Spring 2019
Public Health Orientation
OUR MISSION AND DIVISION

JIM VANDERSLICE, PHD
INTERIM CHIEF, DIVISION OF PUBLIC HEALTH
DIVISION OF PUBLIC HEALTH

• 20 Regular faculty
• Four degree programs (MPH, Mstat, MSPH, PhD), Six joint degrees, four graduate certificates
• Two (soon to be 3) global campuses
• Learning Abroad programs
• 200 graduate students
• Over 3.5 million dollars in funded research activities
UNIVERSITY OF UTAH MISSION

The University of Utah fosters student success by preparing students from diverse background for lives of impact as leaders and citizens. We generate and share new knowledge, discoveries, and innovations, and we engage local and global communities to promote education, health, and quality of life.
DEPARTMENT OF FAMILY AND PREVENTIVE MEDICINE VISION STATEMENT

EXPANDING THE POSSIBILITIES OF HEALTH

We expand the possibilities of health by focusing on these five areas:

• Promoting wellness as the foundation of health.
• Discovering the determinants of health.
• Educating health professionals from every community.
• Improving access to care and prevention.
• Increasing evidence-based practice.
DIVISION OF PUBLIC HEALTH MISSION

The Mission of the Division of Public Health is to protect and promote the health of people in communities in Utah and around the globe through high quality scholarship.
OUR MISSION IS SCHOLARSHIP

Scholarship is:
- Knowledge Production (Research)
- Knowledge Sharing (Education)
- Knowledge Implementation (Service)
STAFF INTRODUCTIONS
YOUR TURN: Student Introductions

• Your name and preferred pronouns?
• What is your hometown?
• What is your background?
• What is your degree program?
• What are your Public Health interests?
BUILDING TOUR
ACADEMICS AND ADVISING

JILL STEPHENSON, MPA, ACADEMIC PROGRAM MANAGER
“The goal of the Council for Education in Public Health (CEPH) is “to enhance health in human populations through organized community effort.” The Council’s focus is the improvement of health through the assurance of professional personnel who are able to identify, prevent and solve community health problems. The Council’s objectives are:

• to promote quality in public health education through a continuing process of self-evaluation by the schools and programs that seek accreditation;
• to assure the public that institutions offering graduate instruction in public health have been evaluated and judged to meet standards essential for the conduct of such educational programs; and
• to encourage – through periodic review, consultation, research, publications, and other means – improvements in the quality of education for public health.”

- Council for Education in Public Health (Ceph.org)
COMPETENCIES

• What are they?
  – Principles of Public Health
  – Core Functions of Public Health – Assessment, Program Development and Assurance
  – Professionalism, Leadership, and Community Engagement
  – Additional MSPH & PhD competencies

• Why are they important?

• Where to find them?
ACADEMIC MISCONDUCT & PLAGIARISM

Policy 6-400: Code of Student Rights and Responsibilities ("Student Code") at http://regulations.utah.edu/academics/6-400.php

• Misrepresenting one’s work includes, but is not limited to, representing material prepared by another as one's own work, or submitting the same work in more than one course without prior permission of both faculty members.

• “Using someone else's exact words without quoting them is plagiarism.”
  – Phrase or more
  – Not common text, such as a list

• “if we paraphrase or summarize someone else's ideas, we are still required to document our sources.”

• Don’t copy and paste into your document; use a scratch document. Highlight copied material.

• Turnitin software

CDA/SPECIAL ACCOMMODATIONS

• The Center for Disability & Access is the designated office at the University of Utah which evaluates disability documentation, determines eligibility, and implements reasonable accommodations for enrolled students as guided by Section 504 of the Rehabilitation Act, the Americans with Disabilities Act, and University policy.

• Involve instructor early on if accommodations are needed.

• http://disability.utah.edu/
FACULTY ADVISING

• MPH Students have a set faculty committee. Your faculty committee members are Dr. Lisa Gren, Dr. Christy Porucznik, and Dr. Jim VanDerslice

• MSPH and PhD students will meet with the faculty advisor assigned to them.

• Be proactive, get involved.

• Take the initiative.

