January 31, 2019

Dear Colleagues,

As we prepared to release our quarterly newsletter, it is with great sadness that we learned of the passing of one of our first year family medicine residents, Sarah Hawley.

Dr. Hawley started her residency in summer of 2018. She was a member of the clinical team at the Madsen Family Clinic. It was a pleasure to have Dr. Hawley as part of the Department of Family & Preventive Medicine where she offered compassionate care to her patients, built a network of friends with co-workers, and had an intellectual curiosity for the discipline of family medicine. Our department and community have lost a kind and caring soul. Our deepest condolences go to family, friends, and those that knew Dr. Hawley.

During this time of loss and grief, I have had the opportunity to watch a remarkable act of humanity as our fellow colleagues from both inside and outside our department have reached out to each other for comfort and support. Our own residents have stepped up to cover rotations for each other to allow Dr. Hawley’s residency classmates the time they need to process this sad news. From everywhere on campus and throughout our community people have offered their condolences and support in a multitude of ways. For these amazing acts of kindness, I am forever grateful to each of you.

As we continue the grieving and healing process, I hope that each of you will think of the compassion and enthusiasm that Dr. Hawley had in her practice and continue to show that in your work and to your colleagues in Dr. Hawley’s memory.

We are working with Dr. Hawley’s family and other members across the university to plan a memorial service to honor Dr. Hawley’s life and contributions. We are also working to set up a site in which people can donate in her name to organizations whose cause she passionately supported, as well as, another organization Dr. Hawley’s parents have identified. One other aspect we are looking into is setting up an annual lecture series in her honor on topics that Dr. Hawley was passionate about. As we continue to get more information on all of these initiatives, we will provide up to date communications through multiple channels.

I know many of you have asked what can you do during this time of grief and sorrow, and I ask you to continue to do what you are doing and be there for your fellow colleagues and friends. My thoughts of comfort to each of you during this time.

Kola

Chair's Corner
We extend a warm welcome to our readers of the Department of Family and Preventive Medicine newsletter. The Department of Family and Preventive Medicine was founded in 1970, making it one of the oldest and most established family medicine departments in the country.

The department houses the Divisions of Family Medicine, Physician Assistant Studies, Public Health, and Occupational and Environmental Health, each of which upholds the department’s values and mission of improving health in communities across the world.
DEPARTMENT VISION

Expanding the Possibilities of Health
The Department of Family and Preventive Medicine

EDUCATE
Discovering and addressing what optimizes health

DISCOVER
Increasing evidence based practice

INCREASE
Improving access to care and prevention

IMPROVE
Promoting wellness as the foundation of health

PROMOTE
Welcome!

We would like to welcome all of those who joined the department during October - December 2018. We are excited to continue to get to know you and have you as part of our team. Welcome!

Rayne LODER
Division of Physician Assistant Studies

Rayne Loder, MHS, PA-C is an Assistant Professor in the Division of Physician Assistant Studies. She is a member of the didactic faculty at the St. George campus. She comes to Utah from New Hampshire, where she practiced as an emergency medicine physician assistant.

She received her bachelor’s degree in biology from Lebanon Valley College and her master’s degree in health science from Lock Haven University. Her professional interests include rural practice environments and wilderness medicine.

In her free time, she enjoys exploring the world with her husband and daughter.

Stacey BOARD
Department Administration

Stacey is an Administrative Assistant for the Department of Family and Preventive Medicine.

She provides administrative support to the Interim Chief, as well as support for department scheduling, travel, procurements and payments.

She has worked at the University of Utah since 2008.

Bryce HERRERA
Division of Family Medicine

Bryce Herrera is working in the Division of Family Medicine as a Clinical Social Worker.

Rayne Loder, MHS, PA-C is an Assistant Professor in the Division of Physician Assistant Studies. She is a member of the didactic faculty at the St. George campus. She comes to Utah from New Hampshire, where she practiced as an emergency medicine physician assistant.

