March 11, 12 & 13, 2004
Park City Marriott
Park City, Utah

Presented by
Division of Geriatrics
University of Utah
School of Medicine
Division of Geriatrics
University of Colorado
Salt Lake City VA
Geriatric Research,
Education and
Clinical Center (GRECC)
VISN 19

Sponsored by
University of Utah
School of Medicine
Office of Continuing
Medical Education

This conference has been made possible, in part, by unrestricted educational grants from Janssen Pharmaceutica.
Guest Faculty

Sanjay Athsana, MD
Head, Section of Geriatrics & Gerontology
University of Wisconsin-Madison Medical School

Barbara Bates-Jensen, PhD, RN, CWOCN
Adjunct Professor,
UCLA School of Medicine

Dan Blazer, MD
J.P. Gibbons Professor of Psychiatry and Behavioral Sciences
Duke University

William Hiatt, MD
Professor of Medicine/Geriatrics
University of Colorado Health Sciences Center, Director, Colorado Prevention Center

Laurence Rubenstein, MD
Professor of Geriatric Medicine,
UCLA School of Medicine
Director of the Los Angeles VA Geriatric Research, Education, & Clinical Center (GRECC)

Stanley Rubin, MD
Professor, Chief of CCU UCLA School of Medicine

Robert S. Schwartz, MD
Goldstein Professor of Medicine, Division Head, Geriatric Medicine
University of Colorado Health Sciences Center, Director Center on Aging

Jeff Wallace, MD
Associate Professor of Medicine (Geriatric Medicine)
University of Colorado Health Sciences Center

University of Utah
School of Medicine Faculty

Sara Jane Andersen, MD
Associate Professor, Department of Rheumatology
Physician Investigator, Geriatric Research, Education, and Clinical Center, Salt Lake City

Byron Bair, MD
Assistant Professor, Geriatric Medicine and Internal Medicine
Acting Director, Geriatric Research, Education and Clinical Center, Salt Lake City

Raymond Daynes, PhD
Professor, Department of Pathology
Associate Director for Research, Geriatric

Research, Education and Clinical Center, Salt Lake City

Perry Fine, MD
Professor of Medicine
Department of Anesthesiology (Pain Management)

Laurence Meyer, MD
Associate Professor, Dermatology, Associate Professor Department of Medicine, Division of Geriatrics Physician Investigator,
Geriatric Research, Education and Clinical Center, Salt Lake City

Gerald Rothstein, MD
Professor and Division Head of Geriatric Medicine

Michael Rubin, MD
Assistant Professor of Medicine Infectious Diseases and Clinical Epidemiology

Frank Yanowitz, MD
Professor of Medicine Geriatrics, Cardiology
Medical Director, Fitness Institute, LDS Hospital
General Information

Park City, Utah is just 25 minutes (36 miles) from Salt Lake City. Beginning life as a mining town in the 1860s, Park City has since become the charming Victorian town of today, sporting over 100 restaurants, taverns, shops, and galleries.

How to get to Park City: Estimated travel time is 35 minutes. Begin at Salt Lake City International on Airport Exit and go south for 0.6, continue on ramp and go southeast for 1.1 miles, continue on I-80 and go east for 2.9 miles. Exit I-80 to I-15, I-80 and go south for 0.6 miles. Continue on I-15, I-80 and go south for 2.3 miles. Exit I-15, I-80 via ramp at Exit 307 I-80 E to Cheyenne and go southeast for 0.7. Continue on I-80 and go east for 21 miles. Exit I-80 at Exit 145 UT-224 S to Kimball Jct/Park City and go southeast for 0.6 miles. Turn right on UT-224 and go south for 5 miles. Turn left on Kearns Blvd, UT-248 and go northeast for 0.6 miles. Turn right on Sidewinder Dr and go east for 800 feet to Park City Marriott.

Transportation

Please make your own flight arrangements. Salt Lake City is a hub for Delta Airlines.

Shuttle

It is not necessary to rent a car to reach Park City. You may use shuttle service from Salt Lake International Airport directly to the Park City Marriott by contacting the Park City Marriott (phone below). The cost for this shuttle service is usually $27.00 each way. A discount will be provided by informing the driver that you are attending the Geriatric Conference

Accommodations

The Park City Marriott specializes in guest services and features 199 deluxe and spacious hotel rooms stocked with lavish amenities including exercise equipment, spas and an atrium pool. The hotel is located just 1 mile from downtown Park City and only minutes from 3 world-class ski areas. For more information call: 1-435-649-2900 or 1-800-754-3279 or visit http://www.marriott.com/dpp/PropertyPage.asp?MarshaCode=SLCPC. Rooms for the Rocky Mountain Geriatrics Conference are blocked for $199.00 for single or double occupancy until January 25, 2004. Remember to tell them you are with the Geriatrics Conference. Discounts for lift tickets will be available through the hotel.

Registration Fees

Fees include continental breakfasts, refreshments, 1 dinner, syllabus material and a non-refundable administrative charge of $75.00. All fees are due in advance; registrations will NOT be accepted without payment. Only registrations with credit card payments will be accepted by fax, phone, and on-line. Conference information and registration forms are available online at www.uchep.com. For additional registration information see registration portion of brochure or call Utah Cooperative Healthcare Education Program (UCHEP) at (801) 584-5600.

