In July 2019, Physician Assistant students in St. George and Salt Lake gave poster presentations of their research.

read more on page 12
Dear Colleagues,

As you look through the pages of this quarter’s newsletter, I ask that you think of how we connect to one another and to those in our community. We are a group of individuals dedicated to a vision of expanding the possibilities of health in the work we do, but through this work we connect. We link together to communicate, share ideas, provide support, and create solutions that not only make the Department of Family & Preventive Medicine a great place to work and learn, but make our communities a great place to live.

Look at the events and accomplishments featured from the past quarter. We have partnered with colleagues near and far to create and write research that provides support and next steps in discoveries in science and health. We have held events to showcase our learners. We have worked together to promote the success of our colleagues and mentor them to their next great project. We have provided resources to the communities we work and live in. We have recognized those we work with for their contributions. We are a department of connections. It is a pleasure to look through these pages and recognize these connections and all the work that goes into maintaining them and continuing to make them stronger.

Some highlights of these connections include
- 17 number of grant proposals were submitted this month that included 35 faculty and staff throughout the department.
- Students in our Physician Assistant Programs worked with a faculty mentors and community partners to share research findings in two poster sessions.
- Members of the Centerville Clinic came together to celebrate the 4th of July with the community they serve.

And these are just three examples of the connections we make to one another and our communities. There are so many more in our everyday operations.

I ask that as we grow as a department each of you and those associated with our department make connections with one another and find ways to strengthen already established connections. As we look for ways to grow connections, we, as individuals and a department, will continue to grow, create, discover, and succeed.

Perhaps we could accomplish some of these things without our connections, but reflect on whether or not they would achieve the same level of success or have the same impact without these connections. As you read this newsletter, take pride in our connections, think of ways to strengthen existing connections and ways to create new ones.

I leave you with a quote from Sandra Day O’Connor that I believe represents the importance connections play throughout our life.

“We don’t accomplish anything in this world alone...and whatever happens is the result of the whole tapestry of one’s life and all the weavings of individual threads from one to another that creates something.” – Sandra Day O’Connor

Thank you to everyone for all the connections, time, and talent you provide to this department to make it shine. I am so proud to be part of a department and connected to so many that are passionate about the possibilities we have to create and connect.

Kola Obuwayeni
Chair’s Corner

November 1, 2019

DEPARTMENT VISION

Expanding the Possibilities of Health

The Department of Family and Preventive Medicine

EDUCATE

Educating health professionals from every community

DISCOVER

Discovering and addressing what optimizes health

INCREASE

Increasing evidence based practice

IMPROVE

Improving access to care and prevention

PROMOTE

Promoting wellness as the foundation of health
Welcome!

We would like to welcome all those who joined the department or changed roles during July - September 2019. We are excited to continue to get to know you and have you as part of our team.

faculty

JOSEPH A. ALLEN
Occupational & Environmental Health

KATHERINE HASTINGS
Family Medicine

JORDAN KNOX
Family Medicine

ELI MORENO
Family Medicine

DEVIN OWENS
Occupational & Environmental Health

FARES QEADAN
Public Health

A. BLAKE WATERS
Public Health

CHAZ WHITBECK
Physician Assistant Program

CAYLA SANELLI
Academic Coordinator

staff

JOSHUA CLAYTON
Administrative Manager

KARLA GALVAN
Grants/Contract Officer

AUTUMN HENSON
Biostatistician

JOSHUA CLAYTON
Administrative Manager

KARLA GALVAN
Grants/Contract Officer

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AUTUMN HENSON
Biostatistician

JOSHUA CLAYTON
Administrative Manager

KARLA GALVAN
Grants/Contract Officer

AUTUMN HENSON
Biostatistician
Recognitions

awards

ROOT FOR KIDS OUTSTANDING HEALTH PARTNER
Physician Assistant students and faculty joined Root for Kids for a Dental Hygiene Day and their 2nd annual Health Fair. As a result of this partnership, Root For Kids named the U’s Physician Assistant Program their Outstanding Health Partner.

TRAVEL SCHOLARSHIP
Amy Locke, MD, FAAFP was selected as a recipient for a travel scholarship for the 2019 AAMC Mid-Career Women Faculty Leadership Development Seminar.

TRAVEL AWARDS FOR POSTER PRESENTATION
Colin Riley, BSN, RN secured 4 travel awards for his poster presentation at the American Association for Cancer Research Conference on the Science of Cancer Health Disparities in Racial/Ethnic Minorities and the Medically Underserved in San Francisco, CA. Colin is a graduate research assistant working with Dr. Charles Rogers in Public Health.

appointments

GRADUATE MEDICAL EDUCATION COMMITTEE
Jennifer Mair
Jennifer will represent the Program Coordinator/Manager Community on the Committee.