She received her bachelor’s degree in biology from Lebanon Valley College and her master’s degree in health science from Lock Haven University. Her professional interests include rural practice environments and wilderness medicine.

In her free time, she enjoys exploring the world with her husband and daughter.

Bryce Herrera is working in the Division of Family Medicine as a Clinical Social Worker.

Candice KIDD
Department Administration

Candice Kidd, will serve as a new Accountant in Central Administration.

Candice will be working on both post-award research accounting as well as general accounting and budgeting work. She is originally from California and holds a Bachelor of Science in Business Administration/Accounting from California State Polytechnic University, Pomona and is currently pursuing her MBA at Weber State University.

Candice has worked at the University for the past 7 years, recently serving as an accountant for Huntsman Cancer Institute Clinical Trials Department.

Vibha KOLUKULA
Department Administration

Vibha, an aspirant of data analytics and information systems, is helping the department in trouble-shooting IT issues and working closely with the team in addressing technical concerns.

She is currently pursuing an MS in Information Systems at University of Utah. Previously she completed her Bachelors in Engineering and PG Diploma in Cyber Security. She has also worked as System Analysts for four years and has several industrial certifications.

Layla LINCOLN
Division of Public Health

Layla is a Research Assistant/Analyst working in the Behavioral Sleep Medicine Laboratory.

Her responsibilities include IRB submissions, participant recruitment, enrollment and tracking, data collection, and purchasing for the lab. Layla has 8 years of experience working in research.

Layla received her B.A. in Psychology from the University of Texas at Austin.
We want to extend a big thank you to everyone that in any way contributed to and helped with latest issue of the department newsletter!
The Department of Family and Preventive Medicine includes highly motivated faculty, staff, and students.

The dedication and accomplishments of many individuals are recognized in the awards and grants.

We have highlighted a few of their accomplishments and congratulate everyone.

2018 PAEA Don Pedersen Research Grant Winners
By: Trenton Honda, PhD, MMS, PA-C

Of the three national PAEA grants, which were open to all 236 accredited PA programs across the country, two were won by UPAP faculty and staff. Importantly, these grants represent three of the four annual Physician Assistant Education Association grants, and the fact that University of Utah won two will be broadcast across the nation to all of our peers in PA education, making them particularly impactful in terms of our national reputation as a center for excellence in PA education.

The projects both address important and novel questions in PA education and workforce as follows:

Darin Ryujin, PI, Doris Dalton, Co-I, Trent Honda, Co-I: Impact of Implicit Association Test on Under-represented Minority Admissions in Physician Assistant Programs

Virginia Valentín, PI: The Effect of State Scope of Practice Laws on Physician Assistant Wages: An Analysis of United States Data from 2007-2017

We congratulate Dr. Charles R. Rogers, PhD, MPH, MS, CHES®, tenure-track Assistant Professor in the Department of Family and Preventive Medicine at the University of Utah School of Medicine, on his recent K01 Mentored Research Scientist Development Award to Promote Diversity from the National Cancer Institute. The award of nearly $900,000 over five years will support research and integrated training. The K01 project is entitled, “Developing a Barbershop-Based Trial on Masculinity Barriers to Care and Colorectal Cancer Screening Uptake among African-American Men using a Mixed Methods Approach.”

Since the announcement of his award, Dr. Rogers and his research has been featured in several venues, such as NPR, Visite 2018, Elsevier, the 2018 Fall edition of Beyond Blue magazine, and HCI’s Circle for Hope Blog, to highlight a few. We congratulate Dr. Rogers on his great accomplishments and are looking forward to seeing his success continue to flourish.

PA Representation at PA Conference
By: Trenton Honda, PhD, MMS, PA-C

At the 2018 Physician Assistant Education Association Annual Forum, which was held in Anaheim, California on October 22-27, the University Utah Division of Physician Assistant Studies faculty and staff were strongly represented among the 236 nationally accredited PA programs.

Approximately 18 percent of preconference workshops were taught in part by University of Utah PA Division faculty. Approximately 8 percent of all conference presentations, workshops, and posters were authored, co-authored, or presented by Utah PA Division faculty and staff.

