

PLENARY 2: THURSDAY, OCTOBER 17, 2019 1:00 PM - 2:00 PM

PLENARY DESCRIPTION:

Improving primary care (PC) often requires multi-component systems-level interventions. Gaining operational support for such interventions can be challenging, especially if research addresses a single condition of relatively low interest to operational leaders (e.g. unhealthy alcohol use). The Sustained Patient-centered Alcohol-Related Care (SPARC) trial was designed to test a multi-component intervention to implement evidence-based alcohol-related care in PC. To address operational partner's needs, the SPARC intervention was used to support a larger initiative of behavioral health integration in PC, including care for depression, suicidality, and cannabis and other drug use. This presentation describes 1) how the SPARC trial implemented evidence-based prevention and treatment for unhealthy alcohol use; 2) main trial results: for prevention – documented brief intervention within 14 days of a positive AUDIT-C, and for AUD treatment – initiation and engagement in treatment defined per US Healthcare Effectiveness Dataset Information System (HEDIS); and 3) secondary, opportunistic analyses using data from a statewide survey that assessed heavy drinking and alcohol-related advice in some of the trial clinics before, during, and after active implementation of the implementation intervention.

SPEAKERS:



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