• If you have a problem, let us know. We will help.

Get to know your faculty!

Your electives must be approved by a faculty advisor!
ACADEMIC ADVISORS

Jill Stephenson, MPA, Academic Program Manager

Jill Stephenson

Hailey McCormick

Kelsey Townsend
ACADEMIC ADVISORS

Jill Stephenson, MPA, Academic Program Manager

• Your first point of contact
• Degree requirements, tuition, forms, procedures
• Problem solving
• Highlight opportunities
• Informal advising
• Schedule advising appointments online!
ENGAGEMENT AND STUDENT SERVICES

LARRY BONNETTE, SENIOR NETWORK ADMINISTRATOR
HAILEY MCCORMICK, MPA, ACADEMIC ADVISOR
KELSEY TOWNSEND, MS, ACADEMIC ADVISOR
SUSAN DEARDEN, STUDENT ADVISORY COMMITTEE, SAC REPRESENTATIVE
QINGQING HU, MS, UTAH PUBLIC HEALTH ASSOCIATION STUDENT ASSEMBLY
MARGARET CARLSON, UTAH PUBLIC HEALTH STUDENT AMBASSADORS
JULIE KOLDEWYN, MS, UTAH AHEC
COMPUTER LAB
Larry Bonnette, Senior Network Administrator

- Hours: Monday – Friday 8:00 am to 5:15 pm
- Encrypted USB required
- No food or drink in the computer lab
- Login: uNID
- Password: Same as your CIS (Campus Information System)
- Printing
  - To add money to account see front desk
  - Plan ahead, may take awhile to activate
    - Monochrome: $.05/page
    - Color: $.10/page
    - 20% discount for 2-sided pages
• Wireless available in most areas
  – onboard.utah.edu
  – Uconnect
• Cloud storage – box.utah.edu
• Umail-Exchange Online (O365)
• Notification Tools
  – UofU.status.io
  – Twitter feed
GRADUATE CERTIFICATES IN PUBLIC HEALTH & GLOBAL HEALTH
Hailey McCormick, MPA, Academic Advisor

Public Health Certificate
• Total of 15 Credits
  - PBHLT 6100 Biostatistics
  - PBHLT 6300 Epidemiology
  - PBHLT 6400 Public Health Management & Practice
  - PBHLT 6600 Social and Behavioral Science in Public Health
  - PBHLT 6700 Environmental and Biological Science in Public Health

Global Health Certificate
• Total of 16 credits
  – 3 required classes (10 credits)
  – 2 elective classes (6 credits) from a pre-approved list
• Required courses:
  – PBHLT 6502 International Public Health Issues
  – PBHLT 6530 Global Health
  – PBHLT 6531 International Fieldwork in Public Health
GRADUATE CERTIFICATES IN
EMERGENCY HEALTH & STATISTICS – BIOSTATISTICS TRACK
Hailey McCormick, MPA, Academic Advisor

Emergency Health Certificate
• Total of 18 Credits
  - 4 required classes (12 credits)
  - 2 elective classes (6 credits) from a pre-approved list
• Required courses:
  - PBHLT 6780 Planning for Disasters
  - PBHLT 6781 Post-Disaster Community Health
  - PBHLT 6340 Infectious Disease Epidemiology
  - PBHLT 6980 Emergency Health Practicum
  - **PBHLT 6960 Public Health Practicum (in lieu of Emergency Health Practicum for MPH students

Statistics Certificate
• Total of 15 credits
  - 3 required classes (9 credits)
  - 2 statistics elective classes (6 credits) from a pre-approved list
• Required course options: (choose 9 from the following list)
  - PBHLT 6106 Categorical Data Analysis
  - PBHLT 6300 Epidemiology I
  - PBHLT 6307-6308 Biostatistics Seminar
  - PBHLT 7100 Biostatistics II
  - PBHLT 7300 Epidemiology II
  - PBHLT 7120 Linear & Logistic Regression Models
  - PBHLT 7130 Longitudinal Data Analysis
ADMINISTRATIVE DETAILS
Hailey McCormick, MPA, Academic Advisor

• Subject code - PBHLT

• Courses with the same name but different catalog numbers are most likely the same course and will only count once.