Congratulations to the Physician Assistant Studies staff and faculty for all of your hard work.

USAID Awards
$750,000 to University of Utah to Establish an Institute for Community Health Development at the Ensign College
By: Elizabeth Rabon

The U.S. Agency for International Development (USAID) awarded $750,000 to the University of Utah (Principal Investigator: Prof. Stephen Alder, PhD) to construct and establish an Institute for Community Health Development at the Ensign College of Public Health in Kpong, Ghana.

The institute will be a center for creating and implementing community-based health development training, as well as educational and community-engaged research programs. The proposed institute will house programs such as Health 2 Go, a community-based primary health care training program for community health workers; a Water, Sanitation and Hygiene (WASH) Innovation Park for developing and implementing community-based research and training projects; and various learning institutes.

This project will strengthen and expand innovative health programming on a premier graduate school campus.
Dr. Valentin Published on National Academy of Medicine Website

Dr. Virginia Valentin, DrPH, PA-C, along with her peers, recently had an article titled, “Burnout and Job and Career Satisfaction in the Physician Assistant Profession: A Review of the Literature,” published on the National Academy of Medicine website.

The physician assistant profession has evolved from one focused exclusively on primary care to one that is now critical to many health care teams. Similar to physicians, nurses, and other health care professionals, current research suggests that physician assistants experience burnout. However, we currently lack an adequate understanding of the causes of burnout or career satisfaction for physician assistants.

Specialty flexibility and a short training duration are attractive aspects of the PA profession, but longitudinal studies are needed to understand how the unique characteristics of the PA profession protect against or contribute to burnout and well-being. A comprehensive literature review from the National Academy of Medicine summarizes what research currently tells us and identifies future research priorities. It’s time to take care of those who take care of us. Click HERE to read the article and see all of the hard work that Dr. Valentin and her colleagues have been doing.

BCSP Foundation Scholarship Award

Congratulations to Derek Sandberg in the Division of Occupational and Environmental Health on being selected as a recipient of the Board of Certified Safety Professionals (BCSP) Foundation 2018 QAP/GSP Student Scholarship.

In order to secure this award, Derek had to demonstrate excellence in academic performance along with a commitment to advancing the field of safety as an up-and-coming professional. Congratulations on this prestigious award, Derek.

Dr. Ose Announced as One of the 2019 VPCAT Scholars

Dr. Dominik Ose, DrPH, MPH, Research Assistant Professor in the Division of Family Medicine in the Department of Family and Preventive Medicine, was announced as one of the 2019 Vice President’s Clinical & Translational Research Scholars, along with 21 others.

The Vice President’s Clinical & Translational (VPCAT) Research Scholars Program has been designed to offer intensive mentorship and support to junior faculty in the University of Utah Health Sciences committed to careers in clinical or translational research.

VPCAT Research Scholars are selected through a competitive application process each fall; accepted scholars participate in a two-year program designed to provide leadership competencies and develop the essential research knowledge and practical skills to be an effective clinical or translational researcher.

We congratulate Dr. Ose on this great accomplishment and wish him the best of luck throughout the next two years.

Dr. Susan Pohl New UUMG Appointment

Congratulations to Dr. Susan Pohl, MD, FAAP, on her recent appointment to the UUMG Board of Directors.

The University of Utah Medical Group is one of the largest academic practices in the country, representing more than 1,400 physicians, as well as social workers, advanced practice clinicians, physical therapists, and others who make up the clinical practices of the academic faculty. We know that Dr. Pohl will be a great asset to the board and the Medical Group throughout her term.

Recognition can give you a tremendous amount of encouragement to keep getting better, no matter how young or old you are.

- Alan Alda
Publications & Presentations

We are proud to be part of a department where many of our faculty, staff, and students are involved in a variety of research projects.

The list of publications and presentations dating back to January 2018 is now available for viewing on both the DEPARTMENT INTRANET and DEPARTMENT WEBSITE.

