The Complete Medical Student

University of Utah School of Medicine
Class of 2016

Edward P. Junkins, Jr. M.D., M.P.H.
Associate Dean for Student Affairs
Associate Professor, Department of Pediatrics
Division of Pediatric Emergency Medicine

© 2012 University of Utah School of Medicine, Office of Student Affairs
Our Mission

• The University of Utah School of Medicine serves the people of Utah and beyond by continually improving individual and community health and quality of life. This is achieved through excellence in patient care, education, and research. Each is vital to our mission and each makes the others stronger.

- We provide compassionate care without compromise.
- We educate scientists and health care professionals for the future.
- We engage in research to advance knowledge and well-being.
This is Not College, You are a Professional!

• Everything you do matters
• Everything you do counts
• This is different…
This is Not College, It’s Your Job!

• Embarking on a career in a profession which requires high standards of ethical conduct and honesty

• It is expected that you will make a personal commitment

• Exemplify a standard of behavior as a student that will establish a firm foundation for future professional conduct and respect
A Model of Professionalism:
Elizabeth Blackwell 1889

“There is no career nobler than that of the physician. The progress and welfare of society is more intimately bound up with the prevailing tone and influence of the medical profession than with the status of any other class.”
“The practice of medicine is an art, not a trade; a calling, not a business; a calling in which your heart will be exercised equally with your head. Often the best part of your work will have nothing to do with potions and powders…”

William Osler, M.D.
What is Professionalism?

“…I know it when I see it…."

Medical Professionalism in the New Millennium: A Physician Charter

- Project of the American Board of Internal Medicine Foundation, American College of Physicians, European Federation of Internal Medicine
  - Preamble
  - Fundamental Principles
  - Physician Responsibilities

Annals of Internal Medicine. 5 February 2002 | Volume 136 Issue 3 | Pages 243-246
Professionalism is the Basis of Medicine's Contract with Society.

- It demands placing the interests of patients above those of the physician, setting and maintaining standards of competence and integrity, and providing expert advice to society on matters of health.
Professionalism is the Basis of Medicine's Contract with Society.

- The principles and responsibilities of medical professionalism must be clearly understood by both the profession and society.
- Essential to this contract is public trust in physicians, which depends on the integrity of both individual physicians and the whole profession.
Fundamental Principles

- *Principle of primacy of patient welfare.* This principle is based on a dedication to serving the interest of the patient. Altruism contributes to the trust that is central to the physician–patient relationship. Market forces, societal pressures, and administrative exigencies must not compromise this principle.
Fundamental Principles

- **Principle of patient autonomy.** Physicians must have respect for patient autonomy. Physicians must be honest with their patients and empower them to make informed decisions about their treatment. Patients' decisions about their care must be paramount, as long as those decisions are in keeping with ethical practice and do not lead to demands for inappropriate care.
Fundamental Principles

• *Principle of social justice*. The medical profession must promote justice in the health care system, including the fair distribution of health care resources. Physicians should work actively to eliminate discrimination in health care, whether based on race, gender, socioeconomic status, ethnicity, religion, or any other social category.
Aristotle
384 BC to 322 BC

“We are what we repeatedly do. Excellence then, is not an act, but a habit.”
Professionalism

• Attendance
• Attendant
• Attire
• Attitude
Attendance

• Mandatory
• Excused Absence Policy
• Grace Day
• Professional Development Day
• All curriculum activities
Education and Training

With a new curriculum, one of the most modern teaching facilities in the country, and world-class researchers, the University of Utah School of Medicine is one of the nation’s most competitive physician training programs. In addition, the school’s master’s and doctorate programs rank among the best in the country, giving students exposure to some of the nation’s leading clinicians and researchers.

