced heart failure/transplant. He has served as an investigator and CO-PI in several clinical studies. Dr. Page received his bachelor’s of science degree in biology and chemistry from Furman University (Greenville, SC); bachelor’s of science in pharmacy and Pharm.D. degrees from the Medical University of South Carolina (MUSC; Charleston); master’s of science degree in public health with an epidemiology focus from the University of Colorado School of Medicine (Denver); and specialty residency in pharmacotherapy from MUSC.

Dr. Sanders is an Assistant Professor with the Division of Geriatrics at the University of Utah. Dr. Sanders educates Geriatric fellows, Internal Medicine residents and medical students and performs clinical research. She completed her undergraduate medical education at the College of Osteopathic Medicine of the Pacific in Pomona, CA. She subsequently graduated from the Internal Medicine Residency program from the University of Utah and was selected as a Chief Medical Resident. After practicing for three years as a General Internist with this same institution, Dr. Sanders formalized her training in a Geriatrics Fellowship. She served as the medical director for the University of Utah Faint Fall and Frailty Clinic, the first clinic of its kind. Her current clinical practice is in the University of Utah Geriatrics Clinic where she has primary care and consultative patient care responsibilities. She continues to focus on caring for geriatric patients with faint, fall, or frailty syndromes.
Accreditations

The University of Utah School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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ANCC - The VA Salt Lake City Health Care System is an approved Provider of Continuing Nursing Education by the Utah Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation. This activity has been approved to award 13.6 contact hours.

NASW - This program has been approved by the Utah Chapter, NASW, for 12.75 credit hours in Continuing Education Units (CEU).

UPA - APA Endorsement of Continuing Education for psychologists has been approved for 14 credit hours.

APTA - UPTA Accreditation Committee has approved 14 Hours Continuing Education Units (CEUs) to Physical Therapists (PT) and Physical Therapist Assistants (PTA) attending the entire Course.

AAFP - This Live activity, 15th Annual Rocky Mountain Geriatrics Conference, with a beginning date of 08/28/2017, has been reviewed and is acceptable for up to 13.25 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Every effort has been made to assure the accuracy of the data presented at this meeting. Physicians may care to check specific details such as drug doses and contraindications, etc., in standard sources prior to clinical application.
PLANNING COMMITTEE

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ROBERT LEE PAGE, II, PHARMD, MSPH, FCCP, FASHP, FASCP, FAHA, BCPS, CGP
Professor, University of Colorado Skaggs School of Pharmacy And Pharmaceutical Sciences

MARK A. SUPIANO, MD, CO-CHAIR
D. Keith Barnes, M.D., And Dottie Barnes Presidential Endowed Chair In Medicine, Professor And Chief, Division of Geriatrics, University of Utah School Of Medicine; Director, VA Salt Lake City Geriatric Research, Education, And Clinical Center (GRECC); Executive Director, University of Utah Center On Aging

JOLEEN SUSSMAN, PHD, ABPP
Geropsychologist, Eastern Colorado Health Care Veteran Affairs, Denver

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University Of Utah/Associate Professor of Internal Medicine; SLC GRECC Investigator
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<td>SHAIDA TALEBREZA-BRANDON, MD</td>
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<td>WALTER WRAY, PHD</td>
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DIVISION OF GERIATRICS

Utah’s older population is growing rapidly. By 2025, it is projected Utah will have the nation’s fastest growth rate in its population over age 65. In response to this need, the Division is actively expanding its research, education, and clinical programs. The Division is the academic home for Geriatric Medicine within the University of Utah School of Medicine. It is one component of the campus-wide Center on Aging, and is closely interconnected with the VA Salt Lake City Geriatric Research, Education, and Clinical Center (GRECC), as well as with other Center on Aging affiliated programs.

Geriatrics Division faculty and staff are devoted to: Expanding the Geriatric Medicine knowledge base; Providing Geriatric Medicine education and training programs; Providing outstanding consultation and management services in the inpatient, outpatient, and long-term care settings. Visit us at; www.medicine.utah.edu/internalmedicine/geriatrics

GERIATRIC RESEARCH, EDUCATION AND CLINICAL CENTER

The VA Salt Lake City Health Care System Geriatric Research, Education, and Clinical Center (GRECC) is one of twenty-one “Centers of Geriatric Excellence” located throughout the United States. GRECCs are the cornerstone of the Veterans Health Administration (VHA) strategy to focus attention on the aging Veteran population, to increase the basic knowledge of aging, to transmit that knowledge to health care providers, and to improve the quality of care to the aged.

Our Mission
To conduct geriatric research, educate providers and the public, and develop state of the art clinical demonstration projects to improve the quality of care of elderly Veterans.

Our Purpose
To serve as a local, regional and national resource for geriatric education and training and to integrate new and existing geriatric knowledge and skills into clinical practice.
Visit us at; www.saltlakecity.va.gov/slc_grecc

The Center on Aging provides the focal point uniting aging-related research, education, and clinical programs at the University of Utah. By linking its faculty and programs, the Center synergizes the growth and progress of interdisciplinary research to help people lead longer and more fulfilling lives and supports the development of multidisciplinary clinical and training programs. Visit us at; www.aging.utah.edu