

The Utah Registry of Autism and Developmental Disabilities (URADD) was established in 2002 as a joint effort between the Utah Department of Health (UDOH) and the University of Utah Department of Psychiatry. URADD collects information about the number of individuals in Utah who have autism and other developmental disabilities.

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HEALTH
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PSYCHIATRY



Contact Us

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For more information and to find the current prevalence of autism in Utah:

medicine.utah.edu/psychiatry/uradd

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What is Autism?

Autism spectrum disorder (autism) is a developmental disability that can cause social, communication, and behavioral challenges. People with autism may communicate, interact, behave, and learn in ways that are different from other people. Learning, thinking, and problem-solving abilities of people with autism can range from gifted to challenged.

How Common is Autism?

1 in 58 eight-year-old children was identified with autism in Utah in 2012. This is consistent with national estimates of 1 in 59 eight-year-old children in 2014.

When are children typically diagnosed with autism?

On average, children in Utah are diagnosed at 4 years and 4 months, even though children can be diagnosed as early as 2 years old.

- 42% of children are evaluated before 36 months of age
- 19% of children are evaluated from 37-48 months of age
- 39% of children are evaluated after 48 months of age

Autism Questions

Has your child been screened for autism?

The Modified Checklist for Autism in Toddlers, Revised with Follow-Up (M-CHAT R/F) screener is used for toddlers from 16 and 30 months of age to assess risk for autism. *Not all children who score at risk for autism will be diagnosed with autism.*

Do you think your child may have autism?

If you have concerns about your child's progress, such as a speech delay or struggles with social interaction, and believe he or she may be showing signs of autism, it is important to seek professional help. Talk with your child's primary healthcare provider, mental health professional, education team, and other knowledgeable professionals to determine the best path for your family.

Has your child already been diagnosed with autism?

Applied Behavioral Analysis (ABA) is an intervention program that encourages positive behaviors and discourages negative behaviors to improve a variety of skills. Ask your healthcare provider for more information on ABA.

Resources

Screening for autism

Help Me Grow Utah

Phone: (801) 691-5322

Website: www.helpmegrowutah.org

Baby Watch Early Intervention

Early Intervention (birth-3 years old)

Phone: (801) 273-2800

Email: babywatch@utah.gov

Website: www.utahbabywatch.org

Autism Evaluation Providers

A full list of evaluation providers can be found here: health.utah.gov/cshcn

Applied Behavior Analysis Providers

A full list of Applied Behavior Analysis providers can be found here: health.utah.gov/cshcn

Additional Help

Utah Parent Center:

Phone: 1-800-468-1160

Website: www.utahparentcenter.org

Autism Council of Utah:

Email: autismcouncilofutah@gmail.com

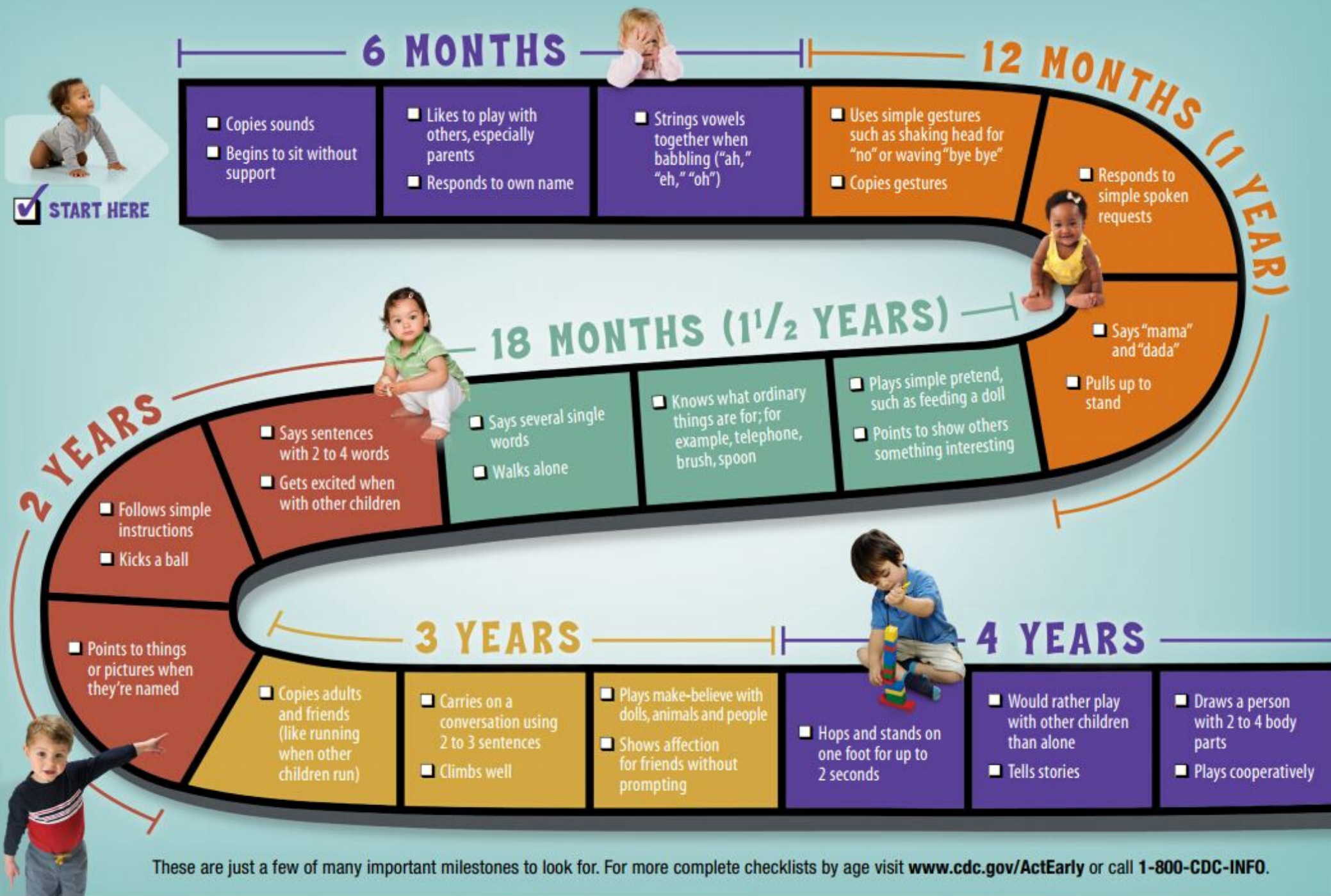
Website: www.autismcouncilofutah.org

Education

For educational assistance, contact your local public school

Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.

ACT EARLY

by talking to your child's doctor if your child is missing milestones, you have any concerns about how your child plays, learns, speaks, or moves for his or her age, or if your child:

Start Here

Doesn't smile at people
Doesn't coo or make sounds

4 months

Shows no affection for caregivers
Doesn't make vowel sounds ("ah", "eh", "oh")
Doesn't laugh

6 months

Doesn't babble
Doesn't respond to own name
Doesn't seem to recognize familiar people

9 months

Doesn't say single words like "mama" or "dada"
Doesn't learn gestures like waving or shaking head
Loses skills he/she once had

1 year

Doesn't show many emotions
Unusually withdrawn and not active
Shows extreme behaviors

5 years

Ignores other children or doesn't respond to people outside of family
Can't retell favorite story

4 years

Doesn't speak in sentences
Doesn't play pretend or make-believe
Doesn't make eye contact
Doesn't want to play with others

3 years

Doesn't use 2-word phrases
Doesn't copy actions and words
Doesn't follow simple instructions

2 years

Doesn't point to things
Doesn't know what familiar things are
Doesn't have at least 6 words

1 1/2 years