We want to thank Melissa Pringle for the time she spent gathering and organizing the presentations and publications and look forward to seeing more.

Did we miss an important event? Would you like to feature your awards, research, and more?

Please email Kristen Steiner at kristen.steiner@hsc.utah.edu for future newsletter submissions.
Staff and faculty from across the University of Utah met together for an all-day training on mentor training and how to better their skills. The training is a process-based training designed to help research mentors maximize the effectiveness of their mentoring relationships by providing mentors with an intellectual framework, an opportunity to experiment with various methods, and a format in which to solve mentoring dilemmas. The evidence-based curriculum was developed by the University of Wisconsin-Madison and the National Research Mentoring Network (NRMN).

The training covered themes related to research mentoring relationships such as, aligning expectations, addressing equity and inclusion, assessing understanding, cultivating ethical behavior, fostering independence, and more.

Research Mentor Training
October 2, 2019

The department’s four divisions include individuals who create opportunities to connect us all. We are highlighting some of the events and projects that department members have been involved with over the past few months.

October 2018 - December 2018

Research Mentor Training
October 2, 2019

Utah AHEC Scholars Dinner
October 4, 2018

The Utah Area Health Education Centers (AHEC) held their first annual Utah AHEC Scholars Mentor Dinner to introduce the new Utah AHEC Scholars program at the Thomas S. Monson Center on Oct. 4.

“It is amazing to see so many new and excited faces in our first ever scholars program,” said Dr. Michael Magill, MD, AHEC Executive Director.

The AHEC Scholars Program is a two-year program for health profession students interested in addressing underserved urban and rural health needs in transformed health systems. The first cohort of 84 scholars came from across the state of Utah for a mentor dinner with professors and mentors from various backgrounds for a program kick-off. They were also able to attend the third annual Primary Care Summit with stakeholders from across the state to discuss primary care health concerns in Utah.

The AHEC Scholars program includes students from nine different educational programs from the University of Utah, Weber State University and Dixie State University.

The cohort consists of a variety of students in different health fields, all with distinct backgrounds. A total of 23.8 percent of the program identifies as a minority race, 52.3 percent identify as coming from a disadvantage population, and 71.1 percent of fellows identify as female, for a group that is an excellent representation of diversity.

Over the course of the rest of the program, AHEC Scholars will supplement their educational programs with various activities and events that focus on the six core topics. This will help prepare AHEC Scholars to partner with other health professionals to addressing critical population health issues, provide high quality services and care in transformed health systems, and meet the health needs in Utah’s underserved urban and rural populations.

Utah AHEC Scholars Dinner
October 4, 2018

Utah AHEC Primary Care Summit
October 5, 2018

The Utah Area Health Education Centers (AHEC) held its Third Annual Primary Care Summit on Friday, Oct. 5 in the Scholarship Room at the Rice Eccles Stadium Tower from 8:30 a.m. to 3:30 p.m.

This one-day event was a great opportunity for a broad set of stakeholders to come together and discuss primary care solutions to Utah’s priority health concerns. Stakeholders included individuals in health systems, policy makers, higher education, public health, and community-based organizations who are dedicated to enhancing primary care in Utah.

“It is a very exciting time to be in primary care,” said John Barrett, MD, Executive Medical Director of the University of Utah Health Community Physicians Group.

The conference began with updates from the past year regarding a HRSA training grant, oral health in primary care, and an up-and-coming collaboration between Utah AHEC, IBM Health Corps, and the Utah Medical Education Council. Attendees were then able to hear about a needs assessment on Utah primary care and diversity in Utah’s health care work force.

The remainder of the day was spent listening to and participating in panel discussions regarding primary care strategies in Utah health systems and Utah health care policy. Panel members included influential members of Utah health care such as Mark Greenwood, MD, Medical Director for the Family Medicine Service Line in the Intermountain Medical Group; Christopher Steen, MBA, FACHE, Chief Operating Officer of Revere Health; and legislative members such as Representative Rebecca Chavez-Houck; Representative Robert Spendlove, MPA; and more.

