In conjunction with Dr. Cynthia Berg, Dean of the College of Social and Behavioral Science, Dr. Litchman will be leading a project called "Family involvement and sharing information among families with multiple members with type 1 diabetes". This project received seed grant funding from the "Driving Out Diabetes" Family Wellness Initiative and the Diabetes and Metabolism Research Center at the University of Utah!

We are looking forward to the outcomes of this exciting multi-disciplinary project!

HUGE CONGRATULATIONS!!!
Dr. Shah's talk on data collection in healthcare, entitled "In healthcare, it's the right data that matters", is being featured in *Healthcare Finance*! A link to her talk can be found [here](#).

With so much information being requested from patients and being stored in endless data streams and data warehouses, Dr. Shah is advocating that less, but more focused, data collection is what is required to improve medical research analysis and outcomes. It's an excellent presentation!

Really well done!

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We're excited to announce a first-author publication for Dr. Patel in *Blood* entitled "JAK2(ex13INDel) drives oncogenic transformation and is associated with chronic eosinophilic leukemia and polycythemia vera"!

This article looks at how a new insertion/deletion in JAK2 is associated with eosinophilia and erythrocytosis, and how this could represent a new clinical entity. The link to this article can be found [here](#).

Phenomenal work on this groundbreaking discovery!
Publication felicitations for Dr. Hammers who has a new article out in the *Journal of Prevention of Alzheimer's Disease* entitled "Neuropsychological, Psychiatric, and Functional Correlates of Clinical Trial Enrollment!"

This article is an outcome of the preliminary data Dr. Hammers is collecting for his upcoming K23 looking at how and why people participate--or don't participate--in clinical trials and how we can improve clinical trial uptake.

A link to this article can be found [here](#).

Brilliant work, Dr. Hammers!

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Bariatric Surgeon, Dr. Anna Ibele, is in the spotlight again speaking out against medical tourism.

Fox13 News featured Dr. Ibele in their recent story about a group of Utahns who went to Mexico to receive gastric sleeve surgery. All of them returned with infections, one of them died. A link to this article can be found [here](#).

Dr. Ibele is doing incredible work trying to keep people safe from the life-altering difficulties potentially inherent in medical tourism. Her advocacy is crucial in saving people's lives. Well done!
We love it when our VPCAT scholars and mentors are able to collaborate on projects! This project, led by Dr. Gawron, looked at how women with chronic conditions often do not think about the risks of pregnancy for them. For these women, receiving preconception and reproductive health advice from their primary care givers, as well as having access to highly effective contraception, is vital in order to ensure the safety of the woman.

In their article, "Multi-morbidity and Highly Effective Contraception in Reproductive Age Women in the US Intermountain West: a Retrospective Cohort Study", published in the *Journal of General Internal Medicine*, Drs. Gawron, Sanders, and Sward found that public insurance coverage was associated with use of both "long-acting reversible contraception and permanent contraception".

Public insurance coverage ensured that women could afford both the reproductive care and chronic condition care they required to stay healthy. The link to this article can be found [here](#).

These outcomes were also highlighted in an article entitled "Few women with chronic conditions use highly effective contraceptives despite pregnancy risks" published by Healio Primary Care. The link to this article can be found [here](#).

Wonderful work, everyone!
A superb new article is out from Dr. Alt and his team in the *Laryngoscope* entitled “Olfactory cleft and sinus opacification differentially impact olfaction in chronic rhinosinusitis”!

The abstract for this article can be found in Scopus via the link [here](#).

This article studies the relationship between olfactory cleft opacification, sinus opacification, and olfactory function in patients with chronic rhinosinusitis. It's a fascinating read! Outstanding work, Dr. Alt!
As the Co-Director of the Antimicrobial Stewardship Programs at the University of Utah and the Salt Lake City Veterans Affairs Healthcare System, Dr. Spivak has a solid understanding of the problems we face with antibiotic-resistant infections.

She was recently featured in an article in Modern Healthcare entitled "Antibiotic-resistant Infections Pose Greater Threat Than Estimated", outlining that, while we have made some strides in hospital infection prevention, we need to pay greater attention to what is happening within our communities and in agriculture. The link to this article can be found here.