• Bus, TRAX, Frontrunner are all free with your Ucard. Buses 228, 455 and 313 all come to research park.

• Parking is free. Please park on the second level or the lot north of Rocky Mountain Center, which is the building directly East. Do not park in reserved areas.

• Keep ID badge with you. You can get one from the Student Union or the School of Medicine. This is the only way to access the building after hours.
ADMINISTRATIVE DETAILS
Hailey McCormick, MPA, Academic Advisor

• Review the Student Resources guide in your electronic packet
  – Counseling Center
  – Writing Center (free service to U students)
  – Career & Professional Development Center
  – Campus Recreation & Family Support
• Faculty Office Hours
• All students should sign up for campus alerts. Through CIS, under the “update student profile box”, “set your U of U Campus Alert preferences”
• Check and use your Umail. Use Umail when emailing faculty or academic advisors. Include your University ID in all emails.
• We are here to help you!
STAY CONNECTED
HAILEY MCCORMICK, ACADEMIC ADVISOR

- Facebook – Division of Public Health, University of Utah
- Twitter - @UUPublicHealth
- Instagram – uupublichealth
- Weekly Email – Sent Monday @ 5:00pm
CLASSROOM ETIQUETTE

HAILEY MCCORMICK, ACADEMIC ADVISOR

• Phone: not to be used in classroom, don’t be disruptive
• Food: In moderation; don’t disrupt others
• Lecture/Discussions: Stay engaged, participate
GRAND ROUNDS & GUEST SPEAKERS

Kelsey Townsend, MS, Academic Advisor

- Public Health Grand Rounds: 1st Tuesday, 12-1 pm (lunch included)
- Global Public Health Grand Rounds: 4th Tuesday, 5:30-6:30 pm
- Guest Speakers, Visiting Professors
- Masters & doctoral defenses

Check for fliers on bulletin board and thoroughly read the weekly email!
COURSE EVALUATIONS

Kelsey Townsend, MS, Academic Advisor

• Towards the end of each semester, you will have the opportunity to complete a course evaluation for each course you are taking that semester.
• Completing these evaluations benefits you, the instructor, and future students.
• You will receive a reminder from your instructor to complete the evaluation. Please take it seriously and give honest feedback!
COURSE EVALUATIONS: COMMON MYTHS

Kelsey Townsend, MS, Academic Advisor

- **Myth #1**: The faculty member will read my evaluation and might give me a bad grade.
  - Truth: Instructors do not have the opportunity to see evaluations until after grades have been submitted. Evaluations are anonymous.

- **Myth #2**: Nobody even reads evaluations.
  - Truth: The faculty member and Chief read the evaluations.

- **Myth #3**: Faculty members don’t actually care about our opinion.
  - Truth: Faculty members do care—many are actively looking for ways to improve their course and will take your feedback seriously.
AWARDS & ACHIEVEMENTS

KELSEY TOWNSEND, MS, ACADEMIC ADVISOR

• **Phi Kappa Phi**: The nation’s oldest, largest, most selective honor society for all academic disciplines. Graduate students rank in top 10% of their class. This honor is awarded each year in the Division of PH.

• **Delta Omega**: An honorary society for graduate studies in public health. Election is based on outstanding performance in community service and is intended to recognize merit and encourage further excellence in public health.

• **Student of the Year**: Determined by outstanding student achievements and nominated by faculty
PROFESSIONAL ORGANIZATIONS

KELSEY TOWNSEND, MS, ACADEMIC ADVISOR

• Utah Public Health Association (UPHA)
  – Ogden Eccles Conference Center
  – April 24- April 26

• American Public Health Association (APHA)
  – Philadelphia, Pennsylvania
  – November 2- November 6

• See electronic packet for complete list
• Nov 2-6 in Philadelphia, PA
• Funding for up to 10 students
  – Approx $200/student
• Cost breakdown:
  – APHA Registration ($240-$280) & Student Membership ($85)
  – Lodging: TBA
  – Travel: Air
  – Registration open in June
• APHA Funding Application will be in weekly email
  – Deadline: TBA
STUDENT ADVISORY COMMITTEE

SUSAN DEARDEN, SAC CHAIR

What is the Student Advisory Committee?

