LEAP REGIONAL TRAININGS Salt Lake City and Park City, UT

“I'M NOT SICK, I Don't Need Help!” Dr. Xavier Amador trains you to build relationships that lead to treatment for the 6 million Seriously Mentally Ill in the US who refuse help.

Salt Lake City and Park City, UT: The LEAP Foundation for Research to Practice, in partnership with CONNECT Summit County, the University of Utah, and The Matthew Harris Ornstein Memorial Foundation, will host regional training events November 15, 16, and 17 that teach families, mental healthcare and criminal justice professionals how to create alliances with people who have a serious mental illness that lead to treatment—reducing homelessness, involuntary hospitalizations, criminalization and suicide.

The LEAP® approach is a set of evidence-based communication tools and relationship building strategies pioneered by Dr. Xavier Amador, internationally renowned clinical psychologist, best-selling author of I’m Not Sick, I Don’t Need Help, founder of the LEAP Foundation, and contributing forensics expert on CNN, NBC, 60 Minutes, New York Times and Wall Street Journal. He is also a family caregiver of relatives with schizophrenia and bipolar disorders.

Dr. Amador will help family members and professionals create alliances with people who have serious mental illness and anosognosia—a symptom of brain disorders that leave them unable to understand that they are ill and consequently uncooperative, hostile and resistant. “Understanding why your help is pushed away, learning that it’s not denial you are dealing with, is the key to success,” according to Dr. Amador.

On Thursday, November 15, at the University of Utah Alumni House, 155 Central Campus Drive, Salt Lake City, UT, family members and professionals will be trained to use LEAP®, including the 7 LEAP® Tools, anosognosia research and interactive role-plays. For those interested in becoming certified trainers to teach within their communities and organizations, follow-up LEAP® Trainer Certification workshops will take place at Park City Hospital - Intermountain Healthcare Blair Conference Center, 900 Round Valley Dr., Park City, UT 84060 on Friday, November 16 for professionals and Saturday, November 17 for family caregivers and peer specialists.

Once you learn the truth about what causes the “denial” of mental illness, you stop arguing and trying to convince the person of something that is impossible for them to see and start developing a trusting relationship.

To register for these life-saving workshops, visit: www.leapinstitute.org/other-events.
Further information is also available at ConnectSummitCounty.org or by emailing ConnectSummitCounty@gmail.com

The LEAP Foundation for Research to Practice is a non-profit 501(c)(3) organization dedicated to serving family caregivers of persons with serious mental illness and addiction, mental healthcare professionals, criminal justice professionals, and others involved in the care, recovery, and safety of persons suffering from these disorders.

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