



Over the past decade, I have been involved in research understanding the causes and consequences of women's reproductive disorders. One area of research I am currently focusing on is how a woman's reproductive health through her lifespan, is connected to her later heart and brain health. As I continue on my research path, I am now wishing to devote part of my energies to public health practice. Thus, I am starting a new group called Women's Reproductive, Heart, and Brain Health (W ♥ MB) with the simple goal of getting women together to learn more about how we can stay heart and brain healthy and to follow up on what we learn through action. The first planned gathering will be in the form of a "book group and brunch" on Saturday, September 21<sup>st</sup> from noon to 2pm, discussing the "Mind over Matter" ad-free magazine put out by Canada's Women's Brain Initiative. If you are interested in attending, please RSVP to me via email ([karen.schliep@utah.edu](mailto:karen.schliep@utah.edu)) and I will send you the magazine. If you are interested in W ♥ MB's future events but cannot attend the book group, please also let me know.