What do we do?

How do you get involved?

Why should you get involved?

Email: uofupublichealthsac@gmail.com
UTAH PUBLIC HEALTH ASSOCIATION (UPHA)

THE LARGEST PUBLIC HEALTH ASSOCIATION IN UTAH &
AN AMERICAN PUBLIC HEALTH ASSOCIATION (APHA) AFFILIATE
“Working for a healthier Utah through advocacy, education and collaboration with public, private and community partners.”
Get Involved with the UPHA Student Assembly!

Call for 2018-2019 UPHA SA President elect and Chair elects!
2018-2019 Upcoming Events

1. Homelessness Point in Time Count
2. Regular UPHA board meeting/SA luncheon
3. Night of Networking
4. Advocacy Event
5. 2019 UPHA Annual Conference
The only prerequisites are to be a member of UPHA and be passionate about public health.

Email studentassembly@upha.org with a brief description of yourself if you have any questions!
UTAH PUBLIC HEALTH STUDENT AMBASSADORS (UPHSA)

MARGARET CARLSON, STUDENT REPRESENTATIVE

UPHSA@UTAH.EDU

PUBLIC HEALTH

UPHSA Leadership
WHO WE ARE...

• “We are graduate students at the University of Utah with a passion for public health and want to spread the word to students across the state of Utah.”

https://www.facebook.com/UPHSA/
WHAT WE DO...

Teach high school and undergraduate students about public health in a fun, engaging, and informative way.

Photos taken by Kasey Shakespeare
DEMONSTRATING HELMET SAFETY
LEARNING ABOUT EPIDEMIOLOGY THROUGH THE “HEART BREAKER VIRUS” INTERACTIVE PRESENTATION

Photos taken by Kasey Shakespeare
HOW WE DO IT....

- An energetic team with a passion to spread the word of public health
- An amazing mentor, Bob Quinn
- An incredible DPH that supports our efforts
- Funding through ASUU
HOW YOU CAN BE INVOLVED...

• Join us at our fall social to learn more about leadership positions!

• Email Margaret Carlson, our Co-President for the 2018-2019 academic year at margaret.carlson@hsc.utah.edu.

• Check us out at http://uphsainfo.wixsite.com/uphsa or https://www.facebook.com/UPHSA/
AHEC SCHOLARS

JULIE KOLDEWYN
JULIE.KOLDEWYN@UTAH.EDU

“Transforming healthcare through education”
AHEC SCHOLARS

- 2-year program for health professions students interested in addressing underserved urban and rural health needs in a transformed health system
- Includes multiple health professions students
- Help you become a leader in rural and underserved healthcare
- Help you get a better job or be more competitive for your next level of training
AHEC SCHOLARS

– Six core topic areas:
  • Interprofessional education
  • Behavioral health integration
  • Social determinants of health
  • Cultural competency
  • Practice transformation
  • New and emerging health issues
PROGRGAM REQUIREMENTS

- Complete your Program Coursework
- Complete your Program Clinical or Practicum
- Attend AHEC Scholars Mentor Dinner
- Attend Primary Care Summit
- Attend Book Club Meetings
- Complete 15 hours from the list of selective advanced core topics
WHAT’S IN IT FOR YOU?

– Receive National Recognition for Program Completion
– Receive an Honor Cord at Graduation
– Receive a Letter of Recommendation from Utah AHEC Director, Mike Magill
– Better Understand Underserved Urban and Rural Health Issues
– Join a Cohort of Fellow Health Professions Students from across the State
– Gain Access to the Utah Primary Care Summit
– Connect with Professional Mentors
HOW TO APPLY?

- UtahAHEC.org ➔ AHEC Scholars tab ➔ Apply now!
- Applications are due September 14
- Notifications will be sent out by September 21
HOW TO APPLY?

- UtahAHEC.org ➔ AHEC Scholars tab ➔ Apply now!

