

**ROTATION DESCRIPTION**  
**Physical Medicine and Rehabilitation**  
**University of Utah**

University Red Service

This rotation encompasses the breadth of inpatient rehabilitation diagnosis, with an emphasis on stroke rehabilitation. There is a close collaboration with the Department of Neurology which allows integrated rehabilitation care from the time of diagnosis through long-term follow-up.

University Green Service

This service provides care for individuals with spinal cord injury from within the Salt Lake Valley as well as the entire Intermountain West region. This rotation provides the resident with an in-depth experience in spinal cord injury medicine from the acute care setting in a Level I Trauma Center, to management in a long-term acute care facility. During the rotation, the resident will also gain experience in the rehabilitation management of individuals with other orthopedic conditions including spinal decompression and fusion, and joint replacement

University Blue Service

This rotation emphasizes both the rehabilitation and medical management of individuals following traumatic brain injury. In addition, the resident will gain exposure to patients with brain tumors and degenerative neurologic disorders. Topic areas such as cancer rehabilitation, orthopedic rehabilitation, and practice-based learning are also covered.

University Consult Service

The resident on this service learns to evaluate and triage individuals with a wide spectrum of diagnoses that require rehabilitation services in a Level I Trauma Center. The rotation focuses on the rehabilitation management of patients while in the acute care setting and developing a working knowledge of post-acute care options for individuals at the time of hospital discharge. The resident works closely with allied health services and the rehabilitation admissions team during this rotation.

University Clinic I

This rotation offers experience in the management of individuals with various acute and chronic musculoskeletal conditions. The emphasis is on Sports Medicine and obtaining a solid understanding of the biomechanical principles that lead to over-use syndromes and injury. During the rotation, the resident is also provided ample opportunity for hands-on experience performing electrodiagnostic studies and spinal procedures.

University Clinic II

The resident on this rotation gains experience with a wide variety of acute and chronic musculoskeletal conditions with a focus on spine care and rehabilitation. This rotation also offers in-depth training in spine injections and electrodiagnostic studies. In addition, the resident spends time rotating in Orthopedic Clinics and Prosthetic and Orthotic Clinics during the rotation.

### VA Ward

This rotation is a mixture of inpatient rehabilitation management as well as outpatient PM&R clinics at a large VA medical center. During the rotation, the resident will gain exposure to a breadth of disorders that require rehabilitation services. There is ample opportunity in these settings for one-on-one interactions with faculty. The emphasis is on providing the highest quality clinical care and rehabilitation to disabled veterans.

### VA Clinic I

This outpatient experience includes rotations in PM&R stroke, spinal cord, amputee, and general rehabilitation clinics, as well as opportunities in Rheumatology Clinic. The resident also performs a large number of electrodiagnostic studies under direct attending supervision, and experience in cardiopulmonary rehabilitation is also included in this rotation. The senior VA clinic resident also serves as a resource and mentor to junior residents.

### VA Clinic II

This rotation also offers experience in a variety of outpatient rehabilitation clinics with an emphasis on training in electrodiagnosis. During this time, the resident has opportunity to perform electrodiagnostic studies with a number of different faculty from both PM&R and Neurology. Direct experience in musculoskeletal radiology and opportunities for direct observation in physical therapy, occupational therapy, and speech therapy, round out this training rotation.

### VA Consult

The resident on this service performs in-hospital consults at the VA Medical Center, as well as attending PM&R outpatient clinics. The rotation allows the resident to further develop their physical diagnosis and independent clinical decision-making skills. Valuable exposure to systems of care available to Veterans is also obtained.

### Salt Lake Regional Medical Center

This rotation provides experience, in inpatient and consultative rehabilitation care in a community hospital setting. The scope of practice seen is common to many community rehabilitation settings with an emphasis on orthopedic and stroke rehabilitation. In this setting, the resident is able to gain valuable experience working closely with allied health services as well as gaining an appreciation for the importance of strong communication among the rehabilitation team.

### Primary Children's Medical Center

The resident on this rotation experiences the entire scope of pediatric rehabilitation practice in a tertiary pediatric specialty medical center. The experience includes inpatient rehabilitation management, consultative services, and outpatient clinics. The outpatient clinic exposure includes PM&R clinics as well as other specialty clinics. In addition to developing pediatric rehabilitation skills and knowledge base, the resident on this rotation also gains an appreciation for organization and time management skills.