Medical Degree Program
- Admissions
- Inclusion & Outreach
- Financial Aid
- International Medical Education
- Learning Resources
- Medical Education
- Student Affairs
- Professional Accountability & Assessment

Graduate Education & Other Degrees
- Doctorate of Philosophy (Ph.D.)
- Master of Philosophy (M.Phil.)
- Master of Physician Assistant Studies (M.P.A.S.)
- Master of Public Health
- Master of Statistics In Bio Statistics (M.Stat.)
- Master of Science In Public Health (M.S.P.H.)
- Master of Science (M.S.)
- Master of Clinical Investigation (M.C.I.)
- Bachelor of Science (B.S.)
- Bachelor of Arts (B.A.)
- Bachelor of University Studies (B.U.S.)
- Graduate Medical Education
Welcome to the University of Utah School of Medicine

Office of Student Affairs

The mission of the Office of Student Affairs at the University of Utah School of Medicine is to support and enhance the quality of student life, from matriculation to graduation, to ensure successful professional development.

Student Affairs provides a variety of services, including academic scheduling and record tracking, physical and mental wellness, financial aid, career counseling, residency preparation and professional development. In meeting student needs, the Office of Student Affairs oversees school-sponsored events such as Orientation, White Coat Ceremony, Career Day, Match Day, Celebration and Graduation.

What's Happening

Student Handbook 2011 - 2012

Upcoming Events

View Calendar

Join us on Facebook

Find us on Facebook

Sign up

Create an account or log in to see what your friends like.

University of Utah School of Medicine
REQUEST FOR EXCUSED ABSENCE/RESCHEDULED EXAM

Student To Complete:

Student Name/year in school: ___________________________ Date: __________

Activity/Exam to be Missed*: ___________________________

Scheduled Date(s) to be Missed: _________________________

Reason for Request: (check one)

☐ Presentation / Attendance at a Professional Meeting
☐ Death in the Immediate Family
☐ Serious Illness
☐ Birth of a Child
☐ Family Emergency
☐ Accident or Injury
☐ Other (explain)
Attention

• To the expectations of the curriculum
• Requirements of the School
• Tracking items:
  – Health Insurance
  – TB test
  – Flu shots
  – Student Affairs, PAA, OIO, Med Ed
Health Insurance

• Mandatory
• Audited over time in attendance
• Unexpected events can derail your studies and performance
ROPES Course Forms: 2016

• 25% completion rate!
Attire
Attitude

• Medical students are expected to consistently demonstrate professional behavior.

• Students will be evaluated on the following:
  – Honesty/integrity
  – Responsibility/reliability/accountability
  – Respect for others (e.g., colleagues, faculty, hospital and administrative staff)
  – Altruism
  – Empathy
  – Commitment to excellence
  – Respect for patients
Attitude

• These attitudes of professionalism could be observed at any time during Phase I, and beyond

• However, formal observations will be made during small group activities such as histology lab, cadaver lab, small groups in the medical arts, physical skills and integrated sessions
Honest, Respectful, Responsible

- Avoidance of any form of intellectual dishonesty
- Demonstration of respect for the rights and well being of others, including all members of the Medical School community
- Be responsible citizens
Do No Harm

• Comply with all university policies, local ordinances, and state and federal laws
• Avoid activities that harm the reputation of the University or its members
• Not engage in conduct that poses a danger or threat to others
Medical Student Code of Ethics

“The medical profession has long subscribed to a body of ethical statements developed primarily for the benefit of the patient. As a member of this profession, a physician must recognize responsibility not only to patients, but also to society, to other health professionals, and to self. As future physicians, students should adhere to the Code of Student Rights and Responsibilities (http://www.regulations.utah.edu/academics/6-400.html) and the Medical Student Code of Ethics below as standards of conduct, which define the essentials of honorable behavior for future physicians. Accordingly, academic policy extends to any case of alleged misconduct by a student in the School of Medicine whenever the alleged misconduct raises the question of the student’s suitability as a member of the medical profession.”
Medical Student Code of Ethics