CHAIR, ACADEMIC SENATE COMMITTEE ON ACADEMIC FREEDOM & FACULTY RIGHTS
Nadia Cobb, PA-C, MS
The committee oversees academic freedom and faculty rights in higher education, surveys problems of academic freedom and faculty rights at the University of Utah, and informs the Senate on these matters.

SCHOOL OF MEDICINE COLLEGE COUNCIL
FACULTY SEATS
Christy Porucznik, PhD, MSPH
Joseph Stanford, MD, MSPH

DEPARTMENT REPRESENTATIVE
Virginia Valentin, DRPH, PA-C
Drs. Porucznik and Stanford were selected to serve as two of the ten At-Large Tenure-Line faculty for the College Council of the School of Medicine, while Dr. Valentin was selected to represent the Department. The Council oversees School of Medicine policies and curricula, and advises University administration.

FORUM IMPACT AWARD GIVEN FOR EXCELLENT PRESENTATION
The Forum for Behavioral Science in Family Medicine has awarded Drs. Katherine Fortenberry, Sarah McCormick, and Ruben Tinajero a Forum Impact Award for their presentation, “Bridging Barriers to Care with a Robust Behavioral Health Group Program.” The presentation was selected from over 60 other presentations for the outstanding way it demonstrated the value of behavioral science in medical education.
Congratulations to the Madsen, Sugarhouse, Centerville, and South Main Family Medicine clinics. All four clinics received recognition by the National Committee for Quality Assurance as Patient-Centered Medical Home Programs.

The patient-centered medical home (PCMH) is a model of care that puts patients at the forefront of care. PCMHs build better relationships between patients and their clinical care teams. Research shows that PCMHs improve the quality of care, patient experience, and staff satisfaction while reducing health care costs. Practices that earn recognition have made a commitment to continuous quality improvement and a patient-centered approach to care. We appreciate the leadership and support provided by the Community Clinics Quality Team who have enabled us to reach this goal.

Events

July 2019 - September 2019

The department’s four divisions include individuals who create opportunities to connect us all. We are highlighting some of the events and projects that department members have been involved with over the past few months.

DEPARTMENT MENTORING PROGRAM KICKOFF

July 8

The Department Research Mentor Program provides opportunities for early-stage investigators to receive mentoring, networking, and professional development. The program kicked off in July 2019 with a research mentor training session and program overview. 

All of the participants of the Department Mentor Program were matched with a mentor within the department and will use mentoring tools such as Individual Development Plans and mentor mapping during their mentoring meetings. In addition to these mentoring meetings, participants attend seminar series sessions on topics like promotion and retention, responding to reviewer comments, and other important academic contexts.

This is the department’s first year running the program. The length of the program is from July 2019-June 2020, giving participants a full year of mentoring.

CENTERVILLE HEALTH CENTER CELEBRATES 4TH OF JULY WITH COMMUNITY

July 4

The Centerville Health Center celebrated July 4th with their community. This was the third year the Health Center has joined the parade, and this year they shared 6,000 University of Utah footballs. The clinic is centrally located and offers family medicine, urgent care, mental health care, fertility care, and pharmacy services. It prides itself in its team approach to community health care.

DEPARTMENT MENTORING PROGRAM KICKOFF
Department faculty, staff, and students donated their time and expertise at the 27th Annual CARE Fair on July 12-13 at the Horizonte Instruction and Training Center. The annual health fair is hosted by the Junior League of Salt Lake City. This fair targets the medically underserved citizens of Salt Lake County who lack access to most health care services. Medical and physician assistant student volunteers were recruited to provide screening physical examinations under the supervision of volunteer faculty from the medical school.

CARE FAIR by the numbers

INDIVIDUALS SERVED

505 men
765 children
914 women

STUDENT PARTICIPANTS*

44 FIRST-YEAR STUDENTS
1st-year Physician Assistant students partnered with undergraduate nursing students to collect vitals from participants.

44 SECOND-YEAR STUDENTS
2nd-year Physician Assistant students partnered with Nurse Practitioner and 2nd-year medical students to conduct physical exams.

