

# THE GIN MONTHLY

YEAR 3 • ISSUE 9 • MAY 2022



School is out! As the University congratulates and sends off the class of 2022, we look forward to the summer and all the ongoing projects here at GIN. Look inside for more!

In this issue, we highlight this month's PARCKA retreat, talk with new hire Clint Hardy, preview June's On The Rocks, and more! IN THIS ISSUE:

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# PARCKA RETREAT



This May, our PARCKA staff enjoyed a morning retreat at the lovely Lindsey Gardens, in the historic Avenues Neighborhood in Salt Lake City. We took this time as a team to come together inperson – a first for some of our team due to the ongoing pandemic!

Back row (L-R): Jacob Baylis, Spencer Calder, Jerry Cochran, Lucius Anderson, Adam Gordon, Mitchell Garets, Kristi Carlston, and Betsy Charron

Middle Row (L-R): Jasmin Charles, Malorie Carter, Christine Glasmann, Kathryn Szczotka, Laura Stolebarger, Adriana Pinegar, Navid Sadeghi, Clint Hardy, and Nicole Mauerman

Front Row (L-R): Britnee Sengpraseut, Priscilla Blosser, Elysha Cash, Grace Broussard, Katie Kinsey, Grace Humiston, Ashley White, Stephanie Castro, and Gina Gregovich

The morning was packed with breakfast treats and fun games. Our team building focused on communication, trust, and fun!



L-R: Clint Hardy, Stephanie Castro, Elysha Cash, Jasmin Charles, Grace Broussard, Lucius Anderson, Grace Humiston, Katie Kinsey, and Kathryn Szczotka



L-R: Adam Gordon, Spencer Calder, Nicole Mauerman, Betsy Charron, Gina Gregovich, Christine Glasmann, Navid Sadeghi, and Jerry Cochran

### WORK WITH THE DIVISION OF EPIDEMIOLOGY

The University of Utah's Division of Epidemiology is looking for applicants for an Administrative Assistant position. This position will ideally provide complex administrative support for department management. Coordinates and oversees the work of support staff. Associate degree in business or equivalency and three years full-time secretarial experience required.

To learn more and apply, visit the job posting here.



# CHALK TALK WITH

## CLINT HARDY, PHD, LCSW

Clinton Hardy, PhD, LCSW recently joined the Program of Addiction Research, Clinical Care, Knowledge, and Advocacy and the Greater Intermountain Node as a Research Associate. Dr. Hardy has spent the past 20 years more working with people beleaguered by substance use and mental health difficulties in various capacities, including direct care, administration, and research.

## GIN: Hi Clint, welcome to the team! Can you tell us a little about yourself?

I was born in Saint George, Utah, but lived in a variety of places during my formative years due to my father's service in the U.S. Airforce. I returned to Utah for most of my adolescence, except for two years attending school in Western Samoa. My wife and I have lived in Utah for the 16 years we've been married. We have two daughters, ages 10 and 13, and one expected in late December (if all goes well!). We also have a HIGHLY energetic and intelligent 76pound 14-month-old pup, Rocky. We enjoy the outdoors in Utah but especially love visiting the California coast and other popular beach locations.

I began professionally working with people beleaguered by substance use and mental health problems at age 19 in various group living and residential settings. While I was based in Utah, I frequently traveled and worked with individuals throughout the U.S., with a particular focus on transitioning them into care. This path eventually led me to the University of Utah, where I completed all three of my degrees, including an Honors Bachelor of Science in Psychology, Master of Social Work (MSW), and, most recently, Doctor of Philosophy in Social Work. I have also worked full-time as a certified and licensed clinical social worker (LCSW) for the past five years with the State of Utah at the Utah State Prison and the Utah State Hospital in forensics.

### GIN: What drew you to addiction health research with us here at PARCKA/GIN?

My 20 years of professional and ten years of academic experience related to addiction and mental health services made joining PARCKA/GIN a welcomed opportunity and easy decision. The opportunity to work with Dr. Jerry Cochran, Dr. Adam Gordon, and other research experts in this area was also influential in this decision. I am excited and look forward to learning and collaborating with the PARCKA/GIN team members and their partners!

#### GIN: You just recently defended your dissertation for our PhD - congratulations on this achievement! Could you give us some insight from your PhD research?