“As a student at the University of Utah School of Medicine, I understand that it is a great privilege to study medicine. Over the course of my training, I will assume extraordinary responsibility for the health and well being of others. This undertaking requires that I uphold the highest standards of ethical and compassionate behavior. Accordingly, I have adopted the following statement of principles to guide me throughout my academic, clinical, and research work. I will strive to uphold both the spirit and the letter of this code in my years at the University of Utah School of Medicine and throughout my medical career.”
Medical Student Mistreatment Will Not be Tolerated

• Unacceptable behaviors include (but are not limited to):
  • Discrimination based on race, color, religion, national origin, sex, age, sexual orientation, disability, and veteran status
  • Sexual harassment, unwanted physical contact
  • Verbal abuse, profanity, or demeaning comments
  • Criticism which belittles, embarrasses, or humiliates a student
  • Unreasonable requests for a student to perform personal services
  • Grading used to punish / reward a student for nonacademic activities rather than to evaluate performance
  • A pattern of intentional neglect or intentional lack of communication
  • Requiring students to perform tasks beyond their level of competency
  • Student work hour expectations that exceed resident work hour guidelines
Accountability

• If you feel you may have been subjected to abuse, illegal discrimination, harassment, or mistreatment of any kind, you have the right to seek remedy through any one of multiple options.

• The University of Utah will ensure that this process shall be free of retaliation.

• You have both informal and formal options available.

• Whenever possible, you are encouraged, but not required, to seek remedy at the most informal level which will adequately and appropriately address your concerns.
Accountability

• You may meet with the individual involved in the complaint and come to an informal mutually agreed upon resolution of the problem.

• You may meet with the Associate Dean of Student Affairs, or Professionalism, Accountability and Assessment, to formally or informally report an alleged infraction.

• Allegations of illegal discrimination or sexual harassment should be referred to the Office of Equal Opportunities and Affirmative Action (OEO/AA).
Accountability

- Concerns for retaliation or desire for anonymity
- Who can you approach?
  - Student Officer
  - Faculty member outside of the Deans Office
  - Education Deans
  - Dean of the School of Medicine
  - Other
Communication

• Email: john.doe@hsc.utah.edu
• Websites
• Social Media
• Curriculum platforms: WebCT
• Class meetings
• Town hall meetings
• Student Body Officers/class officers
Performance

Percent Scores
Grading Period: Immunology - PATH 6000, Final Grades.
This is Not College…You Will Fail!

- “I have not failed. I've just found 10,000 ways that won't work.”
  – Thomas Edison (1847-1931) American inventor.
- “Our greatest glory is not in never falling, but in rising every time we fall.”
- “Failure is nature's plan to prepare you for great responsibilities.”
Feedback

- Feedback is a necessary part of the educational process.

- When students fail to meet educational standards, appropriate constructive comments are necessary.

  An evaluation that is painful is not, by definition, abusive.

- However, feedback should be given in such a way as to promote learning, and avoid student humiliation.
Picking up the Pieces: Support

• Teaching faculty
• Deans Office
  – Student Affairs
  – Professionalism, Accountability, Assessment
  – Learning Resource Center
  – Wellness Program
  – Mental Health Counseling
• Mentors
• Students
Remember Who You Are

- Artists
- Athletes
- Poets
- Musicians
- Parents
- Partners
- Activists
- Travelers
- Writers
- Gourmet Chefs
- Coaches
- Engineers
- Electricians
- Mechanics
- Business owners
- Inventors
Opportunities

• Volunteer opportunities / Service learning
  – Office of Inclusion and Outreach
• Research
  – Clinical, bench
  – Technology development
• Physician Shadowing
• Combined Degrees
Dual Degree Programs

• MD / MPH, MSPH
  http://medicine.utah.edu/programs/phd.htm

• MD / PhD
  http://medicine.utah.edu/dfpm/DivisionPH/index.htm
University of Utah School of Medicine

Doctorate of Philosophy (Ph.D.)

Medicine Home → Other Degree Programs → Doctorate of Philosophy (Ph.D.)

