The C2C contest enables GME trainees to address the health needs of our Utah rural or underserved communities guided by the community stakeholders and experienced faculty.

Interprofessional teams (GME Trainees, Students from SOM/Public Health/Health Sciences/Nursing, etc.) will submit proposals to design and implement rural and underserved health programs with Utah community input. It is required that a GME resident or fellow should be a part of the team. However, a resident/fellow need not lead a team. The proposals will address one or more of the following C2C contest goals:

- Increase awareness of rural or underserved health needs/challenges among current and future providers
- Provide public health education for rural or underserved communities
- Enhance U health trainees/faculty/staff involvement in addressing rural or underserved needs/challenges
- Design public health intervention/rural or underserved practice innovations

Teams may be awarded up to $5000 to bring their projects to life. The award categories are:

- Rural/underserved awareness and education
- Rural/underserved practice innovation
- Public health intervention
- Community choice

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1 RETURN was formerly referred to as GME RUUTE.
2 RETURN is funded by the Utah State Legislature.
Project Ideas

1. Ashley Regional Medical Center
   - Facility requested review of patient outcomes and care trends.

   - Perinatal Mental Health
   - Child/Adolescent Mental Health
   - Access to care, finance
   - Access to care, specialty services
   - Violence, Intimate Partner Violence (IPV)
   - Violence, Adverse Childhood Experiences (ACEs)
   - Violence, Domestic Violence (DV)
   - Access to care, children with special needs
   - Adolescent health issues, suicide and Mental Health
   - Adolescent health issues, vaping
   - Adolescent health issues, comprehensive sex education
   - Rural demand for telehealth/remote consultations

3. Culturally informed care
   - Consult with diverse community to provide appropriate care for different ethnicities/cultures/races.

4. Industrially informed care
   - If a community is built around an industry or specific job description, how does that inform care? What are the primary rural industries/professions in Utah and what are the major injuries or illnesses in each?
5. **Follow-up care accountability and assistance**
   - When a patient is asked to follow up on a previously discussed issue/illness, what resources are available to reduce costs or improve outcomes for rural residents?

6. **Family care for rural residents**
   - How are rural families supported when multiple members may have chronic health conditions? How could information about a patient’s financial and family situation help improve care?

7. **Diet/Nutrition**
   - How does a rural diet differ from an urban diet? What local resources are available which could be utilized or referenced in a clinical setting to mitigate nutritional deficiencies?

8. **COVID Vaccine Workflow & Resistance**
   - Vaccine Resistance
   - Vaccine Workflow
   - Informing public about vaccine availability and access
Project Contacts

(Click below for an email to populate to the involved individuals)

Special needs dental care
- Deliver dental care to special needs patients

Rural specialty bench research
- Individual seeking partner who is either interested in bench research or currently involved in bench research

Addressing rural mental health disparities for women
- Rural health intervention to provide under or uninsured women with tele-mental health access

Pediatric intervention
- Pediatric team application, no details included

Telehealth rural project
- Individual seeking partner for team project to address telehealth needs

Hispanic end-of-life care
- Individual seeking guidance or mentor to guide through project details

Vaccine intervention for All Women of the World organization
- Public health student seeking partner to implement vaccine intervention for displaced women

Regionalization of Colorectal Surgical Care in the Mountain West: Does It Present a Barrier to Care
- Public health student seeking partner for project implementation