As antibiotic-resistant infection numbers are climbing, Dr. Spivak and her team are doing everything they can to keep Utahns safe from these infections. Keep up the excellent work!

Dr. Kanth is making waves with her new article entitled "Molecular Biomarkers of Sessile Serrated Adenoma/Polyps" recently published in the Journal of Clinical and Translational Gastroenterology!

A link to this article can be found here.

Her study found that a novel 7-gene panel identifies Sessile Serrated Adenoma/Polyps (SSA/Ps) with much great accuracy. The RNA markers of SSA/Ps "advance the distinction of serrated lesions and contribute to the study of the serrated pathway to colon cancer". This new approach will save thousands of lives.

Fantastic job, Dr. Kanth!
More incredible work from Dr. Conradt in her recent article "Intergenerational transmission of emotion dysregulation: Part II--Development of newborn neurobehavior"! This article was published in the Journal of Development and Psychopathology; a link to this article can be found here.

This article provides the first evidence that "a woman's emotional dysregulation while pregnant is associated with risks of dysregulation in her newborn". This is groundbreaking science that will change the way we work psychologically with mothers to ensure the best psychological outcomes for their newborns.

Really phenomenal work!

Two new articles have emerged from Dr. Bress and his team!

- "Characteristics and Healthcare Utilization Among Veterans Treated for Heart Failure With Reduced Ejection Fraction Who Switched to Sacubitril/Valsartan" published in Circulation: Heart Failure. A link to this article can be found here.
- "Cost-Effectiveness and Challenges of Implementing Intensive Blood Pressure Goals and Team-Based Care" published in Current Hypertension Reports. A link to this article can be found here.

Huge Congratulations and well done, these are truly impressive articles!
Dr. Kirby's work focuses on Autism--particularly on adolescents with Autism--and how they view the world. Her most recent article, "Who Is Going to Pay for the Wi-Fi? Exploring Adulthood from the Perspective of Autistic Youth" presents an in-depth look into how Autistic youth view their journeys into adulthood and what adulthood looks like to them.

This article was published in *Autism in Adulthood*; the link to this article can be found [here](#).

Having these conversations with Autistic youth will help us provide better services and support for them as they grow. This is very important work exhibited in an excellent article!

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An exciting new article is out now in the *Journal of Clinical Microbiology* by Dr. Schlaberg and his team entitled "Clinical validation of the Aptima Bacterial Vaginosis and Aptima Candida/Trichomas Vaginitis Assays: Results from a prospective multi-center clinical study"!

The link to this article can be found [here](#).

The results of this work "provide clinical efficacy evidence for two [in vitro diagnostic nucleic acid amplification tests] that can detect the main causes of vaginitis". Really phenomenal work, Dr. Schlaberg!
HUGE CONGRATULATIONS to our very own Dr. Blaschke on being named a Fellow of the National Academy of Inventors!

This honor is bestowed on academics who demonstrate a spirit of "innovation in creating or facilitating outstanding inventions that have made a tangible impact on quality of life, economic development and the welfare of society" according to the National Academy of Inventors website. In her work developing the FilmArray system to better diagnose infectious diseases, Dr. Blaschke more than meets these criteria.

The press announcement further detailing Dr. Blaschke's receipt of this recognition can be found [here](#).

It is a privilege to have Dr. Blaschke as a mentor in the VPCAT Program. Well done!!

Dr. Kaphingst who currently serves as the Director of Cancer Communication Research, has spent her career studying communication in health. This year, she is encouraging everyone to take some time this holiday season to gather with your family and simultaneously collect a family health history.

Her work was highlighted in the *The Marshfield Mail* in an article entitled "Please Pass the Stuffing and Family Health History". A link to this article can be found [here](#).

Knowing your family health history can help medical professionals provide personalized healthcare recommendations, particularly when it comes to preventive measures such as cancer screenings. Enjoy your holidays and remember to talk to your family about their health this year!
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