976 vitals collected
439 physicals conducted

INDIVIDUALS SERVED
NUMBER OF SERVICES PROVIDED

2,184
4,293 total services

CREEK VALLEY HEALTH FAIR
IN HILDALE, UTAH
July 27

For the second year in a row, Division of Physician Assistant Studies students, faculty, and staff organized and participated in the Creek Valley Health Fair in Hildale, UT on July 27, 2019. This health fair serves the rural communities located in and around the Creek Valley in eastern Washington County, UT and Mohave County, AZ.

The health fair was started in 2018 with the expansion of the Physician Assistant (PA) Studies program to southern Utah at Dixie State University. The health fair was organized and planned by the PA program and aimed at improving access to healthcare, mental health, and dental care in the community. This year 36 students and 8 PA faculty along with 2 medical attendings participated in the fair. One of the students commented on the experience, saying, “Hildale was a great way for me to set aside my personal biases and respect the patient’s beliefs even if they differed from mine. Prior to participation at Hildale we had a sensitvity training that was very helpful at eliminating many of my false beliefs about the community. As a provider, it is important to set your beliefs aside and provide the care that the patient wants, not the care you think they want or need.”

The response to the health fair was overwhelmingly positive with many families taking advantage of the services and educational opportunities provided. It is estimated that over 400 attended the fair and 221 physicals were provided. In addition to primary care services, the University of Utah Dental School also provided 32 dental cleanings and other restorative services.

PHYSICIAN ASSISTANT POSTER SESSION
July 29 (St. George) and July 30 (Salt Lake)

The Physician Assistant (PA) Studies program held two poster sessions, one at the St. George campus on July 29, and another in Salt Lake City at HSEB on July 30 to share the research findings from the Physician Assistant Community Engaged Research Projects. The PA students worked with a faculty mentor and community partner to address a proposed research question. There were 15 total posters presented with community partners from Family Health Care, Doctor’s Volunteer Clinic, Enterprise Clinic, UNI Home, South Main Clinic, Community Health Center on 72nd Street and Central City, Clinic 1A, Huntsman Cancer Institute, Maliheh Free Clinic, Sugarhouse Clinic and The People’s Health Clinic.

* Utah students also volunteering at the event included Medical Lab Science, Nutrition, Physical Therapy, Pharmacy, and Social Work students.
PHYSICIAN ASSISTANT 2019 GRADUATION

August 2

On August 2, 2019, the Physician Assistant Studies program graduated 42 students in its 48th graduating class. The ceremony honoring the students was held at the Rice Eccles Tower Scholarship Room, with friends and family attending to celebrate this accomplishment. Congratulations to our students! We know your hard work will lead to greatness here, across the nation, and in many communities around the world.
The 2019 Public Health and Disasters Conference was held September 23-24, 2019 at the Viridian Center in West Jordan, Utah. This year’s conference attracted over 100 attendees from state and local health departments across the Mountain West region.

The Public Health and Disasters Conference focuses specifically on disasters impacting or within the public health system. This means that rather than only focusing on public health, it includes other key components of the system including emergency management, emergency medical services, health care, hospitals, and the rest of the public health system. The conference is an opportunity to share experiences and address the needs of local responders. This year’s conference featured speakers from around the country who shared their experiences and lessons learned in disasters such as floods, fires, and disease outbreaks.

The keynote speaker for the conference was Dr. David T. Dyjack from the National Environmental Health Association. Dr. Dyjack shared his experience of environmental health in disaster responses.

Dr. Kimberley Shoaf says, “The most valuable part of the conference is the interactions between health departments around the region and across the country in sharing their experiences.” Dr. Shoaf is Professor and Associate Chief, Division of Public Health and Community Engaged Scholarship and head of the steering committee that organizes the event.

A special thank you to all those on the steering committee and the division and department staff that helped to make the conference a success for 2019.

The Division of Public Health held its new student orientation for the incoming fall 2019 class this semester. The division welcomed 27 new Master of Public Health students, 3 new Master of Science in Public Health students, 3 PhD in Public Health students, and 5 Master of Statistics in Biostatistics students. Almost 20% of this new cohort are international students, and the division is excited to get to know this diverse group as they progress throughout their programs.

The Master of Public Health program helps students prepare for practice-focused careers in public health. Students in this program earn their degrees through training in the core areas of public health knowledge and hands-on experience during 270 hours worth of fieldwork.

The Utah Asia Campus MPH program also had a new cohort beginning Fall semester, with 6 students beginning their MPH coursework in Incheon, Korea. Although they will be studying on the other side of the globe, students at the Asia Campus receive the same excellent training as their Utah colleagues and perform to the same standards. This is the fifth year that the Master of Public Health has been offered at the Asia Campus, and its continued popularity speaks to the importance of public health at home and abroad.