- Applications will be available this summer
UNIVERSITY OF UTAH ASIA CAMPUS (UAC)
INCHEON, SOUTH KOREA

Jill Stephenson, MPA, Academic Program Manager

- Amazing opportunity to study public health in a global setting, engage with exceptional faculty through small classes, and experience travel throughout Asia.
- Flexible model - Study at the UAC for a year, semester, or block (especially block 6!)
- Same tuition as main campus and inexpensive housing.
- Contact Jill Stephenson at jill.stephenson@utah.edu for more info
ENSIGN COLLEGE OF PUBLIC HEALTH (ECOPH)

Jill Stephenson, MPA, Academic Program Manager

- ECOPH will become an University of Utah extended MPH program in Fall 2019.
- Watch for future opportunities to complete your coursework in Ghana.
LEARNING ABROAD

Jill Stephenson, MPA, Academic Program Manager

GHANA + optional Paris

Can be used as an elective course!
PREPARING FOR YOUR FUTURE

Jill Stephenson, MPA, Academic Program Manager

• If you’re interested in global health, plan on a learning abroad.
• If you’re interested in research, find a research mentor.
• If you’re interested in clinical, join a project.

This is how you transition into the real world.
WHO WE ARE

People

Librarians
Educators
Researchers
Lit searchers
Experts!
Eccles Library

WHAT?
WHAT WE DO

• Expert literature searching
  – Identifying appropriate databases and search terms
  – Developing effective search strategies
  – Finding evidence-based information for clinical queries and patient care
  – Assisting with faculty, staff, and student projects
  – Expert searching
WHAT WE DO, CONT’D

• Set up saved searches and alerts
• Data discovery & management assistance
• Citation verification & management tools
• Citation metrics and research impact
• NCBI databases and tools
• NIH Public Access compliance
• Copyright and scholarly publishing
Eccles Library

WHEN?
WHEN WE’RE OPEN

Library Hours

Please note: Current health sciences students may have after-hours access. Please consult with your school, college or department for details.

Public Hours (starts Mon, Aug 6, 2018)

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<tr>
<th>DAY</th>
<th>TIME</th>
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<tbody>
<tr>
<td>Monday - Friday</td>
<td>7 am - 7 pm</td>
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<tr>
<td>Saturday</td>
<td>10 am - 6 pm</td>
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<tr>
<td>Sunday</td>
<td>Closed</td>
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Holidays (EHSL)

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<th>CLOSED</th>
<th>DAY(S)</th>
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<tr>
<td>Labor Day</td>
<td>Monday, September 3, 2018</td>
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Online Access:
Databases
eBooks
eJournals
Research Guides
Eccles Library

WHERE?
WHERE TO FIND US
Eccles Library

WHY?
WHY USE THE LIBRARY

Online Journals

Databases

American Journal of Public Health

Annual Review of Public Health...

PubMed

Scopus
WHY USE THE LIBRARY

VIRTUAL REALITY
WHY USE THE LIBRARY
WHY USE THE LIBRARY
WHY USE THE LIBRARY

FREE YOGA

Wednesdays and Fridays at 12:05pm
50 minute sessions • Please bring your own mat
Eccles Library

HOW?
HOW TO CONTACT THE LIBRARY

http://libanswers.med.utah.edu
What the faculty do when they aren’t teaching and how you can do it, too.
WHY?

- Want to make an impact
- Intrinsically interesting
- Improve your education
WAYS TO GET INVOLVED IN RESEARCH

• Work on a research project
  – Volunteer
  – Research assistant
• Courses
  – Global Health Learning Abroad
  – SAS, epidemiology
• Independent study
• Talk to faculty
WHY YOU?

• It’s really cool.
• It’s really interesting.
• It’s a unique opportunity to develop skills.
• It will impress your family, friends and potential employers.