If you are bringing a guest to the Friday night dinner, you will need to add $39.00 to your registration fee. Refund cancellation for dinner will be 50% of dinner fee if cancelled after March 1, 2004.

<table>
<thead>
<tr>
<th>Received</th>
<th>On/Before</th>
<th>After</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$425.00</td>
<td>$450.00</td>
</tr>
<tr>
<td>Allied Health Professionals</td>
<td>$300.00</td>
<td>$350.00</td>
</tr>
<tr>
<td>Residents (need letter)</td>
<td>$150.00</td>
<td>$200.00</td>
</tr>
<tr>
<td>Additional Dinner Guests (Friday)</td>
<td>$39.00</td>
<td>$39.00</td>
</tr>
</tbody>
</table>

Cancellation

The full course tuition is refundable, less a $75.00 processing fee, if your cancellation is received prior to February 13, 2004. The cancellation must be in writing. (The $75.00 processing fee is nonrefundable regardless of the reason for cancellation.) No refunds will be granted after this time or for non-attendance. The conference committee reserves the right to cancel this conference in the event of an unforeseen circumstance, or if the minimum acceptable registration is not attained. In the event of a cancellation, UCHEP is obligated to refund the registration fee only.

Next year’s conference will be in the Denver area. Details will be forthcoming.

For Additional Information

For information regarding program content, please contact Charlene Weir, PhD at (801) 582-1565, ext 5114, email Charlene.Weir@med.va.gov. For registration information, please contact Tyler Olsen at (801) 584-5600 or email admin@uchep.com.
CONFERECE OVERVIEW
The Second Annual Rocky Mountain Geriatrics Conference features two and one-half days of instruction by carefully chosen faculty members from the University of Utah, the University of Colorado, and other well-known national experts. The course is designed to provide a comprehensive overview of important issues and recent developments in disorders affecting the older population. This course will benefit Family Practice and Internal Medicine Physicians, Pharmacists and other Allied Health Professionals.

LEARNING OBJECTIVES
After completing the conference, participants should be able to:
1. Demonstrate knowledge of current strategies for identifying and treating mood, behavioral disorders and cognitive impairment in older individuals.
2. Demonstrate knowledge of the current concepts surrounding the patho-physiology and treatment of osteoarthritis.
3. Identify the current treatment strategies and legal issues surrounding pain assessment and treatment in older adults.
4. Assess the problem of anemia in older individuals and evaluate the role of treatment of anemia on functional performance in older adults.
5. Identify the current concepts in assessing and treating pressure ulcers, common dermatology problems and pneumonia in the elderly.
6. Describe the role of peripheral arterial disease in the aging process.
7. Describe current models of fall prevention in older adults.
8. Demonstrate knowledge of the current concepts of the patho-physiology of testosterone supplementation in older adults.
9. Demonstrate knowledge of the most recent concepts of how exercise and nutrition lead to reductions in disease and enhanced longevity.
10. Demonstrate knowledge of current updates on management of cardiovascular disease in the geriatric patient.
11. Identify the complex and unique role of the immune system in older persons.

AGENDA

Wednesday, March 10, 2004
7:00pm - 9:00 pm Registration Desk Open

Thursday, March 11, 2004
8:00 am Alzheimer’s Disease: Recent Updates in the Diagnosis and Treatment
Sanjay Athana, MD
9:00 am Legal and Therapeutic Pitfalls of Pain Assessment and Management in Older Patients Perry Fine, MD
10:00 am Break
10:15 am The Double Edged Sword of Life: The aged immune system may promote an aberrant state of tolerance when challenged with foreign antigens
Raymond Daynes, PhD
11:15 am Exercise Benefits for an Aging Population
Frank Yanowitz, MD
12:15 pm Lunch Break
5:00 pm Update on Cardiovascular Management of the Geriatric Patient: Drugs, Devices, Coronary Interventions and Surgery
Stanley Rubin, MD
6:00 pm Testosterone Supplementation: Promise and Problems
Robert Schwartz, MD

Friday, March 12, 2004
8:00 am Management of Depression in Geriatrics
Dan Blazer, MD
9:00 am Osteoarthritis: Treatment Update
Sara Jane Andersen, MD
10:00 am Break
10:15 am Unexpected but Powerful Predictors of Outcomes of Anemia
Gerald Rothstein, MD
11:15 am Preventing Falls in Older Persons: An Update
Laurence Rubenstein, MD
12:15 pm Lunch Break
5:00 pm Pressure Ulcers: Assessment and Treatment
Barbara Bates-Jensen, Ph.D, RN, CWOCN
6:00 pm Updates in Peripheral Arterial Disease
Bill Hiatt, MD

Saturday, March 13, 2004
8:00 am Managing Behavioral Problems in Dementia Patients
Byron Bair, MD
8:45 am Pneumonia and Influenza in the Elderly
Michael Rubin, MD
9:30 am Break
10:00 am Nutrition in the Elderly: Updates and Issues
Jeff Wallace, MD
10:45 am Management of Common Dermatology Problems in the Elderly
Laurence Meyer, MD