My dissertation research focused on adolescents' experiences of involuntary admission when entering outdoor residential treatment, or wilderness therapy, for substance use and other mental health issues. Specifically, I examined adolescents' experiences of negative pressures, opportunity to voice their opinions about treatment, perceived coercion, and angry emotion at admission into outdoor residential treatment compared to involuntary admission method.

My findings demonstrated the tenability of a parallel mediation model for the indirect effects of involuntary admission method on adolescents' perceived coercion and a serial mediation model for the indirect effects of involuntary admission method on adolescents' angry emotion at admission. In short, reducing adolescents' perceptions of negative pressures and increasing their perceptions of voice was strongly associated with reduced perceived coercion and decreased angry emotion at admission. These findings provide potential intervention points for future research and current practice to reduce adolescents' perceived coercion and angry emotion during involuntary admission into outdoor residential treatment and related care settings.

### GIN: If you could only describe yourself in 3 words, what would they be?

Open, optimistic, and challenge-seeking

JUNE 2022 "ON THE ROCKS"



"On the Rocks" (OTR) is the Greater Intermountain Node's (GIN) Research Discussion Series that provides a platform in which to highlight the exceptional addiction related research happening locally and nationally.

Our next OTR will be Tuesday, June 7, 2022 and will be hosted by Jessica L. King, PhD, MS and she will be presenting on **Tobacco Pack Size Policies and Their Impact on Public Health.** 

Dr. King uses her research to inform and evaluate policies and interventions for tobacco use prevention and cessation. She specializes in youth and young adult use of non-cigarette tobacco products (e.g., e-cigarettes, cigars, hookah). Dr. King collaborates on research across cancer prevention and health promotion, including skin cancer and obesity prevention, and is open to new collaborations with students, faculty, and staff.

UPCOMING	UPCOMING
"ON THE ROCKS"	"PARCKA PARLEYS"
<b>TUESDAY, JUNE 7, 2022</b>	<b>TUESDAY, JUNE 21, 2022</b>
12:00 – 1:00 PM MST	12:00 - 1:00 PM MST
Jessica Jensen (née King), PhD	TBA
<b>TUESDAY, JULY 12, 2022</b>	<b>TUESDAY, JULY 19, 2022</b>
12:00 – 1:00 PM MST	12:00 - 1:00 PM MST
Sadie Gabler, BS, CCRC	TBA

Every **On the Rocks** and **PARCKA PARLEYS** is worth 1 CME/CE credit each, completely free to all those who attend live!

## PRESENT AT "ON THE ROCKS" OR "PARCKA PARLEYS"

If you would like to present on your recently completed research, receive feedback on a research idea/proposal, or would like a platform to highlight your community program, contact us at <u>GIN-PARCKA@hsc.utah.edu</u> to present with us later this year!

## OUR RESEARCH

- CTN-0080: Medication Treatment for Opioid-dependent Expecting Mothers (MOMs): A Pragmatic Randomized Trial Comparing Two Buprenorphine Formulations
- CTN-0099: Emergency Department-INitiated BupreNOrphine VAlidaTIOn Network Trial (ED-INNOVATION)
- CTN-0100: Optimizing Retention, Duration, and Discontinuation Strategies for Opioid Use Disorder (RDD)
- CTN-0101: The Healthy Living Study
- CTN-0116: Implementing a Pharmacist-Integrated Collaborative Model of Medication Treatment for Opioid Use Disorder (PharmICO) Study

## OUR TEAM

#### PRINCIPAL INVESTIGATORS:

Adam Gordon, MD, MPH Gerald Cochran, PhD, MSW

#### MANAGERS:

Kristi Carlston; *Research Manager* Gina Gregovich; *Research Manager* 

#### COORDINATORS:

Priscilla Blosser, RN; (CTN-0100) Grace Humiston; (CTN-0080) Nicole Mauerman, MS; Node Regulatory Kathryn Szczotka, MPH; (CTN-0100, CTN-0116)

#### RESEARCH TEAM:

Lucius Anderson; Office Assistant Grace Broussard; Study Coordinator Elysha Cash; Study Coordinator Janelle Crowther; Study Coordinator Jacob Foringer; Study Coordinator Mitchell Garets, MSW; Administrative Officer Erinn Geyer; Graduate Research Assistant Christine Glasmann; Study Coordinator Alexis Jones; Office Assistant Stella Puckett; Graduate Research Assistant John Saunders, PharmD; Clinical Pharmacist Navid Sadeghi; Study Coordinator Laura Stolebarger, RN, CM; Nurse Care Manager

