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Approved for 2010-2011

ROTATION DESCRIPTION
Physical Medicine and Rehabilitation
University of Utah

University Red Service
This rotation encompasses the breadth of inpatient rehabilitation diagnosis, with an emphasis on stroke rehabilitation. There is a close collaboration with the Department of Neurology and the acute care Stroke team which allows integrated rehabilitation care from the time of diagnosis through long-term follow-up. One half day per week is spent in the Stroke Rehabilitation Outpatient Clinic.

University Green Service
This service provides care for individuals with spinal cord injury from within the Salt Lake Valley as well as the entire Intermountain West region. This rotation provides the resident with an in-depth experience in Spinal Cord Injury Medicine from the acute care setting in a Level I Trauma Center, to management in a long-term acute care facility. During the rotation, the resident will also gain experience in the rehabilitation management of individuals with other orthopedic conditions including spinal decompression and fusion, and joint replacement.

University Blue Service
This rotation emphasizes both the rehabilitation and medical management of individuals following traumatic brain injury. In addition, the resident will gain exposure to patients with brain tumors and degenerative neurologic disorders. Topic areas such as amputee rehabilitation, orthopedic rehabilitation, and practice-based learning are also covered.

University Consult Service
The resident on this service learns to evaluate and triage individuals with a wide spectrum of diagnoses that require rehabilitation services in a Level I Trauma Center. The rotation focuses on the rehabilitation management of patients while in the acute care setting and developing a working knowledge of post-acute care options for individuals at the time of hospital discharge. The resident works closely with allied health services, referring services including Orthopedics, Neurology, Neurosurgery, and Trauma as well as the rehabilitation admissions team during this rotation.

University Clinic I
This rotation offers experience in the management of individuals with various acute and chronic musculoskeletal conditions. The emphasis is on Sports Medicine and obtaining a solid understanding of the biomechanical principles that lead to over-use syndromes and injury. During the rotation, the resident is also provided ample opportunity for hands-on experience performing electrodiagnostic studies and fluoroscopically-guided spinal procedures. Peripheral joint injection experience is also obtained.

University Clinic II
The resident on this rotation gains experience with a wide variety of acute and chronic musculoskeletal conditions with a focus on spine care and rehabilitation. This rotation also offers in-depth training in spine injections and electrodiagnostic studies. In addition, the resident spends time rotating in Prosthetic and Orthotic Clinics during the rotation.
University Clinic III
The resident on this rotation will obtain a comprehensive training experience in the PM&R neurorehabilitation outpatient clinic in a university medical center setting. Rotation will specifically focus on the rehabilitation management of individuals with spinal cord injury, stroke, TBI, and other neurological and orthopedic conditions.

VA Inpatient
This rotation is a mixture of inpatient rehabilitation management as well as performing in-hospital consults at a large VA medical center. During the rotation, the resident will gain exposure to a breadth of disorders that require rehabilitation services. There is ample opportunity in these settings for one-on-one interactions with faculty. The emphasis is on providing the highest quality clinical care and rehabilitation to disabled veterans. Opportunities for direct observation in physical therapy, occupational therapy, and speech therapy, round out this training rotation.

VA Clinic I
This outpatient experience includes rotations in PM&R stroke, spinal cord, amputee, and general rehabilitation clinics. The resident also performs a large number of electrodiagnostic studies under direct attending supervision, and experience in cardiopulmonary rehabilitation and the muscular dystrophy clinic is also included in this rotation. Valuable exposure to systems of care available to Veterans is obtained.

VA Clinic 2
The resident on this service attends PM&R outpatient clinics with an emphasis on Polytrauma. The rotation allows the resident to further develop their physical diagnosis and independent clinical decision-making skills. The resident also participates in the prosthetic and orthotic clinics and performs electrodiagnostic studies. Valuable exposure to systems of care available to Veterans is also obtained.

VA EMG
This rotation also offers experience in a variety of outpatient rehabilitation clinics with an emphasis on training in electrodiagnosis. During this time, the resident has opportunity to perform electrodiagnostic studies with a number of different faculty from both PM&R and Neurology. Direct experience in musculoskeletal radiology is provided on this rotation.

VA Supervisor
This rotation provides the opportunity for a senior level resident to provide oversight and supervision to the more junior resident on the inpatient service at the VA. The supervisory resident also provides supervision and instruction to more junior residents in the outpatient clinics and in the performance of electrodiagnostic studies. The resident on this rotation also participates in general orthopedic and the orthopedic hand clinics. This rotation also provides the resident with academic time for research and scholarly activity.

Salt Lake Regional Medical Center
This rotation provides experience, in inpatient and consultative rehabilitation care in a community hospital setting. The scope of practice seen is common to many community rehabilitation settings with an emphasis on orthopedic, geriatric, and stroke rehabilitation. In this setting, the resident is able to gain valuable experience working closely with allied health services as well as gaining an appreciation for the importance of strong communication among the rehabilitation team. This rotation also covers the administrative aspects of providing medical care in a community setting and various aspects of medical directorship.

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Primary Children’s Medical Center
The resident on this rotation experiences the entire scope of pediatric rehabilitation practice in a tertiary pediatric specialty medical center. The experience includes inpatient rehabilitation management, consultative services, and outpatient clinics. The outpatient clinic exposure includes PM&R clinics as well as other specialty clinics. In addition to developing pediatric rehabilitation skills and knowledge base, the resident on this rotation also gains an appreciation for organization leadership, and time management skills.