



MEDICAL LABORATORY SCIENCES

JUNE, 2021

# THE UPDATE

Official Newsletter of the Undergraduate and Graduate Programs

## Congratulations MLS 2021 Admitted Students



On behalf of the Medical Laboratory Sciences Division, we would like to say “Congratulations” and extend a warm welcome to our 2021 admitted students! As future medical laboratory professionals, you will provide crucial diagnostic and treatment information and become a key part of the healthcare team.

We look forward to getting to know each of you as you embark on your training in this challenging, important, and rewarding field.

## Safe Outdoor Activities for this Summer

The COVID-19 pandemic has affected activities for many people. Despite the changes caused by the pandemic, there’s still plenty of fun to be had. Doing something you enjoy can distract you from problems and help you cope with life challenges. If you are fully vaccinated, you can return to many indoor and outdoor activities you may not have been able to do because of the pandemic — including not wearing a mask or social distancing — except where required by a rule or law.

There are many activities you can enjoy close to home, whether you're visiting your favorite public, state, or national park, or just spending time in your neighborhood. While various activities may not be possible during some seasons, there are many ways to be active outdoors throughout the year. Get moving with these low-risk outdoor activities during the COVID-19 pandemic:

- Walking, running and hiking
- Rollerblading and biking
- Fishing and hunting
- Golfing
- Rock or ice climbing
- Kayaking, canoeing, diving, boating or sailing

Here are some great things to do this Summer too:

- Restaurant patio dining: Outdoor patio dining at uncrowded restaurants, where patio tables are spaced appropriately, is safer than indoor dining if you haven’t been vaccinated.
- Camping: Don’t forget to pack hand soap, hand sanitizer, and supplies to clean and disinfect commonly touched surfaces!
- Swimming pools and beaches: Close contact of less than than 6 feet (2 meters) from others — not water itself — can make these activities risky if you’re unvaccinated.
- Gathering with small groups of friends: Remember that just getting together for a chat at a safe distance can offer a valuable opportunity to be with people you care about — and boost your mood at the same time.
- Boating with friends: great idea for this Summer!
- Barbecues, campfires and outdoor potlucks: Grill out on the patio.

## MLS Virtual Hike

The date is set! Let's meet for our first virtual hike of the year on Monday, June 14th from 8:30 to 9:30 AM.

Pick a location that fits for you, download the GroupMe app and join the hike chat. We will be able to share our experience (videos/photos) live!

Don't have enough time to go on a hike? No problem! You choose what is best for you. The idea is to get outside, stretch your legs, and enjoy the nice weather!

It is important that we are mindful of our own mental, emotional, and physical health so we are taking care of ourselves and can show up for others when they need us.

We invite all students to participate and stay #alonetogether.

We are hoping to get together for outdoor activities soon!

If you have any questions email [Adriana.callahan@path.utah.edu](mailto:Adriana.callahan@path.utah.edu)



## \*\*Student Resources\*\*

ASUU Student Child Care Program: Drop-in child care program: Call or email for more information!  
801-585-7393 / [ascuchildcare@sa.utah.edu](mailto:ascuchildcare@sa.utah.edu)

Get the most out of you U Card Benefits: Go to [ucard.utah.edu](http://ucard.utah.edu)

FEED U: Available to all U students. For more information go on their Facebook [@FeedUFoodPantry](https://www.facebook.com/FeedUFoodPantry) account or [website!](http://www.feedu.org)

## \*\*Upcoming Events\*\*

JUN: MLSPC Self-Care Challenge

## \*\*Important Reminders\*\*

JUN 14: MLS Hike #1

## DEPARTMENT OF PATHOLOGY MEDICAL LABORATORY SCIENCES

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UT 84132

### Social

Instagram: [@UofUMLS](https://www.instagram.com/UofUMLS)

Facebook: [@UofUMLS](https://www.facebook.com/UofUMLS)

Twitter: [@UofUMLS](https://twitter.com/UofUMLS)

### Online

[medicine.utah.edu/  
pathology/medical-  
laboratory-science/](http://medicine.utah.edu/pathology/medical-laboratory-science/)

### Phone

(801) 581-7913

### Email

[mlsadvising@path.utah.edu](mailto:mlsadvising@path.utah.edu)

In our daily lives, we must see that it is not happiness that makes us grateful, but the gratefulness that makes us happy. - Albert Clarke

## Kuddos to Jonny!

Please join us in extending enthusiastic congratulations to Jonny Buckendorf for being selected to receive an AMTF Scholarship of \$2000 for full-time graduate study.

Alpha Mu Tau Fraternity (AMTF) was founded in 1948 to provide laboratory scientists with scholarship funds for educational endeavors. In 2021 there are 18 scholarship recipients across the country who have been awarded these scholarship awards.

MLS is so proud of Jonny for his dedication to academic and professional success!



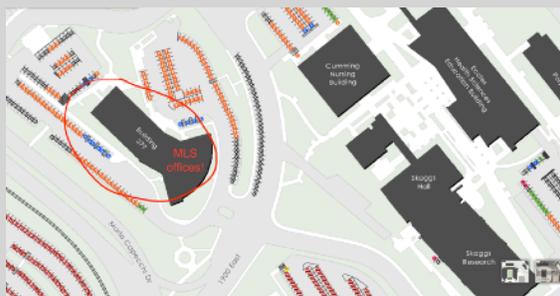
## MLSPC

Join the MLSPC for a Self-Care Summer Challenge! During the month of June participate in activities that promote your physical and mental health, such as hiking, gardening, or meditating. Track the days you participate to be entered into a raffle for a \$20 amazon gift card! Further information was sent out at the end of May, check their [IG account](#) for those details.

If you are interested in joining the MLSPC you can apply online [here!](#) As always, we'd love to have you!



## Did you know we are moving!?!?



The Medical Laboratory Sciences Division is moving out of the School of Medicine!

There have been several recent developments with regard to the demolition of building 521 (SOM) and relocation of its current occupants. We are moving to a temporary location for approximately 2 years, followed by another move to a permanent MLS home after that time.

The current proposal calls for MLS to be temporarily located in the vacated Department of Health building (44 Mario Capecchi Way). For those of you who may be unfamiliar with the location, it is located just west of the SOM/College of Nursing. We are relocating from building 521 to building 379. The current plan is for MLS to move during the week of June 28<sup>th</sup>. The actual physical move will likely occur on the 29<sup>th</sup> and 30<sup>th</sup> (Tuesday and Wednesday).

Our phones won't stop working, so don't hesitate to call us if you get lost or need any help finding our new offices! Feel free to reach out if you have any questions.