DIVISION OF PUBLIC HEALTH: NEW STUDENT ORIENTATIONS
August 16

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This year the department hosted a combined event of a department-wide recognition breakfast and faculty retreat. The event was held on Friday, September 6, 2019, at the Cleone Peterson Eccles Alumni House.

The event started with a breakfast shared by all employees across the department. Following breakfast, Dr. Kola Okuyemi, department chair, gave a state of the department address. The address included an overview of the vision of the department, current numbers and recent recruitment efforts including new hires, a review of leadership organization, responses to department review recommendations, research infrastructure, department updates for finances and space, and a look to 2020.

Following the state of the department, the first department staff recognition ceremony took place. The ceremony recognized department staff for their achievements. The winners for each category were chosen by a committee who reviewed over 40 nominations from throughout the department. Multiple people were nominated for their hard work and efforts to make the department a great place to work.

“The event was a great opportunity to recognize the hard work of our department staff,” says Forrest Rhinehart, winner of this year’s Rookie Award. “Every DFPM staff member deserves recognition.”

After the recognition ceremony, faculty attended the annual faculty retreat, which focused on facilitating communication and strengthening collaboration opportunities throughout the department.

“DEPARTMENT BREAKFAST, STAFF RECOGNITION CEREMONY, AND FACULTY MEETING
September 6

STAFF RECOGNITIONS

Jennifer Mair
Distinguished Service Award

Forrest Rhinehart
Rookie Award

Abby Dowd
Innovator Award

Anne Randall
Citizenship Award

Doris Dalton
Excellence in Mission

Courtney DeMond
Mentor Award

FAMILY & PREVENTIVE MEDICINE 2020 GOALS

Education

• Work with Salt Lake Regional Medical Center to enhance the Family Medicine residency training environment to maintain ACGME requirements
• Initial admission into new dual degree programs (MPAS/CBMI, MPAS/MPH, and MPAS/MSG)
• Seek approvals for tracks for MPH and PhD degrees (Public Health)

Research

• Pilot a structured mentoring program with research faculty - program will be expanded to career-line faculty in future years
• Create bio stats core
• Increase IRB support

Clinical

• Continue work with the Primary Care Integration leadership group
• Clinical expansion in the new Sugar House facility and an expanded OB service to support the FM Residency
• Address issues related to provider wellness and burnout (as highlighted in the provider Waggl survey)+

Administration

• Recruit Chief for the Public Health Division
• Establish an Advancement Program to raise funds from donors, patients, and alumni
• Develop and fine-tune department space plan
Many Family & Preventive Medicine employees celebrated work anniversaries July - September 2019.

We appreciate the legacy of excellent work performed by all DFPM employees. Please join us in celebrating your colleagues’ work anniversaries.
Software Tip

Having trouble downloading Adobe Acrobat?

Everyone at the University has access to Adobe Creative Cloud. Using Creative Cloud allows you access to many of Adobe’s products including the full version of Acrobat.

- Visit https://adobe.com. Login with your “uNID@utah.edu” email and get the main Creative Cloud application.
- Once you have the Creative Cloud application installed, you will need to authenticate again. After that, you can use the Creative Cloud application to install Acrobat.

Questions? Contact the department IT Team today!
Hotline: 801.581.7144 | Email: dfpm-it@lists.utah.edu

Need additional IT Support?
Visit the Computer Support page on the Department Intranet Page.
Keeping track of all the great things happening in the department is a monumental job. We work hard to keep everyone informed of all the different events and opportunities across the divisions, but we need your help!

Please let us know about your recent events, initiatives, accomplishments, and challenges. We have many different ways to share this information with your colleagues, including the Weekly Update email, social media platforms, and the quarterly Newsletter.

If you have an item to share, notify Danny Nelson (danny.nelson@utah.edu). Deadlines for posting items are listed below.

<table>
<thead>
<tr>
<th>Platform</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>Weekly Update</td>
<td>Friday (for posting the following week)</td>
</tr>
<tr>
<td>Social Media</td>
<td>no deadline</td>
</tr>
<tr>
<td>Newsletter</td>
<td>mid-month January, April, July, or October</td>
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</tbody>
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We want to extend a big “Thank You” to everyone that contributed to and helped with the latest issue of the department newsletter. We couldn’t do it without you!
The Department of Family and Preventive Medicine was founded in 1970, making it one of the oldest and most established family medicine departments in the country.

The department houses the Divisions of Family Medicine, Physician Assistant Studies, Public Health, and Occupational and Environmental Health, each of which upholds the department’s values and mission of improving health in communities across the world.