5TH ANNUAL ROCKY MOUNTAIN GERIATRIC CONFERENCE
SEPTEMBER 7 - 9, 2007

PRESENTED BY
Division of Geriatrics
University of Colorado School of Medicine
VA-Salt Lake City Geriatrics
Research, Education, and Clinical Center
(GRECC-VISN 19)
Division of Geriatrics
University of Utah
Sponsored by
University of Colorado School of Medicine
Office of Continuing Medical Education

KEystone Conference Center
Keystone, Colorado

FACULTY

Ronald C. Peterson, MD, PhD
Professor of Neurology
Director, Alzheimer’s Disease Research Center
Mayo Clinic College of Medicine

Colleen Reed, MSW, PhD
Co-Director Institute of Gerontology
Assistant Professor
Graduate School of Social Work
University of Denver

Lawrence Rubins, MD
Associate Professor
Department of Medicine/Geriatrics
Denver VA

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Professor of Medicine/Geriatrics
Marjorie Rosenbloom and Jack Goodman Family Professor of Geriatrics
University of Utah

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University of Utah School of Medicine
Director, Salt Lake VA Geriatric Research, Education, and Clinical Center
Executive Director, University of Utah Center on Aging

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Division Head, General Internal Medicine

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Assistant Professor of Pharmacy

Naresh Mandava, MD
UCDHCSC
Assistant Professor/Interim Chair
Department of Ophthalmology
Rocky Mountain Lions Eye Institute

Accreditation

The University of Colorado School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Colorado School of Medicine designates this educational activity for a maximum of 18 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

The American Osteopathic Association has approved this educational activity for 16 hours of AOA Category 2-A.

AAFP accepts Category 1 credit from AOACCME, prescribed credit from AAFP and AMA Category 1 CME credit for the PRA from organizations accredited by ACCME.

GENERAL INFORMATION

Keystone, Colorado is just 90 minutes (105 miles) from Denver.

How to get to Keystone: From Denver’s International Airport take I-70 West to Exit 205 (Keystone, Silverthorne, Dillon). Then take Hwy 9 into Keystone. The check-in at the Lodge is on the right side of the Highway.

See www.keystone-snow.com

Transportation

For flight arrangements, please contact CUSTOM TRAVEL LTD at 800-634-3273 or 303-333-5471. Information will be provided for the best fare available coming from your market. When making your reservations, please reference GERIATRICS. Custom Travel can also be reached by e-mail at info@customtravelagencymail.com. Custom Travel’s office hours are Monday-Friday from 8:00 am - 5:00 pm Mountain Standard Time. Custom Travel can also reserve discounted car rentals.

Shuttle

It is not necessary to rent a car to reach Keystone. You may use shuttle service from Denver International Airport directly to the Keystone Lodge. Contact Colorado Mountain Express at 800-334-7433 for reservations. Reservations for the shuttle are only taken by phone. Payment is required at time of booking. Cancellation may be made up to 24 hours prior to your travel date and time.

Accommodations

Keystone Lodge specializes in guest service and features 152 deluxe and spacious hotel rooms. Located in the center of the Conference Village, the Lodge has a AAA Four Diamond rating and is a member of Preferred Hotels and Resorts Worldwide. The Keystone Lodge and surrounding area has many amenities and activities to offer. Rooms for the Rocky Mountain Geriatrics Conference are blocked for $155 plus tax and surcharges for single and double. Studio, one and two bedrooms are also available.

Call 800-258-0437 using conference code CN3GRTC to make reservations. For flight arrangements, please contact CUSTOM TRAVEL for reservations. Reservations for the Rocky Mountain Geriatrics Conference are blocked for $155 plus tax and surcharges for single and double. Studio, one and two bedrooms are also available.

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5th Annual Rocky Mountain Geriatric Conference
September 7 - 9, 2007

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Keystone, Colorado

Faculty

Robert S. Schwartz, MD
Goldstein Professor of Medicine
Division Head, Geriatric Medicine
University of Colorado at Denver and Health Sciences Center
School of Medicine
Director, Center on Aging

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UCDHCSC
Assistant Professor
Department of Medicine/Geriatrics

Daniel Johnson, MD
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Clinical Assistant Professor of Medicine
Regional Department Chief
Palliative Care, Kaiser Hospital, Denver

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Division Head, General Internal Medicine

Cari Levy, MD
UCDHCSC
Assistant Professor
School of Pharmacy

Naresh Mandava, MD
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### Conference Overview
This conference is for physicians and allied health professional to come together and increase their knowledge base about geriatrics patient care and other issues related to aging. It is designed to provide both clinically relevant updates on multiple topics relevant to the care of older patients and a more in depth focus on a single topic of Palliative Care and Hospice Care. Target audiences are geriatricians, internists, geriatrics nurse practitioners and allied health professionals.