IRB Studies

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<thead>
<tr>
<th>ID</th>
<th>Name</th>
<th>State</th>
<th>Principal Investigator</th>
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<tbody>
<tr>
<td>IRB_000358106</td>
<td>Multi-level longitudinal analysis of the determinants of obesity: A cohort study</td>
<td>Study Creation</td>
<td>VanDerslice</td>
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<tr>
<td>IRB_000358107</td>
<td>Multi-level longitudinal analysis of the determinants of childhood obesity: A cohort study</td>
<td>RGE Review</td>
<td>Utz</td>
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All Other Applications

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<th>Name</th>
<th>Type</th>
<th>State</th>
<th>IRB#</th>
<th>Title</th>
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There are no items to display.
CLOSING REMARKS

JIM VANDERSLICE, PHD
INTERIM DIVISION CHIEF
YOU ARE OUR FIRST PRIORITY

It’s (Almost) All About You

• This is Graduate School, you are graduate students.
• We expect a lot from you.
• You are professionals. Be professional.
• You are students. We expect you to learn.
PLEASE REVIEW THE ELECTRONIC INFO PACKET:

http://medicine.utah.edu/dfpm/public-health/programs/student-resources/orientation.php
WELCOME!
We’re happy you’re here!
We look forward to interacting with you!
DEGREE BREAKOUT SESSIONS

• MPH & Dual Degree students meet in the classroom with Kelsey Townsend
• MSPH students meet in the PH Conference room with Hailey McCormick
• PhD students meet in the PH Conference room with Hailey McCormick
MPH Breakout Session
MPH Joint degrees

- Medical Degree (MD/MPH – 5 years total)
- Master of Health Care Administration (MHA/MPH – 73 credits)
- Master of Public Policy (MPP/MPH – 61 credits)
- Master of Public Administration (MPA/MPH – 63 credits)
- Master of Social Work (MSW/MPH – 82 credits)
All students must complete a practicum prior to graduation.

The practicum experience is meant to give students direct, hands-on experience comparable to a career position suitable for someone with a similar degree.

This will not only supplement the student’s coursework and enrich their academic experience, but also prepare the student for employment after completion of their degree.

Start thinking about it your first semester-keep a running list of ideas, contact info, etc. Avoid getting to the end of your program and having to just “get it done”.
MPH PRACTICUM
KELSEY TOWNSEND, MS, ACADEMIC ADVISOR

• Goals
  • To integrate foundational public health knowledge with a concrete experience of public health practice.
  • To identify and report the issues in cultural competence relevant to a specific practicum site and how they play out in real public health practice.
  • To identify growth edges in public health practice.
  • To broaden knowledge and skills in public health practice.

• 6 credit hours (270 hours fieldwork)
Students will need to take and pass the Certified in Public Health (CPH) exam from the National Board of Public Health Examiners (NBPHE) to fulfill their comprehensive exam requirement.

The CPH exam provides working professionals with the credentials to demonstrate their public health knowledge and competencies.

Contact Academic Advisor for a voucher code to pay for the exam.

The following classes need to be completed before students can take the CPH Exam:

- PBHLT 6100 Biostatistics I
- PBHLT 6300 Epidemiology I
- PBHLT 6400 Public Health Management and Practice
- PBHLT 6600 Social and Behavioral Science in Public Health
- PBHLT 6500 Public Health Systems and Services
- PBHLT 6700 Environmental and Biological Science in Public Health
- PBHLT 6550 Public Health Program Planning, Evaluation and Implementation
• Your faculty committee members are Dr. Lisa Gren, Dr. Christy Porucznik, and Dr. Jim VanDerslice
• You are encouraged to meet with them for 15-20 minutes per semester
• They are available for elective approval, career advising, practicum advising, research opportunities, etc.
• Refer to their posted office hours for availability-on board and electronic packet
• Meetings: make an appointment and use office hours
• Use Umail for email communication, include university ID in all emails.
WEEKLY EMAILS

Mondays @ 5pm, from Kelsey Townsend (kelsey.townsend@utah.edu)

Will contain all important updates, events, reminders, and opportunities!
TIPS FOR SUCCESS

• Plan coursework ahead—especially if dual degree or not following recommended order of study
• Stay on top of deadlines: registration, graduation, etc. (weekly email and website resources)
• Communicate with faculty and advisor early on when issues arise
• Be professional—email, interactions, classroom
Graduate school: you get out of it what you put into it!