



The ABC(D)s of SMART Goals

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Knowing how to recognize a good goal, objective, or outcome, is not the same thing as knowing how to create one. The following frameworks can help you in both evaluating your current goals, objectives, and outcomes, and building new ones.



- You may have heard of SMART goals. SMART is an acronym that means:
- **S**pecific
- **M**easurable
- **A**chievable
- **R**elevant
- **T**ime-based



- A helpful way to make sure your goals, objectives, and outcomes meet the SMART criteria, is by using the ABCD framework when creating them. ABCD stands for:
 - **A**udience
 - **B**ehavior
 - **C**ondition
 - **D**egree



Consider the following outcome:

"Graduates of the University of Utah School of Medicine will be able to perform $\geq 90\%$ of communication checklist items in a standardized patient encounter."



You have your...

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You have your...

"Graduates of the University of Utah School of Medicine **will be able to perform $\geq 90\%$ of communication checklist items** in a standardized patient encounter."



You have your...

"Graduates of the University of Utah School of Medicine will be able to perform $\geq 90\%$ of communication checklist items **in a standardized patient encounter.**"



You have your...

"Graduates of the University of Utah School of Medicine will be able to perform $\geq 90\%$ of communication checklist items in a standardized patient encounter."



Key Points

SMART = Evaluation

ABCD = Creation

OR...

Pick the one that works for you!