

Publication of article on burnout and job satisfaction in the physician assistant profession

The physician assistant profession has evolved from one focused exclusively on primary care to one that is now critical to many health care teams. Similar to physicians, nurses, and other health care professionals, current research suggests that physician assistants experience burnout. However, we currently lack an adequate understanding of the causes of burnout or career satisfaction for physician assistants.

Specialty flexibility and a short training duration are attractive aspects of the PA profession, but longitudinal studies are needed to understand how the unique characteristics of the PA profession protect against or contribute to burnout and well-being.

Our very own, Virginia Valentin, DrPH, PA-C, along with several other authors, recently had their article titled, “Burnout and Job and Career Satisfaction in the Physician Assistant Profession: A Review of the Literature,” published on the National Academy of Medicine webpage.

A comprehensive literature review from the National Academy of Medicine summarizes what research currently tells us and identifies future research priorities. It’s time to take care of those who take care of us.

To read the article, click [HERE](#).