### Learning Objectives
Upon completion of this course, participants should be able to:
1. Demonstrate increased knowledge about the need for and use of Palliative and Hospice Care for older patients;  
2. Demonstrate increased knowledge regarding the risk for and benefit of Palliative and Hospice Care for older patients;  
3. Evaluate new drugs on the market that are potentially useful in the care of older adults;  
4. Demonstrate increased knowledge of how both male and female hormone loss and supplementation may affect the clinical care of older patients;  
5. Identify the diagnosis and assess the impact of abnormal sleep patterns on the lives of elders and manage potential therapeutic interventions;  
6. Assess the importance and usefulness of new treatments for macular degeneration in older patients;  
7. Assess the impact that anemia may have on function in older patients and manage possible therapeutic interventions;  
8. Demonstrate increased understanding of the importance of the loss functional reserve on the clinical conditions of older patients.

### Registration Fees
Fees include continental breakfasts, refreshments, syllabus material and a non-refundable administrative charge of $80. All fees are due in advance; registrations will NOT be accepted without payment. Only registrations with credit card payments will be accepted by fax, phone, and on-line. For immediate confirmation of your conference registration, register online at www.uchsc.edu/cme. Please contact the Office of Continuing Medical Education at the University of Colorado School of Medicine. Call 800-882-9153 or 303-372-9050, email CMEMeetings@uchsc.edu or visit the web site at www.uchsc.edu/cme. Contact Susan Morrison, Conference Manager.

### Only registrations with credit card payments are accepted by fax, phone and on-line.  
**If you fax your registration, please do not send another registration by mail.**

### Schedule

#### Thursday, September 6, 2007
- 2:00-6:00 pm Registration
- 6:15-7:00 am Breakfast
- 7:00-7:45 am The Case for Palliative Care Jean Kutner, MD
- 7:45-8:30 am Pain Control Jean M. Youngworth, MD
- 8:30-9:15 am Symptom Control: Fatigue Daniel Johnson, MD
- 9:15-9:45 am Questions and Answers
- 9:45-10:00 am Break
- 10:00-10:45 am End of Life Decisions Carli Levy, MD
- 10:45-11:30 am Hospice Jean Kutner, MD
- 11:30-12:00 pm Questions and Answers
- 12:00-12:30 pm Break
- 12:30-12:45 pm Lunch

#### Friday, September 7, 2007
- 6:15-7:00 am Breakfast
- 7:00-7:45 am Gait Disturbances Laurence Robbins, MD
- 7:45-8:30 am Osteoporosis/Osteomalacia Wende Gozansky, MD
- 8:30-9:15 am Hormone Replacement (E.T., DHEA) Wendy Kohrt, PhD
- 9:15-9:45 am Questions and Answers
- 9:45-10:00 am Break
- 10:00-10:45 am Sleep and Aging Carolyn H. Welsh, MD
- 10:45-11:30 am Macular Degeneration Nareesh Mandava, MD
- 11:30-12:00 pm Questions and Answers
- 12:00-12:30 pm Break

#### Saturday, September 8, 2007
- 6:15-7:00 am Breakfast
- 7:00-7:45 am Palliative and Hospice Care Colleen Reed, MSW, PhD
- 7:45-8:30 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 8:30-9:15 am Palliative and Hospice Care M. Levy, D. Johnson, J. Wallace
- 9:15-9:45 am Questions and Answers
- 9:45-10:00 am Break
- 10:00-10:45 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 10:45-11:30 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 11:30-12:00 pm Questions and Answers
- 12:00-12:30 pm Break

#### Sunday, September 9, 2007
- 6:15-7:00 am Breakfast
- 7:00-7:45 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 7:45-8:30 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 8:30-9:15 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 9:15-9:45 am Questions and Answers
- 9:45-10:00 am Break
- 10:00-10:45 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 10:45-11:30 am Palliative and Hospice Care C. Levy, D. Johnson, J. Wallace
- 11:30-12:00 pm Questions and Answers
- 12:00-12:30 pm Break

### About the Program

**Registration Fees:**
- Physicians: $460.00
- Allied Health Professionals: $360.00
- Residents (need letter): $210.00
- $560.00
- $460.00
- $260.00

### FEES AND INFORMATION

**Cancellation:** The full course tuition is refundable, less an $80 processing fee, if your cancellation is received, in writing, prior to August 17, 2007 (The $80 processing fee is nonrefundable regardless of the reason for cancellation.) No refunds will be granted after this time or for non-attendance. The conference committee reserves the right to cancel this conference in the event of unforeseen circumstances or if the minimum acceptable registration is not attained. In the event of a cancellation the office of CME is obligated to refund the registration fee only.

### Registration Form

**Please print or type**

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
</tr>
</thead>
</table>

**Print name as you would like it to appear on your CME certificate**

**Degree:**
- MD
- DO
- PhD
- PA
- NP
- PharmD
- Other

**Address:**

<table>
<thead>
<tr>
<th>Zip</th>
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**Office Phone**

**Office Fax**

**E-mail**

- Received On or Before August 6, 2007
- Received After August 6, 2007

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**Enclosed is my check made payable to University of Colorado School of Medicine or:**

**Visa**

**MasterCard**

**Credit Card Number**

**Expiration Date**

**Signature**

- Please indicate if you have any special assistance needs. 

**For Additional Information:**

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Print name as you would like it to appear on your CME certificate

Degree: ☐ MD ☐ DO ☐ PhD ☐ PA ☐ NP ☐ PharmD ☐ Other

Address: ___________________________________________ ___________________________________________
City ___________________________ State ______

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Signature ___________________________

Please indicate if you have any special assistance needs ☐