Utah AHEC also introduced their inaugural of preceptor awards. These awards were given to ten individuals across the state who have made a difference in primary care and health care education.
Dr. Cynthia Maung from the Mae Tao Clinic Thai Burma border, and recent awardee of the 2018 Roux Prize, during what was her first visit to the US, toured the South Main clinic with the Division of Physician Assistant Studies faculty and staff.

The PA Division has worked with Dr. Cynthia since 2004 with the Thailand Elective, currently run by Dan Crouse PA-C, MPAS. In 2008, Don Pedersen, PhD, PA, Kathy Pedersen, PA-C, MPAS, and the Thai in county coordinator, Noi Barker, took the UU Neighborhood Partners (social work, research, occupational therapy, educators) to the Thai Burma border refugee camp and services to help prepare for the influx of Burmese refugees to Salt Lake City, UT.

Dr. Maung developed training programs for various healthcare workers to serve the Karen people escaping from Burma. One of these healthcare professionals is the “medic,” which is analogous to the US Physician Assistant. This June 2019, the Mae Tao Clinic will celebrate 30 years of service. For 14 of those years, the DFPM PA Division has worked closely with the clinic, and in addition to their 30 year anniversary, June will present the next PA Thailand Elective.

We were delighted to host Dr. Michael Good, MD, Senior Vice President for Health Sciences, CEO of University of Utah Health, and Executive Dean of the U’s School of Medicine, at the October Faculty Meeting. He presented his hopes and visions for his new position and shared how proud he was to call himself a Ute. We look forward to the many things to come from Dr. Good in his new position.

This lecture was created to honor David N. Sundwall,” Dr. Shoaf said. “He has been here a few years and has been influential to the University, our department, and the field of Public Health.”

It was then time for Dr. Morabia to present his lecture, which was based entirely on the last year’s circulation of themes in the American Journal of Public Health issues, how they come to be, and why these particular issues are address in each publication.

The lecture was concluded with a question and answer section that allowed attendees to ask Dr. Morabia about public health issues, the AJPH magazine, and much more.

The evening began with hors d’oeuvres and a social hour, which allowed attendees to mingle with one another, meet Dr. Morabia, and discuss matters on public health.

Throughout the past years, it has been noted that primary care as a proportion of total care has been decreasing. Specific primary care needs are not being met and there are not enough primary care workers to fulfill those needs. According to the Association of American Medical Colleges, by 2030, there could potentially be a shortage of more than 43,000 primary care physicians in the US alone.

Over the past year and a half, AHEC and UMEC have been gathering data and working on several moving parts to identify primary care needs within the field and a solution to the ever evolving problem of primary care shortages.
After a competitive process, AHE and UMEC were chosen to work with an on-site IBM Health Corps team one on one. Together, the teams began collaborating on a new model that would help optimize primary care in the state of Utah.

The new tool, which is on track to be fully functional within the next three years, could compare the current and ideal health care needs within towns and even countries, based on a number of statistical indicators. It will, however, need more data to make it more effective.

After three weeks of working together, the IBM Health Corps team left the newly developed tool in the hands of UMEC where it will continue to have data added and be fine-tuned for optimal use over the coming years.

The annual 2018 Department Holiday Party was held at Caputo’s Market and Deli and was a success. It was an evening of laughing, conversing, and spending time together to relax and celebrate the year’s accomplishments.

We thank everyone who was able to attend and give a special thanks to those who helped plan such a spectacular event. If you would like to view photos from the event, visit the department Facebook page or click HERE.

The Division of Public Health Career Fair was held in classroom 105 at the Department of Family and Preventive Medicine. Local agencies such as ARUP Lab, Huntsman Cancer Institute, HealthINSight, Utah Department of Health Bureau of Health Promotion, and gathered to meet with public health students and provide information about job opportunities and internships. A big thanks to all who attended, participated, and helped make this event possible.