The University of Utah School of Medicine offers Doctorate of Philosophy (Ph.D.) degrees in the following academic departments:

- Department of Biomedical Informatics
- Department of Biochemistry
- Department of Family and Preventive Medicine
- Department of Human Genetics
- Department of Neurobiology and Anatomy
- Department of Oncological Sciences
- Department of Pathology
- Department of Physiology
- Neuroscience Program
Division of Public Health

The Community is our Patient

The Mission of the Division of Public Health is to advance the scholarship of promoting and protecting the health of communities in Utah and around the globe.

We research...

- The causes and risk factors of disease
- Effective methods of prevention
- Health services and how they work.
- Ways to implement this knowledge in public health and health service delivery.

We educate ......

- Dedicated individuals who serve the public's health in government, non-profit and private organizations, and academia
- Current and future health professionals to practice medicine in the community

© 2012 University of Utah School of Medicine, Office of Student Affairs
March 2016

• Is it too early to think about the Match?
Main Residency Match
Active Applicants

2000 2001 2002 2003 2004 2005 2006 2007 2008 2009

US Seniors US Physicians US IMGs IMGs Osteopaths Others

40,000 registrants
Factors Rated by Program Directors as Important in *Ranking* Applicants

<table>
<thead>
<tr>
<th>Factor</th>
<th>Importance Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interpersonal skills exhibited during interview</td>
<td>4.3</td>
</tr>
<tr>
<td>Applicant was flagged with NRMP Match violation</td>
<td>4.3</td>
</tr>
<tr>
<td>Interactions with faculty during interview</td>
<td>4.3</td>
</tr>
<tr>
<td>Evidence of professionalism exhibited during interview</td>
<td>4.2</td>
</tr>
<tr>
<td>Interactions with housestaff during interview</td>
<td>4.2</td>
</tr>
<tr>
<td>Feedback from current residents</td>
<td>4.3</td>
</tr>
<tr>
<td>Perceived commitment to specialty</td>
<td>4.3</td>
</tr>
<tr>
<td>Grades in clerkship in desired specialty</td>
<td>4.0</td>
</tr>
<tr>
<td>Letters of recommendation (clerkship director)</td>
<td>3.9</td>
</tr>
<tr>
<td>Letters of recommendation (colleague in specialty)</td>
<td>3.8</td>
</tr>
<tr>
<td>Gaps in medical education</td>
<td>3.8</td>
</tr>
<tr>
<td>Grades in required clerkships</td>
<td>3.8</td>
</tr>
<tr>
<td>USMLE/COMLEX Step 1 score</td>
<td>3.8</td>
</tr>
<tr>
<td>Leadership qualities exhibited during interview</td>
<td>3.8</td>
</tr>
<tr>
<td>Letters of recommendation (department Chair)</td>
<td>3.8</td>
</tr>
<tr>
<td>Medical Student Performance Evaluation (MSPE)</td>
<td>3.8</td>
</tr>
<tr>
<td>Honors in clerkship in desired specialty</td>
<td>3.8</td>
</tr>
<tr>
<td>Graduate of U.S. allopathic medical school</td>
<td>3.8</td>
</tr>
<tr>
<td>Honors in clinical clerkships</td>
<td>3.7</td>
</tr>
<tr>
<td>Class ranking/quartile</td>
<td>3.7</td>
</tr>
<tr>
<td>Perceived interest in program</td>
<td>3.7</td>
</tr>
<tr>
<td>Personal prior knowledge of the applicant</td>
<td>3.6</td>
</tr>
</tbody>
</table>

Scale ranged from 1 (not at all important) to 5 (very important).

Source: NRMP 2008 Program Survey

© 2012 University of Utah School of Medicine, Office of Student Affairs
Success in the Match

- Do your best at all times
- Remember that everything matters
- Get to know your mentors, teaching faculty, clerkship directors and faculty advisors
- Learn from your evaluations
- Get involved with your community
- Follow a program (e.g. Student Affairs, specialty)
- Be organized
You Will Succeed!

• Work hard
• Work consistently
• Maintain perspective
• Maintain a sense of humor