The School of Medicine Alumni Association (SOMAA) has, for many years, asked physician alumni to sponsor new Littman Cardio IV stethoscopes for the incoming medical students, to be given during their Stethoscope Ceremony. The SOMAA had additional stethoscopes this year, and voted to donate to the PA Program’s Stethoscope Ceremony. This ceremony occurs during orientation week each May.

The PA Program just selected its 2019 incoming class - Class 50 - in an extensive process that included 33 interviews, 167 candidates, 322 one-on-one interviews, and more. The PA Division looks forward to the new incoming class, the donation from the SOMAA, and its celebration of 50 years in fall of 2020, in conjunction with the SOMAA Alumni Weekend.

The 2018 Vitae Event was held on December 13, 2018 at the Gesteland-White Auditorium in the Eccles Institute of Human Genetics.

Vitae is an annual event sponsored by the Office of the Senior Vice President for Health Sciences Research and the Office of Academic Affairs and Faculty Development that recognizes six junior research faculty at the University who have received acclaim for their research contributions, whether through significant grant funding, highly visible publications, national or international awards, or other media publicity.

Dr. Charles Rogers, PhD, MPH, MS, CHES, Assistant Professor in the Division of Public Health, was one of the six faculty presenters at the 2018 Vitae Event. Click the video below to watch his presentation. If you wish to see more of the event and the other presentations, please click HERE.

The only way to do great work is to love what you do.

-Steve Jobs
Do you have an upcoming event you would like highlighted in the newsletter? Please send the details to kristen.steiner@hsc.utah.edu.

Upcoming Events

Education, Research, and Community Engagement Summit Abstracts Due
February 15
Submit HERE

Education, Research, and Community Engagement Summit
April 15
University of Utah Alumni House

PrEP Event
June 13 - 15
Salt Lake Community College
Click HERE for more information

Software of the Quarter

Did you know that as university employees we get access to a myriad of softwares? Each quarter we are going to be highlighting a new software and we are starting with LucidChart.

Lucidchart provides an intuitive and collaborative diagramming solution for your entire organization. You can create diagrams, collaborate anytime from anywhere, and retrieve data instantly. 96 percent of Fortune 500 companies use LucidChart.

To learn more or download LucidChart, please visit software.utah.edu.

Contact the department IT Team today!
Hotline: 801.581.7144 | Email: dfpm-it@lists.utah.edu

Need additional IT Support?
Visit the Computer Support page on the Department Intranet Page
Dr. Pohl (Susan Pohl, MD) is AMAZING! She is very experienced and knowledgeable. She was so patient that she even tried to understand the test results I brought from China, but most importantly, Dr. Pohl respects my culture and lets me make decisions for my own health. I’m from China and know a little bit about acupuncture and eastern healing methods. Dr. Pohl informs me of the Western medical information that I don’t know but does not make me feel judged, criticized, or forced to do things that I am not comfortable with. That means so much to me!

Dr. Pohl encourages me to do things that work for me. She is just amazing! I rarely write any reviews but I have to write this one because I love Dr. Pohl! I feel super grateful to have her as my primary care provider. I have faith in her taking care of my health and will recommend her to anyone (I only hope the waiting time is not that long although she is totally worth the waiting)."

- Patient comment for Madsen Family Health Center

“I currently live in St. George, but continue to retain Malea Satterwhite, PA-C, as my primary care provider. She’s interested in me, my health/wellness, responds timely to questions on the MyChart, listens, gives helpful feedback/advice, and is knowledgeable. I’m so pleased with her and trust her to provide competent primary care. Many health care professionals discount older people. I’m 74 years old and haven’t found that to be the case at all with Malea Satterwhite.”

- Patient comment for Sugarhouse Health Center

Every time I go to the U for health care, whether it be at Sugarhouse or Madsen, I am blown away at the care providers who listen, explain, and talk to patients with compassion and understanding. I currently have Select health insurance, but I still chose to go to the U and pay cash because of the ease of scheduling, getting answers about billing, and then the absolutely top level service from Dr. Van Hala (Sonja Van Hala, MD, MPH), whom I had never seen before.”

- Patient comment for Sugarhouse Health Center